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IN THE UNITED STATES DISTRICT COURT
 1
              FOR THE NORTHERN DISTRICT OF OHIO
 2
                       EASTERN DIVISION
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 6
    In re: NATIONAL PRESCRIPTION MDL NO. 2804
    OPIATE LITIGATION
 8
    This document relates to:
                                      Case No.
 9
                                       17-MD-2804
10
    All Cases
                                       Hon. Dan A. Polster
11
    **********
12
                  WEDNESDAY, APRIL 24, 2019
13
                    HIGHLY CONFIDENTIAL
14
           SUBJECT TO FURTHER CONFIDENTIALITY REVIEW
                            * * *
15
16
                  Videotaped deposition of SCOTT
         WEXELBLATT, M.D., held at the offices of
17
         Vorys, Sater, Seymour and Pease, Suite 3500,
18
19
         301 East Fourth Street, Great American Tower,
         Cincinnati, Ohio, commencing at 9:23 a.m.,
20
21
         on the above date, before Kimberley Keene,
22
         Registered Professional Reporter.
23
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THE VIDEOGRAPHER: We are now on the record. 1 My name is Melinda Sindiong. I'm the videographer for 2. Golkow Technologies. Today is April 24, 2019. The 3 time is 9:23. The video deposition is being held in 4 5 Cincinnati, Ohio in the matter of National Prescription Opiate Litigation, and this is for the 6 U.S. District Court, Northern District of Ohio, 7 Eastern Division. 8 The deponent is Scott L. Wexelblatt, M.D., 9 10 and the counsel will be noted on the stenographic 11 record. 12 The court reporter is Kim Keene, and will now 13 swear in the witness and we can proceed. 14 15 SCOTT WEXELBLATT, M.D., after having first 16 17 been duly administered an oath, testified as follows: 18 THE WITNESS: Yes. 19 20 21 EXAMINATION 22 BY MR. ALEXANDER: 23 State your name for the record, please. Α. Scott Wexelblatt. 24

And your professional address?

Golkow Litigation Services

Ο.

25

- 1 A. 3333 Burnet Avenue, Cincinnati, Ohio.
- Q. How are you doing this morning?
- A. Great. How are you?
- 4 Q. Awesome. Thanks for your patience while we
- 5 got all of the moving pieces started.
- Do you understand that you are here to be
- 7 deposed in connection with an expert report that was
- 8 served with your name on it a couple of weeks ago from
- 9 some cases brought by Cuyahoga and Summit County?
- 10 A. Yes.
- 11 Q. The report that we got was dated and had a
- 12 signature on it from March 25th.
- Does that sound like the time that you did an
- 14 expert report?
- 15 A. Yes.
- Q. Is the expert report that you completed
- 17 around March 25th of this year the only expert report
- 18 that you have completed in connection with opioid
- 19 litigation?
- 20 A. Yes.
- Q. When I use the term "opioid," does that have
- 22 a specific meaning to you?
- 23 A. Yes.
- Q. How do you use the term "opioid"?
- 25 A. It covers all -- the difference between

- 1 opiate and opioid is purely naturally occurring versus
- 2 synthetic, so opioid covers all opiates and opioids.
- Q. Did you make any distinction as you use it in
- 4 any of your professional writings between prescription
- 5 opioids versus illicit opioids, including street drugs
- 6 like heroin?
- 7 A. They all fall your opioids.
- Q. And is that how you have used the term in
- 9 your expert report in this case?
- 10 A. Yes.
- 11 Q. So, have you been an expert witness in other
- 12 cases before this one?
- 13 A. Yes.
- Q. And have those been mostly medical
- 15 malpractice cases?
- 16 A. Correct.
- Q. Do you have any questions about what it means
- 18 to be an expert witness?
- 19 A. No.
- Q. Do you understand that when you did a report
- 21 and you dated it and signed it, that it was to include
- 22 all of the opinions that you would intend to offer at
- 23 trial?
- 24 A. Yes.
- Q. Did you attempt to do so in the expert report

- 1 for this case?
- 2 A. Yes.
- Q. Did you attempt to set forth both opinions
- 4 that would be harmful for the plaintiffs' case and
- 5 helpful for the plaintiffs' case?
- 6 MS. KEARSE: Object to form.
- 7 A. I quess I don't understand what you're
- 8 asking.
- 9 Q. Well, as an expert witness when you evaluate
- 10 whatever your subject matter is that is within your
- 11 area of expertise, do you attempt to set -- set forth
- in your report the opinions that you have regardless
- of whether they're good or bad for the party retaining
- 14 you?
- 15 A. Correct.
- Q. And in this case, did you also set forth all
- 17 of the materials that you considered in forming your
- 18 opinions?
- 19 A. Yes.
- Q. Okay. And since you did your report, have
- 21 you formed any new opinions relevant to this case?
- 22 A. No.
- 23 Q. Have you looked at any additional materials
- 24 beyond what is disclosed in connection with your March
- 25 25, 2019 report?

- 1 A. I continue to review articles and
- 2 publications as they come through, so it is hard to
- 3 say if anything that I reviewed is something that
- 4 you're going to ask about, I guess.
- Q. Well, I'm not so focused about what I'm going
- 6 to ask about.
- 7 A. Yeah.
- Q. I'm more interested in whether there is any
- 9 literature that has come out in the last, let's say,
- 10 four weeks that you think is pertinent to the subject
- 11 matter that we are discussing here today, or you
- 12 anticipate we are discussing today consistent with the
- 13 scope of your report?
- 14 A. No.
- 15 Q. Have you had any additional research efforts,
- 16 whether published or not, that pertain to the subject
- 17 matter that is addressed in your expert report in this
- 18 case?
- 19 A. Can you repeat that one more time, please?
- Q. Sure. Why don't I do it this way. We got
- 21 with your report a copy of your CV.
- 22 A. Uh-huh.
- Q. And plaintiffs' counsel was nice enough
- 24 before the deposition got started to give us an
- 25 updated version of your CV.

- 1 A. Correct.
- Q. My understanding is that the nature of the
- 3 update is to list some additional publications,
- 4 including maybe some things that were previously
- 5 published only in abstract form and are now full
- 6 publications.
- 7 A. Correct, those were updated to dates.
- 8 Q. Is there any other change to your CV compared
- 9 to the one we got?
- 10 A. No.
- 11 Q. So other than your own literature, is there
- 12 anything that you have reviewed over the last four
- weeks that relates to the issue of neonatal abstinence
- 14 syndrome or any of the other areas addressed in your
- 15 expert report in this case?
- 16 A. No.
- 17 Q. In terms of your personal experience over the
- 18 last four weeks, have you continued to treat patients
- 19 and do the same sort of general responsibilities that
- you had before you signed your expert report?
- 21 A. Yes.
- 22 Q. Is there anything in your mind, whether it is
- 23 material you considered or some new opinion you
- 24 formed, that requires you to supplement or amend your
- 25 report in any way?

- 1 A. No.
- Q. So in other words, the report that we got
- 3 about a month ago is still your report that includes
- 4 all of your opinions, and the disclosures that went
- 5 with it are accurate and complete, correct?
- 6 A. Correct.
- 7 Q. In connection with forming your expert
- 8 opinions in this case, were there materials that you
- 9 hoped to review or issues you hoped to address that
- 10 you weren't able to because of time constraints or not
- 11 getting information you wanted or anything like
- 12 that?
- 13 A. No.
- Q. Do you have ongoing analyses in any of your
- 15 ongoing research that you are aware of the results of
- 16 them that but they haven't been yet published or
- 17 disclosed publicly?
- 18 A. Yes.
- 19 Q. Is there any of that that you intend to rely
- on for your opinions in this case?
- 21 A. Yeah.
- 22 Q. So can you tell me what you're talking about
- 23 then?
- A. I have three papers that are pending or under
- 25 review currently.

- Q. And are those all related to the work through
- 2 the Ohio Perinatal Quality Collaborative?
- 3 A. One of them is.
- Q. And I don't know if you have these limits,
- 5 but sometimes researchers are unwilling to disclose
- 6 the subject matter of their research before it is
- 7 published.
- 8 Do you feel you're bound by such
- 9 limitation?
- 10 A. I would feel comfortable discussing the
- 11 topics, but not the actual results until they are
- 12 published because that could interfere with getting
- 13 published.
- Q. Like an Ingelfinger rule sort of issue,
- 15 right?
- 16 A. I don't know what that is.
- Q. Is any of the literature that you are in the
- 18 process of getting published going to change your
- 19 opinions in terms of what you recommend as a program
- 20 to be implemented or changed for Cuyahoga or Summit
- 21 County going forward?
- 22 A. Possibly.
- 23 Q. So subject to the limits you believe you have
- 24 and based on the information that you have currently
- on those three papers, can you walk through them one

- 1 at a time and tell me --
- 2 A. Sure.
- Q. -- what the subject matter is of the first
- 4 paper?
- 5 A. So the first paper is regarding the OPQC
- 6 summary report. And it is really just summarizing --
- 7 MS. HELLER-TOIG: I'm -- this is Elly
- 8 Heller-Toiq. I cannot hear him.
- 9 MR. BOECK: Agreed. This is Chris Boeck on
- 10 behalf of Henry Schein. I cannot hear the witness.
- MS. HELLER-TOIG: And also, the video is
- 12 gone. I don't know if anyone else is experiencing
- 13 that.
- MR. BOECK: Same here.
- 15 MR. ALEXANDER: I would suggest we go off the
- 16 record for like two minutes and try to fix it. I
- don't know that we've gotten the appearances of
- 18 anybody on the phone yet, other than the individual
- 19 who said he represented the Schein defendant.
- THE REPORTER: They were sent to me
- 21 yesterday.
- MR. ALEXANDER: Okay.
- MS. HELLER-TOIG: This is Elly Heller-Toig.
- 24 We represent HBC Service Company from Marcus &
- 25 Shapira.

- 1 MR. ALEXANDER: I think we need agreement of
- 2 plaintiffs' counsel to go off the record under the
- 3 federal rules.
- 4 MS. KEARSE: Oh, I'm sorry. I nodded yes.
- 5 I'm fine with that. Yes.
- 6 THE VIDEOGRAPHER: We are now going off
- 7 record. The time is 9:32.
- 8 (Off-the-record discussion.)
- 9 THE VIDEOGRAPHER: We are now back on record.
- 10 The time is 9:43.
- MR. ALEXANDER: Hopefully, we fixed some of
- 12 our technical difficulties.
- 13 BY MR. ALEXANDER:
- 14 Q. We had a pending question before the little
- 15 break there, and you are in the middle of your answer,
- 16 Dr. Wexelblatt.
- Just to orient everybody, I'm going to have
- 18 the last question read back by the court reporter, and
- 19 then if you could start your answer concerning the
- 20 additional research papers in progress that you were
- 21 discussing.
- 22 (Previous questions/answers were read back by
- 23 the court reporter commencing as follows:
- Question: So subject to the limits you
- 25 believe you have and based on the information that you

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have currently on those three papers, can you walk
 1
     through them one at a time and tell me --
 3
              Answer: Sure.
              Question -- what the subject matter is of
 4
 5
     the first paper?
              Answer: So the first paper is regarding the
 6
 7
     OPGC summary report. And it is really just
 8
     summarizing...)
              THE WITNESS: So the first paper is regarding
 9
10
     the OPOC --
11
              THE REPORTER: Oh, sorry.
12
              THE WITNESS: -- paper, and it's just a
13
     summary of our findings after completing our
14
     enrollment, which ended up being 9,000 -- over 9,000
15
    patients.
16
              The second paper --
17
              Can I pause you there on the first paper?
          Ο.
18
          A. Correct.
19
             So that has been submitted for publication to
20
     a journal, correct?
21
          A. Correct.
22
             Has that been accepted for publication?
          Q.
            It is under review.
23
          Α.
             And which of your prior papers is this
24
     essentially providing follow-up data on? If you can
25
```

- 1 do it by citation or --
- A. It would be the one that starts with Walsh,
- 3 and it talks about statewide collaborative.
- 4 Q. Okay.
- 5 A. And I think I'm the third author -- third
- 6 author on that paper.
- 7 Q. If you go on to the second pending paper.
- 8 A. That is regarding visual findings in infants
- 9 in our high-risk NAS follow-up clinic. And that is a
- 10 follow-up of our abstract that is listed on the paper
- 11 that is being presented this weekend at Pediatric
- 12 Academic Society meeting.
- 13 Q. Okay.
- 14 A. And it's listing or showing the incidence of
- 15 visual disturbances at six months of infants that are
- 16 treated for NAS.
- 17 Q. Is that strabismus or something else?
- 18 A. Correct.
- 19 Q. Any other end points in that study besides
- 20 strabismus?
- 21 A. Those that went on to need surgery for
- 22 correction.
- 23 Q. Okay. And there is some prior literature on
- 24 that subject, correct --
- 25 A. Correct.

- 1 Q. -- that you cited already?
- 2 A. Uh-huh.
- And then the third paper is regarding the
- 4 rates of Hepatitis C in opioid-exposed infants.
- 5 Q. Does that just look at incidence or does it
- 6 talk about treatment?
- 7 A. It is talking about -- it's regarding
- 8 identification and correct testing of infants at the
- 9 correct time, and it is looking at the cascade of
- 10 underreported cases.
- 11 Q. So, when we got started I didn't really go
- over the ground rules of deposition because you're
- 13 close enough to the court reporter that she might kick
- 14 you if you, you know, run afoul of some unspoken
- 15 rules. I'm going to speak a couple of them just to
- 16 make it a little smoother as we go forward.
- Even though you're on video, it is important
- 18 that people not talk over one another because that
- 19 makes the court reporter's job hard, and we want to
- 20 make sure that the written transcript at the end of
- 21 the day accurately reflects what you know and think.
- So, if you could do your best to not start
- 23 your answer until I finish my question, I am sure I'll
- 24 do the same on the other end.
- Does that make sense?

- 1 A. Yes.
- Q. If you need to take a break at any time, we
- 3 will take a break. If you don't understand my
- 4 question, let me know. I'll try to fix it and make it
- 5 intelligible.
- 6 Does that make sense?
- 7 A. Yes.
- Q. If there is an objection, as there has been
- one or two so far, that is just as to the form. If
- 10 you understand the question, if you can answer it, go
- 11 ahead and do so anyway. If there is an instruction
- 12 not to answer, I'm not sure what that would be on, but
- if there is, that is between you and plaintiffs'
- 14 counsel.
- 15 If you need to take a break to confer about
- 16 any issue in the deposition, please try not to do so
- 17 unless there is no pending question -- double
- 18 negative. Try not to do it when there is a pending
- 19 question unless the conferral relates to whether
- 20 you're allowed to answer the question.
- Does that all make sense?
- 22 A. Yes.
- 23 Q. Do you have any other questions for me about
- the deposition procedure?
- 25 A. No.

- Q. And you've been deposed a couple of times
- before, correct?
- 3 A. Correct.
- 4 Q. Have you ever testified at trial?
- 5 A. Once.
- Q. Was that in connection with a case where you
- 7 were an expert witness or some other type of case?
- 8 A. Expert witness.
- 9 Q. Have you ever testified in a case where you
- 10 were a party?
- 11 A. No.
- 12 Q. Have you ever been sued for medical
- 13 malpractice?
- 14 A. No.
- 15 Q. That's lucky. Right?
- MS. KEARSE: Object to form.
- 17 BY MR. ALEXANDER:
- Q. So, let's go back to where we are on these
- 19 papers.
- So these are three papers that are in the
- 21 process of trying to get published, correct?
- 22 A. Correct.
- 23 O. You said the first one is review -- in the
- 24 middle of peer review. The second one about visual
- issues in neonatal abstinence syndrome of children.

- 1 Is that pending publication, has that been
- 2 accepted for publication?
- A. It has not been accepted. It's -- they're
- 4 all under review.
- 5 Q. Do you have any other ongoing research where
- 6 you're aware of the results and they have not yet been
- 7 published and you intend to rely on them in connection
- 8 with anything about your testimony for this case?
- 9 A. Not outside those three papers.
- 10 Q. And without giving away anything that might
- 11 jeopardize the publication of the first paper, the
- 12 follow-up on the Walsh paper, are the results
- dramatically different than what had been published
- 14 before in terms of any of the metrics that you are
- 15 tracking?
- 16 A. No.
- Q. In the papers that you have been doing
- 18 through the OPQC, the Ohio Perinatal Quality
- 19 Collaborative, there is sometimes data presented by
- 20 regional, Region, 1, 2, 3, 4, 5 and 6, correct?
- 21 A. Correct.
- 22 Q. And some of the participating hospitals in
- 23 each of those regions are in Cuyahoga County and some
- 24 are in Summit County, correct?
- 25 A. Correct.

- 1 Q. Do you know which number region Cuyahoga
- 2 is?
- 3 A. When we publish it and when we started the
- 4 collaborative, we agreed to keep them confidential.
- 5 Q. Okay. I mean, are you blinded from that as
- far as you're writing up the papers and evaluating the
- 7 data?
- 8 A. I am not blinded.
- 9 Q. So you do know which one is Cuyahoga and
- 10 which one is Summit, correct?
- 11 A. Correct.
- Q. And are you willing to say that here today?
- 13 A. No.
- Q. Do you rely on anything specific to Cuyahoqa
- and Summit County from those papers where the
- 16 particular region is applicable to Cuyahoga and Summit
- 17 is not included in the final publications in offering
- 18 any of your opinions in this case?
- 19 A. No.
- Q. So let me just go back, because part of the
- issue here, as you have said, is you've been asked to
- 22 offer opinions relating to neonatal abstinence
- 23 syndrome and impact on Cuyahoga and Summit Counties,
- 24 correct?
- 25 A. Correct.

- Q. Okay. And you've never worked in Cuyahoga or
- 2 Summit County, correct?
- 3 A. Not directly seeing patients.
- Q. And you don't have any positions with either
- of those counties in terms of governmental positions
- 6 or adjunct positions, correct?
- 7 A. Correct, I do not.
- Q. Are you relying on any information that you
- gained that is specific to Cuyahoga or Summit County
- 10 through any of the work that you have done through the
- 11 OPQC?
- 12 A. Working in collaboration with the leaders in
- 13 those regions, I have an understanding of what is
- 14 happening through OPQC.
- Q. And do you intend to offer any testimony at
- 16 trial based upon that understanding that you have
- 17 gathered through your work through OPQC that is not
- 18 reflected in the published papers that hide which
- 19 region is which?
- MS. KEARSE: Object to form.
- 21 A. No.
- Q. In connection with your opinions on -- that
- 23 you are going to offer in this case, have you talked
- 24 to anybody for Cuyahoga or Summit County based upon
- 25 their particular experiences relating to neonatal

- 1 abstinence syndrome or maternal use of opioids or
- 2 opiates?
- A. We work in direct collaboration with, like,
- 4 leaders from each of these -- the main six regions
- 5 that we have, our six children hospitals. And so
- 6 there is a representative from each of those counties
- 7 in this collaboration.
- 8 Q. Okay. So in connection with your opinions in
- 9 this case, so, in your report, you disclose that you
- 10 did literature review, you relied on your experience,
- 11 you, you know, generally thought about the issues that
- 12 you have been living for a decade or so now.
- So what I'm asking is: Specific to the work
- 14 that you did to prepare your opinions and -- and set
- 15 them out in a report for this case so we would know
- 16 what you were going to talk about and what you relied
- on, did you actually talk to anybody from Cuyahoga or
- 18 Summit County about any of these issues?
- 19 A. Not about writing up this report.
- Q. Did you talk to anybody from Cuyahoga County
- 21 -- take it one-by-one.
- In connection with forming your opinions for
- this case, did you talk to anybody from Cuyahoga
- 24 County about their experiences relating to -- did you
- 25 call it NAS? Is that the abbreviation you would

- 1 use?
- 2 A. Uh-huh.
- Q. -- NAS or anything related to maternal use of
- 4 opioids?
- 5 A. So I'm in connection with people at -- on
- 6 monthly phone calls that are in that region.
- 7 Q. And do you intend to rely on any of that
- 8 information for any of the testimony that you give in
- 9 this case?
- 10 A. It is all a part of it, correct.
- Q. And who have you talked to from Cuyahoga
- 12 County?
- 13 A. So on our monthly calls, Susan Ford is out of
- 14 Rainbow Babies. Michelle Walsh is part of Rainbow
- 15 Babies. And Jay Iams is O.B. director -- I'm sorry,
- 16 he's not in Cuyahoga County. I take that back.
- 17 Q. Okay. So, the first two individuals --
- 18 A. Yes, those two reside in Cuyahoga County.
- 19 Q. I'm not so focused on where they reside. I'm
- 20 focused on where they work, though.
- 21 A. Correct, that's where they work.
- Q. Okay. And so, are there specific
- 23 conversations or information that you have gained from
- 24 your communications with these two individuals who
- were coauthors on your papers that you intend to rely

- on in offering any of your testimony at trial?
- 2 A. It is all a part of the OPQC project, so we
- 3 talk about there's different models in different parts
- 4 of the state. So if that is what you're referring to,
- 5 then I guess it is specific to that.
- Q. And when you say specific models, do you mean
- 7 in terms of what Cuyahoga County is already doing to
- 8 address these sorts of issues?
- 9 A. Correct.
- 10 Q. And over time, as I understand it, part of
- 11 what OPQC has done is try to standardize some of the
- 12 models even though there are regional differences.
- Is that a fair statement?
- 14 A. That is.
- 15 Q. Okay. So, what the Cuyahoga model was at a
- 16 given point in time may not be what it is now because
- it has been updated in various ways?
- 18 A. Exactly.
- 19 Q. And have you talked to these two coauthors
- 20 from Cuyahoga County about when it was that they first
- 21 started seeing a need to do more, to do different
- 22 things, to have increased efforts to try to address
- 23 issues of NAS or other public health impacts of
- 24 increasing maternal opioid use?
- 25 A. Did you ask when or if?

- Q. Did you talk to them about the issue of when?
- 2 A. Yes.
- Q. I had both of those words in there.
- 4 A. Yes.
- 5 Q. And did you gain an impression from them that
- 6 this was something that they had been seeing for many
- 7 years before you actually started collaborating in the
- 8 collaborative?
- 9 MS. KEARSE: Object to form.
- 10 A. The reason we started the collaborative was
- 11 based on the increase of incidence.
- 12 Q. And so the collaborative itself started back
- 13 in 2007, correct?
- MS. KEARSE: Object to form.
- 15 Q. The Ohio Perinatal Quality Collaborative
- 16 started in 2007?
- 17 A. I'm not exactly sure when it was first
- 18 initiated.
- 19 Q. And sometime after that, it set up a project
- on neonatal abstinence syndrome, correct?
- 21 A. Correct.
- 22 Q. Do you know when that projected started?
- 23 A. 2014.
- Q. And the way it works -- have you been
- 25 involved with other projects with OPQC?

- 1 A. No -- well, yes.
- Q. At any again time they may have multiple
- 3 different projects that are kind of where they focus
- 4 their efforts and then over time they may have some
- 5 follow-up or monitoring of them over time, correct?
- 6 A. Correct.
- 7 Q. So, before a project like the neonatal
- 8 abstinence syndrome project gets started, there is
- 9 some ramp-up time, correct?
- 10 A. Yes.
- MS. KEARSE: Object to form.
- 12 Q. There is talking about basically where the
- 13 efforts are going to be focused, where money might be
- 14 given, who is going to participate, and that sort of
- 15 thing?
- MS. KEARSE: Object to form.
- 17 O. Correct?
- 18 A. Yes.
- 19 Q. Do you know when the talk about initiating a
- 20 neonatal abstinence syndrome project through the Ohio
- 21 Perinatal Quality Collaborative started?
- 22 A. I think it happened after our first
- 23 publication in 2000 -- well, after our results were
- 24 finished in our Ohio Children's Hospital
- 25 Collaborative, research collaborative, which those --

- our initial results were compiled in 2013. And then
- 2 that's when the discussion was to spread it to OPQC
- 3 outside of OCHA, O-C-H-A, Ohio Children's Hospital
- 4 Research Association.
- 5 Q. So for the Ohio Children's Hospital Research
- 6 Association --
- 7 A. Yeah.
- Q. I'm sorry. It's Ohio Children's Hospital
- 9 Association?
- 10 A. Yeah.
- 11 Q. There's no "R" in there.
- 12 A. Okay.
- Q. That's a long-standing entity that has been
- 14 around for way longer -- it's been since 2007,
- 15 correct?
- 16 A. I'm not sure.
- 17 Q. Okay. How long have you been involved with
- 18 that entity?
- 19 A. 2012.
- Q. And how long have you been involved with the
- 21 OPQC?
- 22 A. 2014 directly as a faculty member; however, I
- 23 did work on their 39-week gestation project at one of
- 24 the hospitals prior to that.
- Q. So, do you recall when it was that you

- 1 personally first had started having an interest in the
- 2 need to do more to address rising rates of neonatal
- 3 abstinence syndrome in the Cincinnati area or any
- 4 other health impacts of increasing maternal use or use
- 5 by women of childbearing age of opioids or opiates?
- 6 MS. KEARSE: Object to form.
- 7 A. Probably around 2010 or '11, right before we
- 8 started the collaborative.
- 9 Q. And so -- so you started some research
- 10 efforts with colleagues down here starting around that
- 11 time, and then eventually it wasn't statewide; is that
- 12 a fair statement?
- 13 A. No.
- Q. Give me the accurate statement then of --
- 15 A. We had been addressing the problem locally,
- 16 then we really didn't want to make any significant
- 17 changes until we had data and research to support it.
- 18 And that's what we were able to obtain through OCHA's
- 19 first 18 months.
- Q. And so we talked about the two individuals
- 21 you ultimately have discussed this with from Cuyahoga
- 22 County, correct?
- 23 A. Uh-huh.
- Q. Your coauthors?
- 25 A. Yes.

- Q. When you finally were kind of connected with
- 2 them for statewide research efforts and quality
- 3 improvement efforts through OPQC, did you find that
- 4 they had had a parallel track of having local interest
- 5 and electronic efforts for some period of time before
- 6 you started talking about it?
- 7 MS. KEARSE: Object to form.
- 8 A. I know they had been working on it.
- Q. Do you have an idea of how long they had been
- 10 working on it?
- 11 A. I don't.
- Q. So, let's then do the other county, Summit
- 13 County.
- 14 Have you had communications about essentially
- 15 what efforts have been going on in Summit County, for
- 16 how long, how they have been going, with anybody who
- 17 actually works in Summit County that you intend to
- 18 rely on for your opinions in this case?
- 19 A. Yeah. So one of our coauthors, Jennifer
- 20 Grow, is out of Summit County.
- Q. Is that Dr. Grow?
- 22 A. Correct.
- 23 Q. So this is easy because it's just one person.
- For Dr. Grow, when did you first start
- 25 talking to her about any of these issues?

- 1 A. 2012.
- Q. Okay. And in 2012, was that through OCHA or
- 3 OPQC?
- 4 A. OCHA.
- 5 Q. All right. Did you gain an understanding
- from talking to Dr. Grow about how long there had been
- 7 efforts or interest in Summit County of doing more to
- 8 address rising rates of NAS and other health impacts
- 9 of maternal use of opioids or opiates?
- MS. KEARSE: Object to form.
- 11 A. I would not know the exact time, but I think
- 12 it is similar, within the year prior.
- Q. So, your impression is that this had been
- 14 something that people who specialized in this area in
- 15 Summit County had been aware that this was a rising
- 16 issue and needed essentially more effort to make for
- 17 better outcomes in the children and the mothers in
- 18 Summit County since at least 2011; is that correct?
- MS. KEARSE: Object to form.
- 20 A. Correct.
- Q. And for Cuyahoga County, you think it is a
- 22 similar time period?
- 23 A. Correct.
- Q. Ultimately, do you think that the current
- 25 programs that have been developed through your work

- 1 with OPQC have the ability to help improve outcomes
- 2 for children and mothers affected by the maternal
- 3 abuse of opioids or opiates?
- 4 A. Yes.
- 5 Q. And do you think that these are efforts that
- 6 over time, as they have kind of evolved both in terms
- 7 of the regional work you've done here and then the
- 8 work done in other regions across the state, that
- 9 those also had a benefit over the last several
- 10 years?
- 11 A. Yes.
- Q. Is it your view that if these product --
- 13 these projects had been initiated kind of intensely
- 14 and statewide, or at least in Cuyahoga and Summit
- 15 County back in 2011 that things would be better off
- 16 than they are now in terms of children who have been
- 17 affected by NAS and other health impacts of maternal
- 18 abuse of opioids and opiates?
- 19 MS. KEARSE: Object to form. Calls for
- 20 speculation.
- 21 A. I would have no idea. I would have to -- how
- 22 to say what would happen if we did anything in the
- 23 past that would affect the future.
- Q. Well, I'm talking about as of now. So, right
- 25 now, in Cincinnati, where you work -- at the hospitals

- 1 where you work and where you have some idea into or
- 2 some insight into the programs that have been
- 3 placed -- do you think that they're doing a better job
- 4 than they were before you started these quality
- 5 control efforts, these development of standardized
- 6 protocols?
- 7 MS. KEARSE: Object to form.
- 8 O. Correct?
- 9 A. Yes, we have made improvements.
- 10 Q. Improvements in terms of the outcomes of the
- 11 NAS children, that's one way you're counting an
- 12 improvement, correct?
- 13 A. That is correct.
- Q. Okay. And so some of the measures of
- improvement might be that you reduce the hospital
- 16 stay, you reduce the total time on treatment with
- 17 opioids as part of medically assisted therapy,
- 18 correct?
- MS. KEARSE: Object to form.
- 20 A. So we don't give MAT for infants. We treat
- 21 withdrawal. So that's -- just a nuance.
- 22 And we also have been measuring as part of
- 23 our MOMS Project with OPQC, by implementating
- 24 projects. We have been showing to have improved in
- 25 MAT adherence, behavioral therapy also for the

- 1 mothers.
- Q. Okay. So let's break it up because I was
- going to ask about the offspring, the children first.
- 4 A. Okay.
- 5 Q. So what are the measures that you think are
- 6 appropriate to track in terms of improvements? So we
- 7 talked about average hospital stay at the time of
- 8 delivery, correct? That's one?
- 9 A. Average length of stay, correct.
- 10 O. And what else?
- 11 A. Days of opioid treatment, percent that are
- 12 needing pharmacologic treatment. And then that would
- 13 give you another measure, which we are now starting to
- 14 show in our paper that is pending, all babies that are
- opioid exposed average length when you combined all of
- 16 them together.
- 17 Q. And are you also tracking through any of this
- 18 the cost of hospital stays in the perinatal setting?
- 19 A. Not a part of this project.
- Q. And that is something that is discussed in
- 21 some of the published papers, right?
- 22 A. Correct.
- 23 Q. That, in general, taking care of a NAS baby
- in the hospital costs more than taking care of an
- 25 average baby because of longer average stays, medical

- 1 therapy, things like that?
- 2 A. Correct.
- Q. I mean, pharmacotherapy, among other things,
- 4 correct?
- 5 A. Correct.
- Q. And so has there been any kind of tracking in
- 7 terms of success of driving down costs?
- 8 A. We haven't measured it directly in any of our
- 9 publications. They have been estimates -- estimates
- 10 based on the average length of stay on statewide
- 11 data.
- 12 Q. So like the periodic presentations that you
- do through OPQC, we have some of your PowerPoints,
- 14 some of them identified with your report.
- Those do track some of the metrics that you
- 16 are talking about, correct?
- 17 A. Yes, they do.
- Q. And so you have statewide information where
- 19 you talk about that there is actually savings in
- 20 healthcare dollars, regardless of who pays them, by
- 21 the improvements that you are talking about,
- 22 correct?
- 23 A. Yep.
- Q. So, if these measures had been initiated
- 25 earlier and you were able to drive down costs -- I'm

- 1 sorry, drive down average length of stay, length of
- opioid treatment, and some of these other metrics, you
- 3 expect that there would have been even greater cost
- 4 savings over time?
- 5 MS. KEARSE: Object to form.
- A. We had to learn what worked to get to that
- 7 point. So if we implement what we know now, then
- 8 yes.
- 9 Q. And so the data, that -- since you
- implemented the standard protocol, shows there has
- 11 been a reduction in most of these metrics over time;
- 12 not necessarily in a linear fashion, but overall it's
- 13 gone a little bit up and down, but all of these have
- improved over the now, what, like seven years or so
- 15 since you initiated a standard protocol?
- 16 A. Yeah.
- MS. KEARSE: Object to form.
- Q. And that's what you hoped for, right?
- 19 A. Exactly.
- Q. So even though you haven't necessarily
- 21 tracked it in a dollar basis at any given time which
- 22 protocol saved what money, the earlier the protocol
- 23 was started, the earlier you get to a better or more
- 24 refined protocol, the better outcomes you get and the
- 25 more healthcare dollars you save, correct?

- 1 MS. KEARSE: Object to form.
- 2 A. Yeah. If you can decrease the length of
- 3 stay, then you've obviously impacted the dollars.
- Q. And some of the other things have potential
- 5 long-term benefits, too.
- 6 Your belief is that by having early
- 7 appropriate treatment of the NAS offspring, you hope
- 8 to be able to improve their long-term outcomes, too,
- 9 right?
- 10 A. Yes.
- 11 Q. That would include like, less need for
- 12 behavioral intervention, less chance of long-term
- 13 addiction, less chance of other potential, at least
- 14 theoretical, complications in an NAS child, correct?
- MS. KEARSE: Object to form.
- 16 A. We would want to improve all of those
- 17 things.
- Q. Are there other specific -- I mean, we were
- 19 -- it is my language, so I'm being a little general
- and hopefully we can have a little more specific.
- So are there other health outcomes that might
- 22 require medical or social services interventions or
- 23 even educational interventions that you hope to
- improve by the work that you are doing in terms of
- 25 standardized protocols for treatment of NAS

- 1 children?
- 2 A. So it is a very evolving arena, and so when
- 3 we are discussing some of the long-term outcomes,
- 4 that's what we are trying to learn in our NAS
- 5 high-risk follow-up clinic.
- And that's where we have sort of run into
- 7 finding this visual disturbances, torticollis, other
- 8 musculoskeletal issues that we are finding as we
- 9 continue to look into this group.
- 10 Q. So a couple of things there. The torticollis
- is like a kind of twisting of the neck, a stiffness of
- 12 the neck?
- 13 A. That's a good layman's description.
- 14 Q. And that tends to resolve on its own?
- 15 A. With physical therapy. It usually requires
- 16 physical therapy at this age.
- 17 Q. It is a time limited phenomenon, it's not a
- 18 life-long issue?
- 19 A. That's correct.
- Q. And the strabismus, some people require --
- 21 understand that this is an issue basically of the eye,
- 22 their ability to focus together in a -- like a
- 23 stereoscopic fashion?
- A. So a layman's version would be lazy eye.
- So what we try to do, there is multiple

- 1 interventions you can try to do to prevent surgery to
- 2 correct. And so there is patching or drops that you
- 3 would do on the good eye, so they would then try to
- 4 match each other so the pathways are there that you
- 5 wouldn't need corrective surgery if it doesn't -- if
- 6 it goes past too long of a time.
- 7 Q. And is it the minority of cases with
- 8 strabismus that need corrective surgery, in your
- 9 experience?
- 10 A. That's what we are looking into and
- 11 publishing, getting into it.
- 12 Q. That data is not out yet?
- 13 A. Correct.
- 14 O. From the larger literature on strabismus in
- 15 children who have maternal exposure to drugs, and I
- 16 think it has been tracked with various drugs over
- 17 decades, there is some information that the minority
- 18 of them actually go on to have surgery, correct?
- MS. KEARSE: Object to form.
- 20 A. Correct.
- Q. And those that don't may just need glasses?
- 22 A. Unknown.
- 23 Q. So, your clinic -- I think you reference this
- 24 in your report -- is, as far as you know, the only
- 25 clinic that's doing kind of longitudinal following of

- 1 the NAS children; is that correct?
- 2 A. I'm aware of a couple other in the country.
- Q. Okay. So from any of this long-term
- 4 follow-up at your clinic, is there any data being
- 5 generated that looks at long-term outcomes, the
- 6 frequency of requiring additional interventions,
- 7 healthcare costs or other additional costs associated
- 8 with any of these issues beyond what you have already
- 9 identified as pending publication?
- 10 A. It is ongoing, correct.
- 11 Q. Okay. So are there other research efforts
- that you are aware of where you have data in your head
- 13 relating to long-term health implications of being
- 14 born with NAS --
- MS. KEARSE: Objection.
- Q. -- that you intend to testify about at trial
- 17 but we don't know because they haven't been
- 18 published?
- MS. KEARSE: Object to form.
- 20 A. Not that I haven't talked about in those
- 21 three papers.
- 22 Q. Okay. The general consensus is there is not
- 23 sufficient scientific evidence to say that there are
- 24 actually long-term detriments of NAS in terms of
- 25 deviating from the expected norm for educational

- 1 requirements, behavioral requirements, and the other
- 2 metrics that you are talking about when you -- when
- 3 you account for things like socioeconomic status, the
- 4 number of parents in the household, and other just
- 5 kind of social factors that are typically tracked in
- 6 those states.
- 7 Would you agree with that?
- 8 MS. KEARSE: Object to form. Object to form,
- 9 and I'm objecting to the questions of who is
- 10 testifying here, Counsel.
- So, if you have a question about his
- 12 opinions, ask him his opinion, I think you are
- 13 actually putting testimony in the record on that too,
- 14 of your opinions, so...
- 15 MR. ALEXANDER: That's an improper objection
- 16 under the rules for this court.
- Q. But if you understand the question, go ahead,
- 18 please, Doctor.
- 19 A. I wouldn't agree completely with that
- 20 statement.
- Q. Is there any specific area where you believe
- there is a scientific consensus that there is a
- 23 long-term detriment requiring additional medical,
- 24 social or educational intervention long-term past,
- let's say, six months, for an NAS baby?

- 1 A. Yes.
- 2 Q. Okay. What area?
- A. We have publication that looks at Bayley
- 4 scores, which is a developmental test that's done at
- 5 two years of age that showed a decrease in Bayley
- 6 scores to those that were -- infants that were
- 7 diagnosed with NAS compared to the normative.
- Q. That is one of your citations in your report,
- 9 correct?
- 10 A. It is.
- Q. And even though they're lower than the norms
- 12 than the comparators of that study, they're still
- 13 within the normal range, correct?
- 14 A. Their average is lower -- statistically lower
- than the norm. And then if you look at the range of
- 16 low scores, then the third and fourth quartile is
- 17 definitely out of the range.
- Q. And we can get to that paper later.
- 19 A. Uh-huh.
- Q. But one of the issues in this area of
- 21 research, if you will, and there has been a lot of
- 22 research over the decades relating to babies whose
- 23 mothers used cocaine, specifically crack cocaine,
- 24 while they were pregnant and other drugs over time.
- 25 Do you agree with me so far: There's been a

- 1 lot of research on the issue of whether basically
- 2 being born to a mother who was using drugs has
- 3 long-term health impacts that require additional
- 4 interventions?
- 5 A. I agree with that.
- Q. So one of the issues in this area of trying
- 7 to do good research is trying to weed out all of the
- 8 confounding factors that you might have in some child
- 9 who is born in that setting, but is going to
- 10 necessarily be raised with potential other problems,
- 11 whether they be poverty, limited educational access,
- 12 limited healthcare access, exposure to violence,
- 13 trauma, increased abuse rates, all of those sorts of
- 14 real-world considerations.
- Those make it hard to do good research that
- 16 pulls out whether the fact of birth with some sort of
- 17 dependence has long-term impacts or the other things
- 18 do, right?
- MS. KEARSE: Object to form.
- 20 A. I disagree with that statement.
- Q. Okay. What is wrong about it?
- 22 A. Our paper that we just got published looked
- 23 at discrepancies of opioid-exposed infants, and our
- 24 cohort that we matched them to that were opioid
- 25 exposed were that 15,000 -- I think it was 14,900,

- 1 was based out of our primary care center inside
- 2 Cincinnati Children's Hospital.
- 3 So this is an inner-city population, very
- 4 high Medicaid population, so we didn't directly look
- 5 at the SES specifically; but our assumption based on
- 6 knowing what our population is that we were dealing
- 7 with a very similar SES as those that were opioid
- 8 exposed.
- 9 Q. So you used the abbreviation SES.
- 10 What does that mean?
- 11 A. Socioeconomic status.
- Q. So in addition to socioeconomic status, there
- 13 are other potential confounders, correct?
- 14 A. Correct.
- 15 Q. So one of the things you saw, if we are
- 16 talking about the same paper, is that the children who
- 17 were not living with their birth mother, the one who
- 18 was abusing drugs while pregnant, but were living with
- 19 a foster family, or an adoptive family, they didn't
- 20 have the difference in Bayley scores, did they?
- 21 A. That's a different paper.
- 22 Q. Okay. So isn't that an issue for any of this
- 23 research: That you have to look at whether they're
- 24 still living with the mother versus living somewhere
- 25 else?

- 1 A. The socioeconomic status that the baby is
- 2 living in does have an impact on their long-term
- 3 outcomes.
- 4 Q. So what -- what are all of the individual
- 5 criteria that you would put in as being relevant to
- 6 incidence of behavioral issues, how long until they
- 7 speak, how long until -- you know, the -- the other
- 8 metrics of educational and behavioral performance that
- 9 are measured in your studies, what are the other
- 10 socioeconomic criteria that matter other than income
- 11 level?
- MS. KEARSE: Object to form.
- 13 A. Maternal education. Stuff that we have
- 14 talked about in our very first paper. We looked at
- 15 maternal education. We looked at insurance type.
- 16 That gives us an idea of the SES.
- 17 And those would have had the biggest --
- 18 gestational age is another big impact.
- 19 Q. Okay. So in the paper that you are talking
- 20 about, did you control for all of those?
- 21 A. No.
- Q. Is there any paper that controls for all of
- 23 the confounding factors that you think exist that
- 24 shows that NAS birth status has long-term impacts on
- 25 Bayley scores or some other measure of functionality

- 1 or education or social needs?
- MS. KEARSE: Object to form.
- A. That would be an impossible study to do.
- 4 Q. So no, there isn't one?
- 5 A. Correct.
- Q. So let me just go back for a second because I
- 7 want to make sure that we're on -- on the same page
- 8 with this.
- 9 The data that is in your papers and in some
- 10 of your presentation shows that about seven out of
- 11 eight NAS babies diagnosed in Ohio since you've been
- 12 tracking this since roughly 2011 are Medicaid,
- 13 correct?
- MS. KEARSE: Object to form.
- Q. Meaning their mother's insurance type is
- 16 Medicaid as opposed to private insurance or some other
- 17 pay?
- 18 A. Roughly. That's a good rough estimate.
- 19 Q. 86.4 percent, something like that?
- 20 A. That seems very close, yes.
- Q. So in Ohio, the percentage on Medicaid is
- less than half, correct?
- 23 A. I don't know exact number.
- Q. It is in the same charts in your paper -- in
- 25 your report?

- 1 A. Okay.
- MS. KEARSE: Counsel --
- Q. Are you aware of that?
- 4 MS. KEARSE: Counsel, if you want to refer to
- 5 a paper or something in his report --
- 6 MR. ALEXANDER: I will when we need to.
- 7 A. I wouldn't know the exact number off the top
- 8 of my head.
- 9 Q. Do you know if it's more or less than half.
- 10 A. It would probably be right around there, but
- 11 I would be -- not knowing exactly the number.
- Q. So does -- if it is about half, and the
- 13 percentage of NAS babies whose mothers are on Medicaid
- 14 is close to 90 percent, does that tell you anything
- 15 about the impact of socioeconomic status on the
- 16 incidence of NAS?
- MS. KEARSE: Object to form.
- 18 A. It would imply that there is a higher impact
- 19 in the Medicaid population.
- Q. Have you identified other socioeconomic
- 21 drivers of the likelihood of being born with NAS other
- than the fact of maternal drug use?
- 23 A. Caucasian has been a factor.
- Q. Anything else?
- A. Not that I can think of off the top of my

- 1 head.
- Q. So I know you started by saying that your
- 3 studies and your series of studies through OPQC have
- 4 identified certain things, like insurance status, as
- 5 drivers of -- or essentially socioeconomic status that
- 6 you would be tracking in the research, correct?
- 7 A. We track insurance type as an indicator.
- Q. What are the other indicators that you are
- 9 aware of that you don't track?
- 10 A. Maternal education is something that we
- 11 usually don't track after that first paper.
- 12 Q. Why not?
- 13 A. It was just too hard to get all of that data
- once we expanded our numbers.
- 15 Q. And I -- by none of these questions do I mean
- 16 to minimize anything about the plight of a child who
- 17 has these sorts of issues or maternal drug use.
- But this is a matter of: You-quys have to
- 19 decide your research parameters, right? You have to
- 20 figure out what you can track and what you don't?
- MS. KEARSE: Object to form.
- 22 A. We come up with a list of things we are going
- 23 to track and -- before -- in our methodology before we
- 24 go ahead and start any research project.
- Q. And you try to track things that you think

- 1 are important to doing the research project in a
- 2 serious and reliable way, correct?
- 3 A. Yes.
- Q. Okay. So part of the reason that you would
- 5 track like insurance status is because the -- there
- 6 are associations of poverty itself to some of the same
- 7 things that you would be tracking, like the incidence
- 8 of educational deficits, increased behavioral
- 9 problems, et cetera, correct?
- 10 A. That's an assumption.
- 11 Q. Okay. I mean, is there literature on that?
- 12 A. Yes.
- Q. And you think the literature shows that there
- is an association that there is a higher likelihood in
- 15 somebody who is on Medicaid versus somebody with
- 16 private insurance that their offspring will have
- 17 educational deficits compared to the norm?
- 18 A. I don't think that's a good statement that I
- 19 would state.
- Q. How would you say it?
- 21 A. I would state you have to look at each
- 22 individual on the individual basis, so if the -- I
- 23 wouldn't want to categorize somebody just because they
- 24 have Medicaid that they're not going to have an
- 25 educational outcome of a normal person.

- 1 Q. Statistically speaking, based upon broad
- 2 population, is there some association between economic
- 3 status and these sorts of educational metrics of how
- 4 soon somebody speaks or reads or how they do on
- 5 standardized scores?
- A. I'm not aware of it.
- 7 Q. So why do you track Medicaid status?
- 8 A. We know that the burden -- NAS -- the
- 9 incidence of NAS is higher in women that are falling
- into the category of Caucasian and those on
- 11 Medicaid.
- 12 Q. So are you aware of other factors that affect
- the incidence in children of behavioral issues,
- 14 educational deficits, or any of the other sorts of
- 15 potential long-term impacts that you are actually
- 16 studying?
- MS. KEARSE: Object to form.
- 18 A. I guess I don't know what you're asking
- 19 here.
- Q. Sure. It was -- it was a horrendous
- 21 question. I'll try to fix it.
- 22 So in your long-term studies at your clinic,
- 23 one of the things that you are tracking and that maybe
- 24 will do research on in the future will be things like
- 25 you said Bayley scores. You also have some metrics of

- 1 like self-reported behavioral issues. You have how
- 2 early it is that the child, like, speaks, correct?
- Those are some of them?
- 4 A. Yes, and utilization of resources in the
- 5 medical community.
- 6 Q. What are the other indicators of educational
- 7 or behavioral or medical needs that you are
- 8 tracking?
- 9 A. Utilization of speech, OT, PT, are the main
- 10 ones, behavioral therapy and then subspecialties.
- 11 Q. Is it your belief that all of the things that
- 12 you are tracking are more likely to be increased;
- meaning there is a higher likelihood of a deficit in
- 14 one of these areas or a need for additional services
- in the Medicaid population versus the non-Medicaid
- 16 population?
- MS. KEARSE: Object to form.
- 18 A. So that's what we discuss in our last paper,
- 19 discrepancies where were able to compare it to the PPC
- 20 or primary care sender in our hospital, which was a
- 21 very high Medicaid. And we did find a difference in
- 22 those that were opioid exposed compared to those that
- 23 were not.
- Q. That wasn't my question, though. My question
- 25 was not anything about opioids.

- I just said: Does Medicaid status, as far as
- 2 you know, also affect the measures that you are
- 3 talking about that you are tracking --
- 4 MS. KEARSE: Object to form.
- 5 Q. -- including how often they're using OT,
- 6 occupation or physical therapy services?
- 7 A. So I don't know how that direct -- the answer
- 8 to Medicaid status and utilization. I just know in
- 9 our comparator group, which was very high, we were
- 10 able to compare to that group.
- 11 Q. Okay. So are you aware of recognized
- 12 factors, other than the maternal drug use and Medicaid
- 13 status, that affect the need for additional social
- 14 services?
- 15 A. I'm not aware of that.
- 16 Q. Have you looked into that for any of your
- 17 work on this case?
- 18 A. I have not.
- 19 Q. Are you aware of other factors that affect
- 20 the incidence of educational deficits such as those
- 21 that you are tracking?
- 22 A. We have stopped tracking the educational
- 23 level of the mothers.
- Q. I'm not talking about the mother.
- 25 A. Okay.

- Q. I'm talking about the kids. For the
- offspring, one of the things you look at are some
- 3 measures of essentially eventually once they get into
- 4 school system and learning, how quickly they are able
- 5 to what, speak, read? There are other measures of
- 6 educational deficits that you track, right?
- 7 A. We are looking into that, correct.
- 8 O. Are there other risk factors that affect
- 9 those measures?
- 10 A. I'm sure there are.
- 11 Q. Do you know what they are?
- 12 A. I think it is multifactorial. I wouldn't be
- 13 able to give you a direct answer.
- Q. Did you look into any of those issues in
- 15 connection with preparing your expert opinion in this
- 16 case?
- 17 A. No.
- Q. So in the research that you are doing, there
- is no effort to control for any potential confounders
- 20 that would be related to the risk factors for
- 21 educational deficits?
- MS. KEARSE: Object to form.
- 23 A. So we have applied for a grant with trying to
- 24 add a control group, exactly, into our future study
- 25 that we have applied for a grant. We have not

- 1 received it yet.
- Q. So I think we have come around to where we
- 3 started.
- 4 You've applied for a grant, but there is no
- 5 ongoing research related to a way to have a
- 6 accurate -- a representative control for all of the
- 7 relevant -- as much as you can track -- risk factors
- 8 for these sorts of deficits, needs for increased
- 9 social services, et cetera, except for the fact of
- 10 being born with NAS status; is that correct?
- MS. KEARSE: Object to form.
- 12 A. So we could not find any great literature
- 13 with a direct control group with the same
- 14 socioeconomic status. I think when you do an
- 15 administrative database review, it's -- it -- it is
- 16 hard to separate those completely.
- Q. So are you trying to do some sort of
- 18 retrospective study or are you actually going to do
- 19 prospective study with a control group?
- A. We have a prospective.
- Q. Do you know what the risk factors are or the
- 22 criteria are that you are going to track to try to
- establish what is a good control?
- A. So we are -- the main outcome -- the main
- 25 first two steps are going to be opioid exposure and

- 1 non-opioid exposure and insurance status.
- Q. What about all of the other stuff?
- 3 A. No.
- 4 Q. None of it?
- 5 You're not going to track any of the things
- 6 that you have already identified that affect the need
- 7 for social services, educational outcomes, Bayley
- 8 scores, anything else?
- 9 MS. KEARSE: Objection.
- 10 A. We are going to be tracking all those. You
- 11 asked how we are going to control.
- 12 Q. Okay. So to establish your control group,
- 13 you need to have them be exactly the same as your
- 14 exposed group, except for the fact of exposure, right?
- 15 That's the goal of controlled clinical
- 16 research, right?
- 17 A. There is different -- you can control for
- 18 certain factors and then you would then gather your
- 19 data and then see if there is a significance when you
- 20 break it down individually on certain other factors.
- 21 Q. So --
- 22 A. So our main two factors that we kept at the
- 23 top as our breaking point were opioid and insurance
- 24 status.
- 25 After that, we are going to look to see if

- 1 there is a difference in those two groups.
- Q. Do you know what other criteria you are going
- 3 to look at, what other status you are going to look
- 4 at?
- 5 A. We are going to be looking at
- 6 tobacco exposure. We are going to be looking at all
- 7 of those previous outcomes of visual disturbances, OT,
- 8 PT, everything else we are tracking in our clinic,
- 9 except we are you now going to add a control group
- 10 into our clinic.
- 11 Q. So for tobacco use, you're talking about
- 12 tobacco use while the mother was pregnant?
- 13 A. Correct.
- Q. Okay. And there is literature that
- 15 tobacco use while prequant affects various measures
- 16 like birth weight at the time of delivery, correct?
- 17 A. Correct.
- Q. And those also have an association in the
- 19 literature to a need for additional services and
- 20 increased frequency of educational deficits,
- 21 correct?
- MS. KEARSE: Object to form.
- 23 A. Only for certain aspects.
- Q. And one of those cites that you have in your
- 25 report is to a study that looked at the incidence of

- 1 tobacco use in pregnant women by testing versus
- 2 self-reporting.
- 3 Do you remember that?
- 4 A. Uh-huh.
- 5 Q. Yes?
- 6 A. Yes.
- 7 Q. That's another rule I didn't go over. It is
- 8 helpful --
- 9 A. I forgot, yes.
- 10 Q. -- to answer with words and not nods or
- 11 sounds.
- So is one of the things that you would pay
- 13 attention to with tobacco use is whether increased
- 14 tobacco use while pregnant might be a confounding
- 15 factor for the need for social services, for
- 16 educational deficits or other things that look like
- 17 long-term impacts of neonatal abstinence syndrome?
- MS. KEARSE: Object to form.
- 19 A. I'm not aware of any of that literature.
- Q. Is that part of what you are trying to
- 21 examine in the paper that you are going to do if you
- 22 get the funding?
- A. We are -- it's -- that would be a part of the
- 24 descriptive behavior.
- Q. Okay. And is it true, as far as you know,

- 1 that there is a correlation between women who smoke in
- the third trimester of pregnancy and women who also
- 3 use illicit drugs while pregnant?
- 4 MS. KEARSE: Object to form.
- 5 A. Not aware of that.
- 6 Q. Did you see that in the paper that you cited
- 7 on tobacco use?
- 8 A. The way you asked is does cigarette use lead
- 9 to opioid.
- 10 Q. I said is there a correlation between
- 11 tobacco use during the third trimester of pregnancy
- 12 and illicit drug use during pregnancy?
- MS. KEARSE: Object to form.
- 14 A. The way you're asking if -- you would ask to
- 15 ask it the other way.
- Q. Okay. So you think that drug use during
- 17 pregnancy, use of illicit drugs is associated with
- increased use of tobacco during pregnancy, not the
- 19 other way around?
- 20 A. Correct.
- Q. Are you going to track alcohol use during
- 22 pregnancy in the study that you are proposing?
- A. We look at self-report of alcohol use.
- Q. So like what we saw in the tobacco paper,
- 25 self-reporting tends to be about four to six times

- lower than testing for the metabolism -- the
- 2 metabolites of tobacco, correct?
- 3 A. That is correct.
- 4 Q. So self-reporting of alcohol is going to
- 5 underestimate alcohol use during pregnancy, right?
- 6 MS. KEARSE: Object to form.
- 7 A. That is correct.
- 8 O. And is there some correlation between alcohol
- 9 use, illicit drug use, and tobacco use, those all go
- 10 hand-in-hand?
- MS. KEARSE: Object to form.
- 12 A. Alcohol hasn't really been looked at that
- 13 much because there is no test to determine that use at
- 14 a readily available process, and that's why we had to
- 15 rely on self-report. It is purely a -- what lab test
- 16 can you get?
- Q. Okay. So why do you look at alcohol abuse
- 18 during pregnancy?
- 19 A. We know that that can lead to fetal alcohol
- 20 syndrome.
- Q. Have you ever come up with a plan for how to
- 22 improve outcomes with fetal alcohol syndrome in Ohio
- 23 or any portion of Ohio?
- A. I have not been part of that.
- Q. Did you still have fetal alcohol syndrome

- 1 infants in your care or in the care at your
- 2 hospitals?
- 3 A. We do.
- Q. Have there been, as far as you know, public
- 5 health efforts around the nation, and in southwest
- 6 Ohio in particular, for as long as you've been a
- 7 practicing doctor to try to reduce fetal alcohol
- 8 syndrome?
- 9 A. It is part of the OB visits that are
- 10 discussing decrease in use.
- 11 Q. And what about on your side, on the pediatric
- 12 side: Do you participate in any of that at all in
- terms of counseling to try to avoid fetal alcohol
- 14 syndrome and minimize its incidence?
- 15 A. We usually are on the other -- I mean, we
- 16 work with the mother-infant dyad. So when we have a
- 17 mom who is pregnant that we are seeing in the clinic,
- 18 we obviously would -- if the questions come up, we
- 19 would address it.
- Q. And despite the efforts, you haven't been
- 21 able to eliminate fetal alcohol syndrome?
- 22 A. That is correct.
- 23 Q. And anywhere in your report, do you talk
- 24 about the impact of fetal alcohol syndrome on the need
- 25 for additional public services or changes in hospital

- 1 behavior -- or healthcare behavior more generally with
- 2 regard to pregnant women?
- A. I do not mention fetal alcohol syndrome.
- Q. I mean, is it possible to really talk about
- 5 optimizing maternal and fetal care without talking
- 6 about alcohol abuse, abuse of other drugs, tobacco,
- 7 while you're talking about opioids and opiates?
- 8 MS. KEARSE: Object to form.
- 9 A. Can you repeat that one more time?
- 10 Q. Sure. I'll actually do better. I'll try to
- 11 break it down.
- So I just asked generally about alcohol
- 13 abuse.
- 14 Alcohol abuse during pregnancy is a public
- 15 health issue, correct?
- 16 A. Yes.
- 17 Q. Okay. And it has increased -- it is
- 18 associated with increased healthcare expenditures,
- 19 increased social services needs, educational deficits
- and a variety of other sequelae, correct?
- MS. KEARSE: Object to form.
- 22 A. It is.
- Q. Despite efforts for decades to try to
- 24 eliminate it, right?
- 25 A. Correct.

- Q. Okay. Other drugs, other than opioids or
- opiates, can be abused during pregnancy as well,
- 3 correct?
- 4 A. That is correct.
- Q. One of the things seen in your research, and
- 6 the research you cited, is that while opiate abuse
- 7 during pregnancy or opioid abuse during pregnancy has
- 8 gone up during the same study period, basically all
- 9 use of all drugs has gone up?
- MS. KEARSE: Object to form.
- 11 A. Most, yes.
- Q. In general, women now, according to the data
- 13 that you have released to the years you've presented,
- 14 are more likely to use drugs while pregnant than they
- 15 used to be, and that's pretty much true across all
- 16 classes of drugs?
- MS. KEARSE: Object to form.
- 18 A. Yes.
- 19 Q. And cocaine abuse during pregnancy can have
- 20 an impact both on maternal health and fetal or --
- 21 health or health of the offspring, correct?
- 22 A. It can have effect on maternal health and put
- 23 the infant at risk for certain conditions.
- Q. And infants at risk for certain conditions
- 25 certainly need additional -- on average, need more

- 1 services in the postpartum period, correct?
- 2 A. Correct.
- Q. And then there is the debate that we have
- 4 talked about, about how long they might need
- 5 additional services, correct?
- 6 A. That is correct.
- 7 Q. Is that still a debate in your community of
- 8 pediatricians who focus on issues like the impact of
- 9 maternal substance abuse?
- 10 A. We don't do any extra testing or -- for
- infants if they're exposed to solely cocaine.
- 12 Q. So they need additional services in the
- 13 hospital, correct?
- 14 A. If they're born premature from an abruption,
- 15 but otherwise, no, they do not.
- Q. And so the experience with cocaine is that --
- 17 I guess coming out of all of the research from the
- 18 crack epidemic -- is that there doesn't seem to be a
- 19 long-term need for additional educational or social
- 20 services support in those babies; is that correct?
- 21 A. They do need elevated social service
- 22 follow-up, but that's because it is an at-risk
- 23 infant.
- Q. And is that because they were born with
- 25 withdrawal from cocaine, or is that because they're in

- a household with a mother who might be still abusing
- 2 cocaine or the other socioeconomic status overlays
- 3 that we have talked about?
- 4 MS. KEARSE: Object to form.
- 5 A. I would say with your middle statement that
- 6 it is due with a mother using illicit substance while
- 7 pregnant.
- 8 Q. So for any illicit substance used by a mother
- 9 there is going to be a need for additional follow-up
- 10 and monitoring, correct?
- 11 A. Correct.
- Q. So even though that's part of your program,
- 13 that is not specific to opioid or opiate abusing
- 14 mothers, correct?
- MS. KEARSE: Object to form.
- 16 A. That is correct. We do a safety plan for
- 17 those that are exposed to illicit substances during
- 18 pregnancy.
- 19 Q. So, for other categories, there is -- if you
- 20 -- some of the data that you actually showed is that
- 21 while prescription opioid abuse in Ohio among pregnant
- 22 women has dropped, it has been passed by cocaine and
- 23 benzodiazepines recently, correct?
- MS. KEARSE: Object to form.
- 25 A. I don't think it has been passed.

- 1 Q. So cocaine is higher now, benzodiazepine is
- 2 the last thing that was going up, prescription opiates
- 3 is going down, and now the last time they were at the
- 4 exact same level; is that right?
- 5 MS. KEARSE: Object to form.
- A. They are very close together, correct, there
- 7 now.
- Q. What, like within a tenth of a percent?
- 9 A. They're very close, correct.
- 10 Q. Well, benzo use is going up and prescription
- 11 opioid use is dropping?
- 12 A. Yes.
- Q. Okay. So for the data for the last several
- 14 years, since roughly 2005, prescription opioid abuse
- in Ohio has dropped and that is also seen in terms of
- 16 the usage patterns in pregnant women, correct?
- 17 A. For prescription opioids, yes.
- 18 Q. Okay. So are there health consequences to
- 19 the mother, the unborn child or the infant with
- 20 benzodiazepine abuse during pregnancy?
- 21 A. So you asked these questions there.
- 22 So the first one: Is there increased risk
- 23 for mother? If she's getting prescribed
- 24 benzodiazepines.
- Q. I was asking about abuse.

- 1 A. Abuse?
- Q. I can start them over and break them up.
- 3 So for abuse of benzodiazepines, are there
- 4 health risks for a pregnant woman?
- 5 A. So if a person is using a prescribed -- any
- 6 prescribed medication in an illicit manner, yes.
- 7 Q. Okay. What are those health risks, as far as
- 8 you know?
- 9 A. Well, they're -- put themselves at -- if
- 10 they're not following a physician's order, they're
- 11 putting them at risk for overdose. They are not aware
- 12 of the other interactions that it can have with other
- 13 medications or substances.
- Q. All right. Do you treat pregnant women at
- 15 all as a clinician?
- 16 A. As a clinician, no.
- Q. And what about any prescriptions or treatment
- of women at all, other than infants and small
- 19 children?
- 20 A. I do not write prescriptions for pregnant
- 21 women.
- Q. Do you have a DA license?
- 23 A. Yes, I do.
- Q. And on what occasions are you prescribing a
- 25 controlled substance?

- 1 A. So in the hospital, you -- we write for
- 2 morphine, benzodiazepines, buprenorphine, methadone,
- 3 but within the hospital that is a different -- you
- 4 don't need a D -- that covers -- it is not part of a
- 5 DEA separate licensure.
- 6 O. And are those for children or adults?
- 7 A. Those are for newborns.
- Q. Is there occasion outside of the hospital
- 9 setting where you ever prescribe any of those
- 10 medicines?
- 11 A. No.
- 12 Q. Sir, let's go back to benzodiazepine abuse.
- 13 A. Okay.
- Q. Are there risks in terms of the unborn child,
- 15 whether they be low birth weight, early birth,
- 16 rupture, any other consequences to the pregnancy
- 17 itself?
- 18 A. Not that I'm aware of by pure abuse. I don't
- 19 know if there is not any literature on that.
- Q. Have you looked into that for purposes of the
- 21 report here?
- 22 A. No.
- 23 O. What about cocaine abuse or alcohol abuse?
- 24 Did you look at any of these issues related to those
- in terms of health consequences to mothers, unborn

- 1 children or children?
- 2 A. No. My focus was on the opioid exposed.
- Q. And what about just in general nonopioid drug
- 4 abuse? Well, actually, stop. I'll go back. I missed
- 5 one.
- 6 Benzodiazepine abuse: Does that have any
- 7 long-term or short-term impacts in children who are
- 8 born of a mother whose abusing benzodiazepines?
- 9 A. It does not affect their hospital stay in the
- 10 hospital. And then long-term, like I don't know if
- 11 there -- we don't -- there is no special follow-up
- 12 that we do differently.
- Q. What about any other drugs of abuse during
- 14 pregnancy?
- 15 Are you aware of anything indicating that
- other drugs, not -- not opioids or opiates, not
- 17 cocaine, not benzodiazepines, not alcohol, but other
- 18 drugs. I guess it could be PCP. It could be
- 19 marijuana. It could be a variety of other drugs.
- 20 Are you aware of any impact those have on
- 21 pregnant women?
- MS. KEARSE: Object to form.
- 23 A. Once -- it would go back to that previous
- 24 state of any illicit use of any substance that is not
- 25 being monitored puts the woman at risk for having

- 1 interactions, or not knowing what dosage they're
- 2 taking. So there could always be an effect that
- 3 way.
- 4 Q. Did you do any specific research or valuation
- of the literature on this issue for your expert
- 6 opinions in this case?
- 7 A. No.
- MS. KEARSE: Counsel, is this a good time for
- 9 a break? I think we have been going over an hour.
- 10 MR. ALEXANDER: I would like to just come to
- 11 a close on this line of questioning, which will only
- 12 take a couple of more minutes, if people's bladders
- 13 can handle that.
- MS. KEARSE: If it's a couple more minutes.
- 15 I'll try.
- 16 BY MR. ALEXANDER:
- 17 Q. Sure. In terms of the pregnancy itself, any
- 18 other drugs of abuse affect how long a pregnancy
- 19 lasts, its likelihood of resulting in rupture, early
- 20 delivery, low birth weight, any of those measures?
- MS. KEARSE: Object to form.
- 22 A. Drug use.
- 23 Q. Drug abuse other than the specific substances
- 24 we have gone over, like opioids, opiates, alcohol,
- 25 cocaine and benzodiazepines?

- 1 A. I just -- I wouldn't know how to -- what
- 2 specific drug are you --
- Q. Any of them. Is there any other drug of
- 4 abuse that is known to be abused by women who you're
- 5 aware of that either you study, treat or followed
- 6 literature on that affects pregnancy outcomes?
- 7 A. No.
- 8 O. What about affects infants who are born from
- 9 a woman who has abusing any of those additional drugs
- 10 or substances?
- 11 A. It doesn't change our length of stay in the
- 12 hospital besides setting up a safety plan for the
- 13 dyad.
- Q. So if a woman is using, let's say, marijuana
- while pregnant, and that's seen in your data,
- 16 correct?
- 17 A. We did look at THC.
- Q. It's increasingly common and it is more
- 19 common than use of any prescription opioid, correct?
- MS. KEARSE: Object to form.
- 21 A. I don't know the numbers off the exact -- off
- 22 the top. I would have to look that up.
- Q. But you would defer to the charts in your
- 24 report, right?
- 25 A. Yes.

- 1 Q. And the ones that you have attached?
- 2 A. Correct.
- Q. I would say in general: For anything that
- 4 you published with your name on it, you expect that
- 5 the data is accurate?
- A. Yes, it is.
- 7 Q. Do you stand by the statements in your
- 8 publications?
- 9 A. I do.
- 10 Q. All of the things that you have cited in your
- 11 report, you chose to cite those specific pieces of
- 12 literature?
- 13 A. Correct.
- Q. You stand by those as standing for whatever
- 15 you cited them for, right?
- 16 A. Correct.
- Q. And are you aware of any specific areas where
- 18 you think that the published reports or articles that
- 19 you have cited are wrong in any way or you have
- 20 disagreements with what they're proposing?
- A. No, I do not.
- 22 Q. Okay. And I could say this probably in
- 23 general and then we can hit that promised break.
- 24 There are some of these recommendations of
- 25 professional organizations and governmental or

- 1 quasi-governmental entities that you have cited or a
- 2 attached to your report, correct?
- 3 There's ACOG statement and there is a World
- 4 Health Organization statements, correct?
- 5 A. Yes. I wouldn't know what you mean by
- 6 "quasi" statements descriptor.
- 7 Q. I said quasi-governmental.
- 8 A. Okay.
- 9 Q. Anyway so we can call this professional
- 10 statements if you want, but they're also sometimes
- 11 from governmental entities or international entities,
- 12 correct?
- 13 A. Yes.
- Q. You cited them and attached them to your
- 15 report?
- 16 A. I did.
- Q. Is there -- are there areas where what you
- 18 recommend be done in Cuyahoga or Summit County going
- 19 forward are different than what they recommend?
- 20 A. I -- I'm sure there must be one or two
- 21 statements that is different in my report than if you
- 22 read their full report would be different in all of
- 23 those separate entities.
- Q. The one that -- the one that would leap out
- is that you are a little more bullish on using

- 1 buprenorphine as the primary therapy for treating
- 2 children when they're born with neonatal abstinence
- 3 syndrome than using Morphine; is that correct, or
- 4 methadone?
- 5 MS. KEARSE: Object to form.
- A. I don't know about the adjective "bullish,"
- 7 but we have one of the few centers that have done
- 8 research on buprenorphine use in infants, yes.
- 9 Q. And that's your first line?
- 10 A. In some of our hospitals, not regionally.
- 11 Our recommendation is still methadone.
- 12 Q. Are you aware of any data in any of the
- 13 things that you've cited, including those sorts of
- 14 governmental or professional statements that you think
- is wrong or outdated or misrepresents trends in opioid
- 16 use or neonatal abstinence syndrome?
- 17 A. So some of those reports are old, meaning
- 18 they more than three years old; so, yeah, I am sure
- 19 there is outdated information in all of them.
- Q. Is there any recommendation in any of those
- 21 statements that you no longer abide by?
- A. You mentioned multiple, CDC, WHO, ACOG, so
- 23 I'm sure we are not following all of those statements
- that have been published in the last four years
- 25 because there's been an evolving field.

- Q. You also are an advocate and you recommend
- 2 universal drug testing, not just universal screening,
- 3 right?
- 4 MS. KEARSE: Object to form.
- 5 A. Yes.
- Q. And that is one area where not everyone
- 7 agrees with you, correct?
- 8 A. That is correct.
- 9 Q. Including that there are state laws that may
- 10 get in the way of that because it leads to, like,
- 11 criminal referrals and things like that when a woman
- 12 tests positive and, therefore, you might get women not
- willing to participate in drug testing, right?
- MS. KEARSE: Object to form.
- 15 A. That hasn't been shown.
- 16 Q. Okay.
- 17 MS. KEARSE: Counsel, I think I gave you
- 18 leeway. You were finishing up your area and now we've
- 19 kind of gotten into a whole nother area.
- MR. ALEXANDER: Yeah. So one -- one more
- 21 question, if I can. Just one.
- 22 MS. KEARSE: Just one. I'm just trying to be
- ever hour, I would, you know, assume let's try and
- 24 take a break, if we can.
- MR. ALEXANDER: Okay.

- 1 MS. KEARSE: I don't know what is funny about
- 2 that.
- MR. ALEXANDER: Well, we don't always --
- 4 we've had a number of depositions where we have gone
- 5 two or more hours between breaks, but it's fine.
- I'm also laughing at the idea that I'm going
- 7 to ask one question, but I will try. I'll try.
- MS. KEARSE: Or we can just take a break.
- 9 MR. ALEXANDER: No, because now I have a
- 10 question that I want to ask, so --
- 11 Q. Dr. Wexelblatt --
- MS. KEARSE: I want to take a break.
- Q. -- is there any portion of your
- 14 recommendation that you have set forth in your report
- 15 that is specific to something that should be done for
- 16 Cuyahoga and Summit County as opposed to what you
- 17 would recommend for any other one or two of the 98
- 18 counties in Ohio?
- MS. KEARSE: Object to form.
- 20 A. No.
- MR. ALEXANDER: Now is a good time for a
- 22 break.
- MS. KEARSE: Thank you.
- THE VIDEOGRAPHER: We're now going off
- 25 record. The time is 10:50.

- 1 (There was a brief recess.)
- THE VIDEOGRAPHER: We are now back on record.
- 3 The time is 11:10.
- 4 BY MR. ALEXANDER:
- 5 Q. All right. Dr. Wexelblatt, do you have any
- of your testimony thus far you need to change or amend
- 7 in any way?
- 8 A. No.
- 9 Q. I have some follow-up on a little bit of the
- 10 stuff we were talking about before the break.
- 11 For the tracking of cocaine use in pregnant
- women in any of the research efforts that you're
- engaged in, do you go off of blood tests? Do you go
- off of self-reporting? How do you track that?
- 15 A. Regionally what we do is base it on maternal
- 16 urine drug testing at the time of delivery.
- 17 Q. And do you find that you get more from urine
- 18 testing than you do from self-reporting?
- 19 A. Yes.
- Q. Do you -- do you do anything to track the
- 21 issue of polypharmacy, which of the women have use of
- 22 not just one drug of abuse, but multiple drugs of
- abuse, during pregnancy?
- 24 A. We do track that.
- Q. Are you aware of any literature that

- 1 polypharmacy, you know, multiple drugs of abuse, can
- 2 have a cumulative or additive effect in terms of the
- 3 effect on maternal health, pregnancy outcomes, or the
- 4 health or needs of the offspring?
- 5 A. So to answer the last part of that, we do
- 6 know that if a baby is opioid exposed and has
- 7 polysubstance, that they do have more of a need for
- 8 adjunct therapy than that, that does not.
- 9 Q. Okay. And what about other polypharmacy
- 10 where a woman is abusing not opioids, but multiple
- 11 other drugs?
- 12 Is there any literature on any of those
- 13 outcomes?
- 14 A. I'm not aware of any literature that looks at
- 15 that.
- 16 Q. What about literature on the other part of
- 17 what you just answered, which is an effect on maternal
- 18 health or pregnancy outcomes from polypharmacy that
- 19 does involve opioids or opiates?
- 20 A. On maternal health --
- 21 Q. Yes.
- 22 A. -- was the question?
- Q. No, you answered about --
- A. You had three questions.
- 25 Q. Yeah.

- 1 A. And I went with the third part --
- 2 Q. It was --
- 3 A. -- on the infant.
- Q. Right. You answered about the infant.
- 5 I also asked about --
- 6 A. Okay.
- 7 Q. -- maternal health and pregnancy outcomes.
- 8 A. So for maternal health, we know that moms
- 9 that are in monosubstance therapy, or MAT, do better
- 10 than those that have polysubstance use when it refers
- 11 to opioids.
- 12 And then with pregnancy outcomes, I don't
- 13 think there's any differentiation besides on -- I
- 14 assume "outcomes," you mean by gestational age or
- 15 birth weight?
- 16 Q. Those sorts of measures, yes.
- 17 A. I don't think there is.
- Q. And I wasn't clear from your earlier answer
- 19 when I was asking about benzodiazepines.
- Is there literature that's looked at whether
- 21 benzodiazepines affect the health of offspring or the
- 22 need for additional services or medical care?
- I know you said you don't track that in your
- 24 clinic.
- 25 A. That is correct. We do not track that.

- Q. Are you aware of any literature that's looked
- 2 at that issue specifically as whether maternal
- 3 benzodiazepine use can affect the health of the
- 4 offspring and their need for additional medical or
- 5 social services?
- 6 A. I'm not aware of anything that would
- 7 differentiate illicit or prescribed benzodiazepine use
- 8 and outcomes.
- 9 Q. And the -- you mentioned the use of databases
- 10 to do certain kind of tracking and analysis in a
- 11 retrospective fashion.
- 12 A. I did mention that.
- Q. Are there current databases that you're using
- 14 for any research efforts?
- 15 A. We use -- for most of our database that we
- 16 are using is our internal database, which is based off
- 17 our EHR and billing data.
- Q. Does it have a name, your database?
- 19 A. I would have to -- I'm not aware of the --
- 20 it's -- we use our Epic database for our last paper
- 21 that we used.
- When we have databases for our studies, they
- 23 were all through REDCap. That was inputted data.
- Q. So do you know what the historic tracking is
- in that database of, like, how they figure out alcohol

- 1 use, cocaine use, polypharmacy, or the other sorts of
- 2 things that we have talked about in terms of maternal
- drugs of abuse, substances of abuse, or other effects
- 4 on maternal health, pregnancy outcomes, or the health
- 5 of offspring?
- 6 MS. KEARSE: Object to form.
- 7 A. To generally answer the -- the main databases
- 8 usually are using an administrative database, which is
- 9 based on the ICD-9 or 10 billing codes, based on the
- 10 hospital records.
- Q. So a lot of the stuff we've been talking
- 12 about is not going to be tracked, correct?
- A. We've talked about a lot.
- Q. Well so in terms of maternal drugs of abuse
- and substance abuse, that's all not necessarily going
- 16 to be tracked with the level of detail that we're
- 17 talking about and have polypharmacy and the level of
- 18 smoking and things like that.
- 19 That's not in billing codes?
- A. No, that's incorrect, actually.
- Q. Okay. Your ICD-9 codes tracks all of the
- 22 different substances of abuse during pregnancy?
- 23 A. So, yeah, there was a recent paper in which I
- 24 didn't cite, but since you bring it up, I know there
- is a paper out there by Patrick, who is a senior

- 1 author, that looked at administrative databases with
- 2 predictive use and to look at if you had a certain
- 3 diagnosis, was it correlated with the chart.
- 4 So they looked at the diagnosis of NAS and
- 5 correlated it to opioid use, and they found that the
- 6 ICD-9 was 92 percent correlative, and the ICD-10 was
- 7 98 percent correlative with direct patient -- with
- 8 direct chart review.
- 9 Q. So do the billing codes track the level of
- 10 smoking, the level of cocaine use, the specifics of
- 11 polypharmacy? Do they have that level of detail from
- the databases that you're using?
- A. It's either -- it's a yes or no. So you
- 14 either use or you did not use. It does not have
- 15 specific numbers.
- Q. Okay. So there's no quantification of the
- 17 timing of the substance abuse during the pregnancy?
- 18 Like whether it's first, second, or third trimester?
- 19 A. Not for every single drug. Usually tobacco
- 20 is broken into that, but other substances it's usually
- 21 not broken down that detailed.
- Q. And so for polypharmacy, will it check yes or
- 23 no for polypharmacy, or will it give some sort of
- 24 pull-down for all the various substances that are
- involved in the polypharmacy?

- 1 MS. KEARSE: Object to form.
- 2 A. It will list all the exposures, and then if
- 3 it's more than one, it's poly.
- Q. I'm sorry to go back to this, but the ongoing
- 5 paper you have related to hepatitis C, is your
- 6 expectation that that is always through the use of
- 7 drugs that involve needles?
- 8 A. No.
- 9 Q. How else might a mother get hepatitis C and
- 10 pass it on to a child?
- 11 A. So your -- can you repeat the first question?
- 12 I think the way you asked it was if it was always
- 13 correlated with.
- Q. So I'll ask it again.
- 15 A. Yes.
- Q. I mean, you can have her read it back, I
- 17 don't care, but I can -- so what sort of drug use can
- 18 be associated with maternal transmission of
- 19 hepatitis C to a child
- 20 A. What we have found is that it's associated
- 21 with maternal opioid use.
- Q. So is that meaning that the -- they're taking
- 23 prescription pills pursuant to a prescription written
- 24 for them?
- 25 A. So the level that we are able to look at, if

- 1 it's illicit, we can only break it down -- when we use
- the word "illicit," it means it wasn't prescribed. So
- 3 I can't differentiate usually between heroin or
- 4 illicit use of Percocet, for example.
- 5 Q. Okay. So based upon how you understand
- 6 hepatitis C is transmitted in human populations, how
- 7 do you believe the mothers are getting the
- 8 hepatitis C?
- 9 A. It's usually bloodborne. It is bloodborne.
- 10 Q. So is that associated with use of drugs that
- 11 involve needles?
- 12 A. Yes.
- Q. So do you know if any of that's going to be
- 14 pursuant to a legal prescription written for them?
- 15 A. Can you repeat that?
- Q. Sure. I mean, maybe you've covered it.
- Do you think it's always related to the
- 18 illicit opioid or opiate use, correct?
- MS. KEARSE: Object to form.
- 20 A. So our breakdown I would -- I don't have that
- 21 data in front of me, so I can't -- I don't know -- I
- 22 couldn't answer that a hundred percent when I say
- 23 "illicit" if we ever -- we look at illicit versus
- 24 prescribed.
- Q. I mean, is anybody getting prescribed opioids

- or opiates where they're injecting themselves and
- 2 sharing needles such as that it could be bloodborne?
- A. I think there's literature to suggest that
- 4 illicit use of prescription opioids is associated with
- 5 illicit use of injectables.
- Q. Okay. So I'm not trying to be difficult, but
- 7 I'm trying to get to the actual time when the
- 8 transmission happens and what you're looking at.
- 9 A. Uh-huh.
- 10 Q. Is that to get the hepatitis C, somebody is
- 11 using an illicit drug that involves a needle, and so
- 12 you can have bloodborne transmission, correct?
- MS. KEARSE: Object to form.
- 14 A. To get hepatitis C is bloodborne.
- 15 O. Okay. And can that also be transmitted in
- 16 some other fashion, through unprotected sex or
- 17 anything like that, or is it always going to be
- 18 bloodborne?
- 19 A. I think that the current understanding is
- 20 that it's always bloodborne.
- Q. Okay. So that's never going to be directly
- from the use of a prescription opioid, correct?
- 23 A. If you -- you're -- can you get hepatitis C
- 24 from illicitly using a prescribed opioid?
- Is that your question?

- 1 Q. No, I didn't ask illicitly.
- 2 A. Okay.
- Q. I'm saying: Can you get hepatitis C from
- 4 using a prescription opioid in a legal fashion, like
- 5 pursuant to a prescription written for the person who
- 6 actually takes it?
- 7 A. No.
- 8 Q. Okay. So what you're alluding to is that
- 9 there is some suggestion that some patients who
- 10 ultimately are using heroin, or other needle-borne
- 11 narcotics, are -- may have started with some other
- 12 drug or series of drugs before they get into heroin,
- 13 let's say.
- 14 That's what you're talking about, right?
- 15 A. Uh-huh. Yes.
- Q. Okay. So by the way, in terms of that area,
- 17 the issue of, like, drug abuse patterns and the
- 18 neuropharmacology that relates to addiction, the
- 19 societal patterns of what's sometimes called the
- 20 gateway effect, whether that exists, doesn't exist,
- 21 how often it exists, those are all areas where you do
- 22 not hold yourself out as an expert, correct?
- MS. KEARSE: Object to form.
- A. Correct, in that I'm not an expert in that.
- Q. You're an expert in pediatrics, correct?

- 1 A. Yes.
- Q. And you hold yourself out as an expert in --
- 3 I guess it's described in the report here --
- 4 maternal-fetal issues related to opiate exposure; is
- 5 that correct?
- 6 A. It is.
- 7 Q. Are there any other areas where you hold
- 8 yourself out as an expert?
- 9 A. No.
- 10 Q. So, I mean, not to make it too simplistic:
- 11 But when you went to medical school and you picked the
- 12 area where you wanted to focus, all of your
- 13 specialized training has been in pediatrics,
- 14 correct?
- 15 A. Yes.
- Q. Okay. And so you don't hold yourself out as
- 17 an expert in treating pain, in pharmacology or
- 18 neuropharmacology of treating pain, any of the other
- 19 areas that we might talk about as being related to the
- 20 use of prescription or illicit opioids or opiates,
- 21 correct?
- MS. KEARSE: Object to form.
- A. It's a generalized statement, yes.
- Q. What about, like, obstetrics? Are you an
- 25 expert in obstetrics?

- 1 A. No.
- Q. Have you ever, outside of your early medical
- 3 experience, participated -- well, let me ask it this
- 4 way: So in some of these treatment of the
- 5 mother-child dyads, there's other healthcare
- 6 professionals who are focused on the mother,
- 7 correct?
- 8 A. We have specialists in our OPQC team that are
- 9 maternal-fetal medicine, addiction medicine
- 10 specialists, obstetrics, social workers, yes. We have
- 11 every field covered.
- Q. Okay. And even though you're talking about
- 13 all of those fields here, your part where you're
- 14 actually an expert is on the pediatrics side?
- MS. KEARSE: Object to form.
- 16 A. I do take care of pediatric patients,
- 17 correct.
- Q. Do you hold yourself out as an expert in
- 19 anything relating to the social services or
- 20 educational support that might be required because of
- 21 any kind of deficit in a newborn or a child?
- 22 A. So when we take care of the patient, it's the
- 23 family that we are addressing. So if a -- the whole
- 24 social service umbrella incorporates everything of the
- 25 family.

- 1 Q. So let me break it down because I can give
- 2 some examples.
- 3 You've already talked about occupational
- 4 therapy and physical therapy and when those might be
- 5 required and how those might correct some of the sorts
- of issues that you've identified, correct?
- 7 A. That is correct.
- 8 Q. So you're not an expert in occupational
- 9 therapy or physical therapy, correct?
- MS. KEARSE: Object to form.
- 11 A. So to get into that field of OT or PT, they
- 12 need a referral from us. So we determine if they need
- 13 those services.
- Q. Is that the extent of where you claim
- 15 expertise?
- 16 A. Yes.
- 17 Q. Okay. What about anything relating to social
- 18 work or the sorts of social services that are
- 19 typically provided on a county basis in Ohio?
- 20 A. Once again, it's knowing that they have a
- 21 need is our -- and then referral, and then
- 22 letting them take over.
- 23 Q. What about, like, the specifics of the social
- 24 work or the social services part of that, how you
- 25 would form a specific plan and what kind of staffing

- 1 you would need to implement additional care for a
- 2 mother-child dyad affected by drug abuse?
- 3 Those specifics would be beyond your
- 4 expertise as well, correct?
- 5 MS. KEARSE: Object to form.
- 6 A. That is correct.
- 7 Q. And, therefore, that's -- and that's part of
- 8 why in your report you didn't outline any specifics of
- 9 what you think -- actually think social services would
- 10 need to provide, correct?
- 11 A. Exactly.
- Q. And the same thing goes for any of these
- 13 areas in terms of obstetrical care or any of the
- 14 general topics that you've identified, that there
- 15 would be need for some sort of plan or some sort of
- 16 services to be provided to improve or -- I'm sorry --
- 17 as you say, optimize maternal-fetal outcomes.
- Those sorts of specifics would need to be
- 19 provided by experts in the specific fields, not you?
- MS. KEARSE: Object to form.
- 21 A. I agree with that.
- Q. And there's nowhere where, for this case,
- 23 you've gone forward and set out that level of detail
- 24 about what a specific program would need to include at
- 25 the level of detail that you would really need to

- implement a program, correct?
- MS. KEARSE: Object to form.
- A. Depends on what you mean by "detail," yes.
- Q. Well, I mean, we know that when it comes to,
- 5 like, the actual treatment of NAS children in the
- 6 hospital, when you initiate medication, how you might
- 7 do nonpharmacologic therapy, the -- what you might do
- 8 to provide different types of nutrition through breast
- 9 milk or formula, those sorts of things.
- There are extensive plans that have been
- 11 published by you and by some of the entities that we
- 12 talked about, right?
- 13 A. Yes.
- Q. Okay. But in terms of the level of detail to
- 15 say actually how you would implement a plan and what
- 16 staffing you would need for a plan, what money you
- 17 would need for a plan, on any of the other aspects of
- 18 your report, that's not anywhere that you've adopted
- 19 or referenced, correct?
- MS. KEARSE: Object to form.
- 21 A. That's accurate.
- 22 Q. And as we said, the recommendations that you
- 23 have across the board aren't specific to the needs of
- 24 Cuyahoga or Summit County.
- They're recommendations, I asked you before:

- 1 You would apply to any county in Ohio, but, in fact,
- 2 pretty much anywhere where they have babies being born
- of mothers who are abusing drugs, correct?
- 4 MS. KEARSE: Object to the form.
- 5 A. This is purely on opioids abuse, yes.
- Q. Other than that, my statement is correct?
- 7 A. Yes.
- 8 Q. And some of the things that you're
- 9 recommending here are, frankly, recommendations you
- 10 would have with maternal abuse of any substance,
- 11 right?
- MS. KEARSE: Object to form.
- Q. Follow up when they go home to monitor for
- 14 additional needs? The involvement of the family?
- 15 Consultation with social services to evaluate things
- 16 like outplacement needs, follow-up needs?
- 17 All of those things are the same things you
- 18 would recommend with any kind of maternal abuse of any
- 19 substance?
- MS. KEARSE: Object to form.
- 21 A. Not necessarily.
- Q. Okay. We would have to go through those one
- 23 by one to figure that out?
- A. Well I think that the social work aspect,
- what you mentioned there, was definitely one for any,

- 1 but there are specific follow-up differences that
- 2 are for opioid exposed that are different.
- Q. Okay. We'll go through that later on. I'm
- 4 just going to give you a -- kind of a heads-up.
- 5 Because one of the things that I think is important in
- 6 your field, and I want to know if this makes sense
- 7 because of how you do the research, and you work in
- 8 public health, is that you need to get a bunch of
- 9 stakeholders to actually implement any kind of change
- 10 to affect public health.
- 11 As you say in your presentations, "It takes a
- 12 village."
- You think that's right, don't you?
- MS. KEARSE: Object to form.
- 15 A. I do.
- 16 Q. Okay. So in terms of the stakeholders that
- 17 you would need to participate to implement your
- 18 general plan, kind of the end of your report, your
- 19 recommendations for improving outcomes, these aren't
- 20 just things that the county and people who work for
- 21 these counties would directly do.
- This would involve third-party hospital
- 23 chains and healthcare practitioners making changes.
- 24 It would involve potentially changes to state, local,
- 25 and federal law.

- 1 It would involve actions or changes in
- 2 behavior by a number of different actors or
- 3 stakeholders, correct?
- 4 MS. KEARSE: Object to form.
- 5 A. I'm not sure about laws needing to be
- 6 changed, but I think the other part of that question
- 7 was probably accurate.
- Q. Well, I mean, you didn't in any of your work
- 9 here do kind of a feasible analysis to see if any of
- 10 what you're proposing would run afoul of any laws or
- 11 would be in other ways not feasible to be implemented
- in a particular county, correct?
- MS. KEARSE: Object to form.
- A. So what we -- what is in that report is
- 15 something that definitely is not against any laws, if
- 16 that's what -- that we are aware of, that I'm aware
- of, if that was what you were asking me.
- 18 Q. Yeah, kind of. I asked if you did any kind
- 19 of analysis about feasibility, either in terms of
- 20 whether laws or the way laws are implemented would
- 21 need to be changed, or any other aspect of
- 22 feasibility, which would include access to additional
- 23 staffing and whether the third-party stakeholders that
- you would need to participate would be willing to
- 25 participate?

- 1 MS. KEARSE: Object to form.
- 2 A. No feasibility study was done.
- Q. Okay. So, for instance, in terms of, like,
- 4 the issue of laws, and I -- we'll get to it when we
- 5 get to specifics, but I want to make sure you
- 6 understand what I mean as I go forward with my
- 7 questions, because I want to make sure you actually
- 8 understand my questions.
- 9 A. Yeah.
- 10 Q. So, like, one of the issues with universal
- involuntary testing of drugs in connection with
- 12 maternal care is that there are places where there may
- 13 be some obligation to report illicit drug use or other
- 14 legal violations related to illicit drug use to
- 15 authorities, correct?
- 16 A. We never do involuntary testing.
- Q. Okay. So the women who come to any of the
- 18 facilities where you work or where you have some say
- in terms of how they do testing, if they show up and
- 20 you say: We have to do a test of your blood and your
- 21 urine to figure out if you're using drugs, they're
- 22 allowed to say: I don't want you to test my drug, but
- 23 give me care anyway?
- A. They have to consent to be tested, correct.
- Q. Okay. And what if they don't consent? Do

- 1 they get care, or do they have to go somewhere else?
- A. We give them care. We test the infant.
- Q. Okay. So no matter what, the infant is going
- 4 to be tested.
- 5 They don't have to consent to that?
- A. Mother does not need to give us consent to
- 7 test the infant.
- Q. Okay. So one of the things that's described
- 9 in some of your citations is that there are potential
- 10 ethical issues relating to doing this sort of testing.
- 11 If it creates a -- even at first consent, an
- 12 obligation to report somebody on for potential
- 13 criminal prosecution or other legal consequences,
- 14 including to, like, social services, where you might
- 15 have implications for custody and things like that,
- 16 right?
- 17 A. Correct. So at the time of that study, we
- 18 knew Tennessee was a voluntary -- that was a criminal
- 19 act.
- However, I think that was written in 2014, or
- 21 published. I think that law has changed since 2016 or
- 22 '18.
- Q. Do you know if there are any legal
- 24 impediments for doing the sort of testing that you
- 25 would recommend be done in Cuyahoga and Summit

- 1 County?
- 2 A. So in Ohio, I know there is not.
- Q. What about, like -- let me ask this: You
- 4 said that you've looked at the issue of whether the
- 5 possibility of legal ramifications, whether they be
- 6 prosecutions or custody actions, deter consent being
- 7 given to test maternal blood and urine, correct?
- 8 MS. KEARSE: Object to form.
- 9 A. We did a study to see if there was an
- 10 increase in home births in our region after
- implementation of universal testing, and we did not
- 12 find that.
- Q. Okay. Well is that the only potential
- 14 outcome of women who aren't willing to undergo the
- 15 testing? I mean, they could give birth somewhere
- 16 else? They could go to a different facility.
- 17 They -- there are other options, right?
- MS. KEARSE: Object to form.
- 19 A. So we did this regionally, so our region
- 20 encounters -- there's 18 hospitals in our region, so
- 21 they would have to make a significant -- and we
- 22 haven't seen a decrease in our regional births, so
- 23 nobody is leaving the region as far as we are aware.
- Q. Does your region cross the river, right
- 25 there, to Kentucky?

- 1 A. It does cross to Kentucky. It covers Indiana
- 2 also.
- Q. So is it your expectation that the risk of
- 4 essentially legal implications from positive drug
- 5 tests is not going to deter any opioid or
- 6 opiate-abusing pregnant women from getting the kind of
- 7 care that you recommend?
- 8 A. We have not seen any changes in our region
- 9 since implementation.
- 10 Q. That's good, right?
- 11 A. It is.
- Q. And what are the -- what are the benefits, as
- 13 far as you're concerned, of having universal maternal
- 14 testing with consent?
- 15 A. So there's multiple. One is what we found in
- our region, is that early identification that allows
- 17 us to know all opioid-exposed babies almost at the
- 18 time of delivery, so we can initiate the
- 19 nonpharmacologic treatment of that infant right away.
- 20 And this has led us to see a decrease in
- 21 our percentage of infants that are needing
- 22 pharmacologic treatment.
- 23 If you look at our regional compared to the
- 24 rest of the state, we are 12 percent lower in the
- 25 percentage of infants that need pharmacologic

- 1 treatment.
- Q. And what do you attribute that to, that
- 3 improvement?
- 4 A. It's one that we can initiate the
- 5 nonpharmacologic treatment right away. We have
- 6 also -- our readmission rate, we -- it has not been
- 7 increased, so we haven't seen any babies. Even though
- 8 we've seen an increased incidence of opioid use, we
- 9 haven't seen an increase rate of readmissions for NAS
- 10 because we're not discharging babies home and having
- 11 them withdraw at home. They're withdrawing in the
- 12 hospital.
- Q. So both of those are positive in terms of --
- 14 A. Correct.
- 15 Q. -- the health consequence for all of the
- 16 affected individuals, correct?
- 17 A. That is correct.
- Q. And they also have cost savings because 12
- 19 percent less pharmacotherapy results in cost savings
- 20 and resource savings, correct?
- 21 A. That is correct. Another large benefit is
- 22 that we identify moms that have never been known to
- 23 have a substance use disorder, and we can then get
- them into the care that they need to get in the
- 25 hospital time.

- Q. And is there any data suggesting that that's
- 2 happening more often?
- 3 A. So we are -- I don't have data to show
- 4 there's an increased rate from hospital to care, but I
- 5 know there's an increase in care in our region.
- Q. So let's go back to where we were.
- 7 You said that there's 12 percent less than
- 8 the rest of Ohio in terms of pharmacotherapy initiated
- 9 with NAS, correct?
- 10 A. That is correct.
- 11 Q. You said there's also a lower readmission
- 12 rate in your region than the rest of Ohio?
- 13 A. I did not state that.
- 14 Q. So --
- 15 A. We haven't seen an increase in our
- 16 readmissions for NAS even though the incidence of
- 17 exposure has increased.
- Q. Okay. And do you also attribute that to your
- 19 program?
- 20 A. I think that we are not discharging babies to
- 21 have them withdraw at home, which would make them be
- 22 readmitted. So, yes, I do attribute it to that.
- Q. And that's in part because of having the
- 24 universal testing?
- 25 A. Correct.

- Q. Okay. So have you done any kind of analysis
- of any of the cost savings associated with having
- 3 universal testing, either -- just in terms of
- 4 healthcare dollars or resources?
- 5 A. So we know that if you don't need
- 6 pharmacologic treatment in that 12 percent, that that
- 7 will decrease an average of 12 days of length of stay.
- 8 So it would be the 12 percent times 12 days, times how
- 9 many infants we have decreased.
- 10 Q. Right. So 12 days is about \$40,000,
- 11 according to your data.
- \$3,300 a day on average, right?
- 13 A. Yes, that is right.
- Q. And then -- so 12 percent of the total,
- that's a significant cost savings by reducing the
- 16 pharmacotherapy incidents, correct?
- 17 A. Right. So our region is around 25,000
- 18 deliveries a year.
- 19 Q. Okay. And so if there is an impact on
- 20 readmission, it would also have healthcare savings for
- 21 that?
- 22 A. Yes.
- 23 Q. Do they have universal testing in Cuyahoga
- 24 and Summit County?
- 25 A. No.

- 1 Q. You think they should, right?
- 2 A. Yes.
- Q. You think they should have initiated it
- 4 several years ago?
- 5 MS. KEARSE: Object to form.
- A. I don't think the data was out there when you
- 7 mean several years ago. I don't think our publish --
- 8 our paper was published until 2014, and it was novel.
- 9 It was one center, one site. We hadn't
- 10 really spread it. So our published paper was just on
- 11 a solo hospital here in our region.
- We then did spread it to our regional
- information, and then I think we really just published
- 14 that at the -- we have never published it, but we have
- 15 identified it through our OPQC database, so we just
- 16 are learning about it.
- 17 Q. Okay. So through the coordination through
- 18 OPQC, the results that you've had and the improved
- 19 outcomes in savings related to your program, including
- 20 universal testing of, mothers has been described to
- 21 the OPQC participants from Cuyahoga and Summit County
- 22 over the years, right?
- 23 A. So this data is just evolving, and so we have
- 24 a -- we've never looked at all opioid exposed until
- 25 the end of our data collection, so '17 to -- you know,

- 1 2017 to '18, so we've just finalized that collection
- 2 data, which is what we're -- you know, are just
- 3 starting to address.
- Q. In meetings of OPQC, going back to when you
- 5 were talking about the NAS initiative in 2014, during
- 6 that entire time, have you been suggesting that you
- 7 think that universal testing is better than just
- 8 universal screening?
- 9 MS. KEARSE: Objection to form.
- 10 A. So we have had a phone call. One of our
- 11 discussions was identification of the opioid-exposed
- infant, and, yes, that was one of the talks on it.
- Q. And so that's, what, five years ago?
- 14 A. No. Within the last two years.
- 15 Q. Okay. Do you have any idea why they're not
- 16 doing universal testing now in Cuyahoga or Summit
- 17 County?
- 18 A. It takes a regional approach, so we're lucky
- 19 enough in our region to have a collaborative where all
- 20 of the hospitals get together.
- 21 And so if you have competing hospitals in a
- 22 region and one says: I'm not going to do universal
- 23 testing, then the whole region is not going to -- it's
- 24 not going to work, because then they're going to defer
- 25 to hospital A and B if they're not doing universal

- 1 testing but they know X and Y are doing universal
- 2 testing.
- 3 So you need a whole approach as a community,
- 4 and so we are lucky enough in our region to have one
- 5 group to lead this, which is Cincinnati Children's
- 6 Hospital. And I think the other regions are -- I
- 7 don't know if there's collaboratives set up to
- 8 collaborate nicely.
- 9 Q. Right. So the region in which Cuyahoga
- 10 County resides and the region in which Summit County
- 11 resides, those are separate regions, correct?
- 12 A. They are.
- Q. Okay. So I'll ask about them separately.
- Do you know anything about any history of
- 15 discussions among the various hospitals in the region
- in which Cuyahoga County resides to -- about this
- 17 issue of adopting universal testing?
- 18 A. There have been discussions, but no
- 19 adaptations.
- Q. Is there some hospital chain or hospital
- 21 that's opposed?
- 22 A. I don't know if I could answer that question
- 23 without confidentiality that we have established in
- 24 our OPQC and OCHA database.
- Q. What confidentiality would that be?

- 1 A. Relieving -- showing one hospital. We've
- 2 always gone about de-identifying our hospital data
- 3 because we don't want to say that this hospital is
- 4 presumably doing better than this hospital because
- 5 there's multiple factors that are resolved.
- Q. So I'm not asking about how they're doing or
- 7 what any data is.
- 8 I'm asking about the discussions that you've
- 9 heard about in Cuyahoga County about who might be
- 10 opposed to universal testing?
- MS. KEARSE: Objection.
- 12 A. I've never sat in the room with all of the
- 13 hospitals there to discuss that in Cuyahoga County.
- Q. Or Cuyahoga County?
- 15 A. Cuyahoga County, yes, that county.
- Q. So what about in Summit County, or the region
- 17 where they are? Do you know anything about the
- 18 discussion there about universal testing?
- 19 A. I do not know about that discussion at that
- 20 regional level.
- Q. But you know from your colleague there that
- they haven't adopted it?
- 23 A. I do, yes.
- Q. And can you think of any legitimate medical
- reason, given the data that you think now exists, why

- 1 universal testing shouldn't have already been adopted
- 2 in those counties?
- MS. KEARSE: Object to form.
- 4 A. It takes a lot of work. You have to work
- 5 with your county level social workers to -- because
- 6 the number of referrals do increase. So we did --
- 7 prior to initiating regional approach, we met with
- 8 each one.
- 9 We -- it takes a lot of collaboration and
- 10 extra work with the OBs on the front line, and so it
- 11 took awhile for us to get this set up. Probably from
- 12 the time of our first publication to initiation, it
- was probably an 18-month ramp up.
- 14 O. Are either of those counties in the middle of
- 15 a ramp up right now?
- 16 A. Not that I'm aware.
- Q. So do you know if you need different
- 18 stakeholders to initiate this in Cuyahoga County or
- 19 Summit County in the sort of ones you described, OBs
- and hospital chains and stuff?
- 21 A. We have worked with -- so when we were
- 22 initiating in the Cincinnati counties, the Ohio
- 23 Hospital Association has been a good collaborator.
- 24 Hospital CEOs are always necessary to participate in
- this, too, because it does cost money and takes away

- 1 their bottom line.
- Q. It costs money, but it has long-term
- 3 savings?
- 4 MS. KEARSE: Object to form.
- 5 A. Correct.
- 6 Q. All right. So, how does it work that
- 7 universal testing actually leads to these benefits
- 8 that you're talking about? Is it that when there is
- 9 universal testing, you don't have to wait until there
- 10 are symptoms of withdrawal to initiate appropriate
- 11 therapy?
- MS. KEARSE: Object to form.
- 13 A. That's one of the benefits.
- Q. Okay. So if there are two possibilities, one
- is you don't have universal testing, you go off of
- 16 self-reporting, which is known to be an underreporting
- 17 for things like opioid use or other maternal drug use,
- 18 the same way it is with tobacco use, correct?
- MS. KEARSE: Object to form.
- 20 A. That is correct.
- Q. And so there's going to be a percentage there
- 22 where there actually is fetal exposure to drugs, but
- 23 you guys don't know about it until the child is born
- 24 and you do testing of the meconium and whatever else
- you test for drugs, correct?

- 1 MS. KEARSE: Object to form.
- 2 A. Or they have signs and symptoms of
- 3 withdrawal.
- Q. And so by the time they have signs or
- 5 symptoms or they get the results back of the testing
- 6 that you do, you have lost time to initiate
- 7 pharmacotherapy or more likely the nonpharmacotherapy,
- 8 the supportive sorts of things, like the extra
- 9 swaddling and other supportive therapies that you
- 10 recommend?
- 11 A. The nonpharmacologic therapy is delayed.
- 12 Pharmacologic usually isn't delayed because that
- 13 doesn't happen. Usually what we found, it was around
- 14 44 hours, so most of the time they're having signs and
- 15 symptoms or that testing is back on the infant by that
- 16 time.
- 17 Q. And is there some additional costs associated
- 18 with the nonpharmacotherapy?
- 19 A. There's no additional cost, but we do observe
- 20 babies longer if we know they're opioid exposed.
- Q. Does that mean they stay in the hospital
- 22 longer?
- 23 A. Correct.
- Q. But that's -- that has also benefits, you
- 25 hope, because they'll -- you'll reduce readmission?

- 1 A. That is correct.
- Q. Okay. So the data that's been published that
- 3 you've cited and you've worked on, some of that does
- 4 look at some of the nonpharmacologic therapeutic
- 5 interventions and their success in reducing length of
- 6 stay and the amount of total drug that they would be
- 7 given if they do need pharmacotherapy, correct?
- 8 A. Can you --
- 9 Q. Sure. I'll make it more general.
- 10 So you're aware of literature both because
- 11 you've worked on it, because you've cited it, that
- 12 looks at essentially the positive impact of some of
- 13 the strategies for nonpharmacologic intervention in
- 14 NAS babies, correct?
- 15 A. That is correct.
- Q. And so, in general, the non -- let's do it
- 17 this way: The majority of NAS babies will not require
- 18 pharmacotherapy, correct?
- MS. KEARSE: Objection.
- 20 A. That is correct.
- Q. And your goal is to reduce the percentage
- that have pharmacotherapy essentially as low as
- 23 possible through effective nonpharmacologic
- 24 interventions?
- 25 A. That is correct.

- Q. Okay. And your goal also is to reduce their
- 2 total length of stay, correct?
- 3 A. Correct.
- Q. And your goal is to reduce the amount of drug
- 5 that they would be given in terms of, you know,
- 6 morphine equivalent units, or whatever, and how long
- 7 they're given drug if they do have to be given
- 8 pharmacotherapy, correct?
- 9 A. That is correct.
- 10 Q. Okay. And in general, that's part of what
- 11 the OPQC initiative has been tracking, those sorts of
- 12 measures, right?
- 13 A. Yes.
- Q. And they've generally improved in the right
- 15 direction that you want for all of them since you
- 16 started tracking them in around 2014, correct?
- 17 A. That is correct.
- Q. Actually track them month by month across the
- 19 state, don't you?
- 20 A. We do.
- Q. Okay. And do you find that the counties with
- the program that you recommend, as opposed to, like,
- 23 what they're doing up in Cuyahoga and Summit, actually
- 24 have better results?
- 25 A. Can you -- you're asking if our region is

- 1 doing better than the other two regions?
- Q. Yep.
- A. I've compared our region to the statewide
- 4 data, not individual county levels.
- Q. Okay. So you know you're doing better than
- 6 the state?
- 7 A. Correct.
- 8 O. On all of these metrics?
- 9 A. Yes.
- 10 Q. Okay. And that isn't just a coincidence.
- 11 That has to do with having a better plan that
- includes universal maternal testing, correct?
- MS. KEARSE: Object to form.
- A. There's lots of things that go into it.
- 15 That's one of it. And we are also one of the few
- 16 regions that is using buprenorphine, as you mentioned
- 17 earlier.
- Q. So are they using buprenorphine as a first
- 19 line up in Cuyahoga and Summit County?
- 20 A. No.
- Q. Do you think they should be?
- 22 A. There's no great formulation yet for
- 23 buprenorphine for infants, and the data is really only
- out of our region and Philadelphia. So that hasn't
- 25 been widely adapted even in our region. We are still

- 1 focusing on the individual level.
- 2 So to recommend it as a first-line therapy in
- 3 a nonresearch environment, I don't -- that
- 4 recommendation is not there yet.
- Q. I understand you're talking about, like,
- 6 national recommendations, what you consider to be
- 7 standard of care.
- 8 But you, Dr. Wexelblatt, as somebody in this
- 9 area, thinks that buprenorphine should be the
- 10 first-line therapy for NAS children, right, or
- 11 infants?
- MS. KEARSE: Object.
- 13 A. Not in every hospital setting. It depends on
- 14 what your pharmacology support is at each hospital,
- 15 how you can compound it. So our first-line therapy at
- 16 some of our hospitals where we can compound it is
- 17 buprenorphine. At other level 2 hospitals, or more
- 18 rural settings, we use -- our recommendation would be
- 19 methadone.
- Q. Okay. That kind of breakdown of what you
- 21 recommend, depending on the level of hospital, is that
- 22 what's going on up in Cuyahoga County now?
- MS. KEARSE: Object to the form.
- 24 A. No.
- Q. You think they should be doing it the way you

- 1 are?
- 2 A. I think we have published a lot of
- 3 information that has shown promising results.
- Q. And you've been publishing that now over the
- 5 last four or five years, correct?
- 6 A. Ish, yes. Six. Yeah.
- 7 Q. You think in your mind, Dr. Wexelblatt,
- 8 there's enough information out here that Cuyahoga
- 9 County, the different levels of hospitals, should be
- 10 doing it the way you recommend and are doing it down
- 11 here in this region?
- 12 A. So our recommendation of methadone is part of
- 13 the OPQC protocol, so I know that those babies that
- 14 are being treated with methadone are following our
- 15 methadone protocol, which is -- which I know they are
- 16 following in Cuyahoga County.
- 17 Q. Okay. So you have a staggered recommendation
- 18 that there are certain types of hospital based upon
- 19 their level, their ability to, what, compound?
- A. Buprenorphine.
- Q. Is this -- is this a compounding issue?
- 22 A. Yes, and it's also a long term. There's not
- 23 been really any long-term studies at this point on
- 24 buprenorphine treatment with infants.
- Q. Okay. So let's go back to -- you have a

- 1 recommendation that you're following in this region
- 2 that gives different first-line therapy
- 3 recommendations depending on essentially the level of
- 4 hospital and their capabilities, correct?
- A. A recommendation is to pick one opioid in
- 6 your hospital and follow that, opioid regimen
- 7 protocol.
- Q. Okay. And that is not what's going on up in
- 9 Cuyahoga County as far as you know?
- 10 A. No. I know they are following that same
- 11 recommendation, pick one opioid and utilize that in
- 12 your hospital.
- Q. And are there any up in Cuyahoga County where
- 14 they're using buprenorphine as the first-line therapy
- 15 at equivalent hospitals to where buprenorphine is the
- 16 first-line therapy down in this region?
- 17 A. Not that I am aware of.
- Q. Okay. And you think they should be doing
- 19 that, right?
- 20 A. Like I said, it's still in the research phase
- 21 that we're developing information, and I can
- 22 understand why hospitals haven't adopted it yet.
- 23 Q. But you think using buprenorphine has, in
- 24 your mind, already sufficiently shown superior
- 25 performance to using methadone in the same setting for

- 1 treating infants with NAS who require
- pharmacotherapy?
- 3 MS. KEARSE: Objection. Form.
- 4 A. We have shown improvement within the
- 5 hospital, yes, of utilizing it. Our hospital --
- 6 initial hospital stay has improved by using
- 7 buprenorphine.
- 8 Q. Do you think that there has been adequate
- 9 testing on the safety and efficacy of buprenorphine in
- 10 this indication?
- 11 A. There has not been a great long-term study of
- 12 any infants with buprenorphine treatment and their
- 13 long-term exposures.
- Q. So do you think it has been adequately tested
- in the safety and efficacy or not so far?
- MS. KEARSE: Object to form.
- 17 A. Yes, knowing that it's the same type of
- 18 formulation that we would see in the adult, just with
- 19 a little bit of a different compound. It's not -- it
- 20 has to be liquefied instead of just a tablet, like it
- 21 is in the adults.
- 22 Q. Okay. So let's go to -- we've been talking
- 23 about Cuyahoga County.
- Summit County, same thing: Are they
- 25 following the recommendation, as far as you know, to

- 1 pick one depending on the level of hospital?
- 2 A. Yes.
- Q. Okay.
- 4 A. They are following that.
- Q. Are any of the hospitals in Summit County
- 6 having buprenorphine as the first-line therapy?
- 7 A. Not that I am aware of.
- Q. Okay. Are there hospitals there that you
- 9 think have the same criteria as the hospitals here for
- 10 the same level to be able to use buprenorphine as a
- 11 first-line therapy?
- 12 A. I would be making an assumption of their
- 13 capability, but I know that each county does have a
- 14 level 3 hospital in their county.
- 15 Q. Okay. So based upon your standards, you
- 16 think there should be at least one hospital in Summit
- 17 County using buprenorphine as first-line therapy, but
- 18 there isn't?
- MS. KEARSE: Object to the form. Misstates
- 20 his testimony.
- 21 A. I'm -- they -- our recommendation is to
- 22 initiate one opioid at the hospital, so which opioid
- 23 they pick, there's multiple variations.
- Q. I'm asking about Dr. Wexelblatt's view about
- 25 buprenorphine. I'm not asking about the OPQC

- 1 recommendation.
- 2 Based upon what you think is the right, you
- 3 as the expert in this field, think is the best way to
- 4 go for the best outcomes for NAS infants, you think
- 5 that at least one Summit County hospital should be
- 6 using buprenorphine as first-line therapy, but
- 7 currently there isn't any one right now?
- 8 MS. KEARSE: Object to form. Misstates his
- 9 testimony and argumentative.
- 10 A. I think if they want to utilize it in a
- 11 research setting and continue to do research like we
- 12 are on it, that would be great.
- Q. Okay. And is buprenorphine used in this
- 14 setting you think the standard of care now?
- 15 A. No.
- 16 O. What's the standard of care?
- 17 A. Methadone or morphine.
- 18 Q. The use of buprenorphine in this setting,
- 19 treating NAS babies who require pharmacologic
- intervention, is that an on-label or off-label use of
- 21 that drug?
- 22 A. Off label.
- Q. Do you think it's appropriate?
- 24 A. Yes.
- Q. Is that a decision you came to on your own,

- 1 or is that the result of some sort of marketing
- 2 information you got from the manufacturer of
- 3 buprenorphine?
- A. No, that is purely work -- research with
- 5 collaborators.
- Q. And so do you -- when you recommend the
- 7 initiation of buprenorphine in this context, do you do
- 8 some sort of additional disclosure that this is an
- 9 off-label use?
- 10 A. Almost every drug we use in the NICU is off
- 11 label.
- Q. So that's a no? You don't give them extra
- 13 information, frankly?
- 14 A. That is correct, unless they are
- participating in a research study, which we have done.
- O. For research studies, do you have a consent
- 17 form, and somewhere in there it says: By the way,
- 18 this is exploring a new indication that's not part of
- 19 what's approved for this drug?
- 20 A. Correct.
- Q. So the same thing goes for use of methadone.
- Is methadone in infants off label?
- 23 A. Yes.
- Q. You think it's appropriate?
- 25 A. Yes.

- 1 O. And use of -- what was the third one?
- 2 A. Morphine.
- Q. Morphine.
- 4 Morphine is also off label to be used in
- 5 infants to treat NAS, correct?
- 6 A. That is correct.
- 7 Q. Same thing goes for those: You don't have
- 8 any kind of additional consent for normal clinical use
- 9 outside of a clinical trial, correct?
- 10 A. That is correct.
- 11 Q. Okay. In this area, you don't see anything
- 12 wrong at all with using these drugs in this off-label
- 13 fashion, correct?
- 14 A. Correct.
- MS. KEARSE: Object to form.
- Q. And, in fact, it's standard of care, right?
- 17 A. Yes.
- Q. And part of what you're recommending
- 19 globally -- I know you're not necessarily telling
- 20 everybody which drug to pick in which hospital -- is
- 21 to address the impacts of the opioid or opiate
- 22 epidemic in parts of Ohio through the off-label use of
- 23 prescription pharmaceuticals; is that correct?
- MS. KEARSE: Object to form.
- A. We are recommending an off-label use of the

- 1 opioids, correct.
- Q. And would you need to do anything extra in
- 3 terms of deal with, like, a county or a state to have
- 4 them essentially endorse an off-label use based on
- 5 your experience?
- A. Like I mentioned, every drug -- almost every
- 7 drug we're using in the NICU is off label, so we --
- 8 it's the standard of care to use off-label drugs in
- 9 the NICUs.
- 10 Q. Are you ever the one to prescribe a drug to
- 11 the mother?
- 12 A. No.
- Q. People on your team do that, right?
- 14 A. People on the OPQC -- yes.
- 15 Q. But on the team at your hospital, as part of
- 16 the treatment of the mother-child dyad, somebody is
- 17 the one prescribing medication to the mother,
- including the prescription of buprenorphine and other
- 19 drugs, to get through the pregnancy or to aid in any
- 20 sort of treatment of the opioid abuse, correct?
- MS. KEARSE: Object to form.
- 22 A. That is correct.
- 23 Q. And it -- as far as you know, that's also off
- label, using that in a pregnant woman?
- MS. KEARSE: Object to form.

- 1 A. I'm not sure if it's off label for pregnant
- 2 women.
- Q. But as far as you understand, there is a
- 4 standard of care treatment of pregnant women that
- 5 involves medical professionals prescribing scheduled
- 6 opioids and opioid antagonists as therapy for pregnant
- 7 women?
- 8 A. MAT is part of the standard of care for
- 9 pregnant women.
- 10 Q. Okay. And is there any kind of carve-out
- 11 that you're aware of where it's, here's what's
- 12 appropriate for MAT, but once they're pregnant, you
- 13 have to stop?
- A. So I know that's -- when you talk about
- 15 naltrexone and naloxone, we try to get them only on
- buprenorphine or methadone for the moms.
- 17 Q. Why is that?
- 18 A. Just the literature about the safeties of
- 19 those and the long-term outcomes in the pregnancies.
- Q. And you also try to avoid withdrawal of the
- 21 mother during pregnancy, correct?
- 22 A. Yes.
- 23 Q. And that's one of the things that has been
- 24 addressed in the literature, is that the maternal and
- 25 fetal outcomes, including, like, early delivery, low

- 1 birth weight, etcetera, those are affected when
- there's an attempt to essentially get the mother to
- 3 stop using -- or stop abusing opioids or opiates
- 4 during pregnancy, correct?
- 5 A. We do not recommend detoxification during
- 6 pregnancy.
- 7 Q. Is that different than what I said about
- 8 getting -- trying to get somebody to stop using at
- 9 all?
- 10 A. Yes. So we wouldn't want to wean somebody
- 11 who's -- comes -- is on MAT, becomes pregnant. We
- 12 wouldn't want them to take themselves off their
- 13 prescribed methadone or buprenorphine.
- Q. Are you ever the one to counsel a woman who
- is pregnant and using, or abusing an illicit drug,
- 16 like heroin or one of these other medications that
- 17 you've been studying, about what the options are
- 18 relating to continuing or voluntarily discontinuing
- 19 the pregnancy?
- MS. KEARSE: Object to form.
- Q. Has that ever come up?
- 22 A. We get involved when they're stabilized in
- 23 their MAT, but we do meet with moms prior to delivery
- 24 if they're -- once they're in a program in our
- 25 region.

- Q. What about, like, early on in the pregnancy,
- 2 in the first trimester? Are you ever, Dr. Wexelblatt,
- involved in any kind of counseling about you're now
- 4 pregnant, and you're abusing a drug, and here might be
- 5 your options relating to the health of the child and
- 6 decisions about the pregnancy?
- 7 A. We are not involved in that. I am not
- 8 involved in that discussion.
- 9 Q. Are you aware of what those discussions are
- 10 like at your hospital?
- 11 A. I know, from working with our OB colleagues,
- 12 what those discussions are about non-detoxification
- 13 and stabilization.
- Q. What about -- is there any discussion at all
- 15 about whether patients who are within a certain window
- 16 where it would be legal in Ohio to voluntarily
- 17 terminate pregnancies where there's abuse of heroin or
- 18 one of these other illicit drugs?
- MS. KEARSE: Object to form.
- 20 A. Not aware of that ever occurring.
- Q. But you -- are you ever involved in the
- 22 contraception discussion postdelivery to encourage
- 23 somebody to go on, like, a long-acting reversible
- 24 contraception?
- 25 A. I don't personally have that conversation

- 1 with the mother, but I know the OBs do.
- Q. And that's part of your recommendation, is
- 3 that should be -- I mean, that's recognized literature
- 4 that you've cited, is that's an important public
- 5 health thing, is trying to reduce unintended
- 6 pregnancies, correct?
- 7 MS. KEARSE: Object to form.
- 8 A. Yes, that is correct.
- 9 Q. And is that something you consider to be part
- 10 of your overall proposal here, is that as much should
- 11 be done as possible to reduce unintended pregnancies
- 12 among drug abusing women in Cuyahoga and Summit
- 13 County?
- 14 A. I wouldn't use the word "drug abusing." It's
- 15 anybody in a -- substance use disorder would be a
- 16 better word.
- 17 Q. Okay. So is it your view, or your opinion as
- 18 part of your plan, that as much should be done as
- 19 possible to reduce unintended pregnancies among
- 20 somebody with a diagnosed substance abuse disorder in
- 21 Cuyahoga and Summit County?
- 22 A. Yes.
- Q. Okay. The data right now is that about 80
- 24 percent of the pregnancies in this population are
- 25 unintended, correct?

- A. And what do you find as "this population"?
- Q. Well, I mean, this --
- 3 A. Yes.
- Q. -- I'm quoting you from your report, so...
- A. Yes. If you're talking about opioid use,
- 6 yes.
- 7 Q. You think it's different with other substance
- 8 abuse?
- 9 A. I just didn't know what population, if you're
- 10 talking Summit County, Cuyahoga County, Hamilton
- 11 County, or just general.
- Q. Is it different in those different counties,
- or do you only have national or statewide data?
- 14 A. I didn't know if you were just talking 80
- 15 percent of all pregnancies.
- Q. I'm asking separate. Okay.
- So in this country, a high percentage of all
- 18 pregnancies are considered unintended, correct?
- 19 A. Correct.
- Q. And from a public health perspective,
- 21 reducing unintended pregnancy is generally considered
- 22 a good thing, right?
- MS. KEARSE: Object to form.
- 24 A. Yes.
- Q. For all populations, not just opioid abusing

- 1 or people with a substance abuse disorder, correct?
- 2 A. We know that it's associated with
- 3 prematurity, so, yes.
- 4 Q. Among other things?
- 5 A. Correct.
- Q. There are -- there are a number of negative
- 7 consequences on a population basis of unintended
- 8 pregnancy, and doctors and people who care about
- 9 public health want to reduce the percentage of
- 10 unintended pregnancies in all populations, not just
- 11 those who abuse drugs, correct?
- 12 A. Correct.
- Q. Okay. And when you talk about it would be
- 14 advisable to reduce the percentage of unintended
- 15 pregnancies from 80 percent in women who abuse opioids
- 16 or opiates, you also think it would be good to reduce
- 17 the rate of unintended pregnancy in women who are
- 18 abusing any substance or combination of substances,
- 19 right?
- MS. KEARSE: Object to form.
- 21 A. I would change the word "abuse" to anybody
- 22 with a substance use disorder, once again.
- Q. Otherwise agree with that?
- A. That decrease in the rate of short-term
- 25 interval is a good thing, if that --

- 1 Q. So why are you saying a short-term interval?
- 2 A. That's a medical -- you're saying the same
- 3 thing that I am.
- 4 Q. Okay.
- 5 A. Short term between pregnancies, so, yes.
- 6 Q. Got it. That's a whole other thing.
- 7 A. Yeah.
- 8 Q. You actually don't want a woman who has a
- 9 substance abuse disorder who's just delivered a child
- 10 to have an unintended pregnancy close in time because
- 11 that has additional negative impacts on the
- 12 development and health of the first child?
- A. No, it's the pregnancy.
- Q. The pregnancy?
- 15 A. Yes.
- 16 O. Doesn't it also --
- 17 A. That's the prematurity.
- 18 O. Doesn't it also affect the data on the
- 19 behavioral, educational, and social services needs of
- 20 the first child if there is an additional second
- 21 pregnancy in the same drug abusing mother?
- MS. KEARSE: Object to form.
- A. So are you talking about illicit use only,
- 24 then? Because you're saying "drug abusing."
- 25 Q. Yep.

- 1 A. So I don't know how you would differentiate
- 2 that. I'm not aware of that data.
- Q. Makes sense, though, doesn't it?
- 4 MS. KEARSE: Object to form.
- 5 A. I don't know how -- the impact would have on
- 6 the infant that was already born?
- 7 Q. Right. So, like, splitting attention, and if
- 8 there are going to be two children under the age of 2
- 9 in a household, that, statistically speaking, is close
- 10 to 90 percent likely to be on Medicaid, that is likely
- 11 to have exposure -- increased exposure to trauma and
- 12 violence and abuse, to have increased incidence of
- 13 housing uncertainty and food uncertainty.
- 14 All of those sorts of factors that you lumped
- 15 under socioeconomic status, those are all known to
- 16 have implications for behavioral, educational, and
- 17 social services needs of children, right?
- MS. KEARSE: Object to the form.
- 19 A. In that specific example you gave with all of
- 20 those negatives, correct.
- Q. And any one of those negatives is also known
- 22 to have negative implications for the social services,
- 23 medical, and educational needs of children, right?
- MS. KEARSE: Object to form.
- A. Each one individually, yes, but I don't know

- 1 about the short term -- we don't see twins. When
- 2 you're saying that it would deter the infant's
- 3 attention, I don't think we've seen that.
- Q. Okay. So is there any effort going on right
- 5 now, when you talk about the control study that you're
- 6 applying for a grant to do, where you would be able to
- 7 get down to the level of tracking the real world
- 8 individualized inputs or factors that would affect
- 9 behavioral, educational, and social services needs of
- 10 children other than just socioeconomic status?
- MS. KEARSE: Object to form.
- 12 A. So our hope, if we're going back to this
- other -- a control group, if we can pick the biggest
- 14 header that would control for most of those, then we
- 15 would address it. So if we know that we can match
- 16 insurance type of public versus private, then most of
- 17 those -- all of those socioeconomic status stuff
- 18 should be equal. We look at it and we track it to
- 19 see if it is.
- Q. Well what are you going to look --
- 21 A. You can't do it up front. That's not
- 22 possible.
- 23 Q. What are you going to look at and track? Are
- 24 you going to track, like, exposure to violence?
- 25 Abuse? Housing uncertainty? Food uncertainty? You

- 1 know, number of moves a year?
- 2 Like what are all of the factors you would
- 3 track?
- A. So regionally we would assume, if you're in
- 5 the same region with the same socioeconomic status,
- 6 all of those should be equal.
- 7 Q. Except now you have the overlay of one is
- 8 somebody whose mother is abusing drugs, and one is
- 9 not.
- 10 A. Not always abusing drugs. Sometimes they're
- 11 substance -- they're exposed, but they're not
- 12 abusing.
- Q. Okay. So in any of your data, are you going
- 14 to break it up by the way it is for people who are
- abusing as opposed to having medically supervised
- legal use of prescription opioids?
- 17 A. We'll be tracking illicit versus
- 18 prescribed.
- 19 Q. Okay. Currently is there information that
- 20 shows that any of these outcomes are worse with
- 21 illicit use of opioids versus medically supervised
- legal use of prescription opioids?
- A. Which measures?
- Q. Any of the measures you think are important
- 25 to track the negative impacts of neonatal abstinence

- 1 syndrome, short term or long term?
- 2 A. So we know there is a difference in illicit
- 3 versus prescribed opioid use in NAS on some factors,
- 4 yes.
- 5 Q. Which factors, sir?
- A. So, we know percent that need pharmacologic
- 7 treatment of stabilized MAT does -- the longer you're
- 8 in it is better.
- 9 We know that babies that have illicit use
- 10 show their onset of symptoms earlier than those with
- 11 prescribed, and sometimes that means they have a
- 12 shorter hospital stay.
- And from a long-term out -- long term we
- 14 don't have that data yet that we have -- nobody has
- 15 really done that research yet.
- Q. Do you have an opinion, as you sit here
- 17 today, as to whether the long-term data is going to be
- 18 worse with illicit use of things like heroin and
- 19 fentanyl analogues versus just a mother who at some
- 20 term -- point during her pregnancy was taking a
- 21 prescription opioid under the supervision of a
- 22 doctor?
- 23 A. I don't have that data at this time. I don't
- 24 know that data.
- Q. Does any of the work you've done so far break

- 1 it up that way, where you can say: Here's what we're
- 2 seeing with illicit abuse of substances like heroin
- 3 versus somebody whose -- where the infant's exposure
- 4 during pregnancy was just from prescription opioid
- 5 being used under the direction and prescription of a
- 6 licensed healthcare professional?
- 7 A. So we do look at some of our papers short
- 8 term -- short acting versus long acting. So the long
- 9 acting would only be methadone and buprenorphine. The
- 10 short acting would lump heroin and Percocet
- 11 altogether, and so there have been differences there.
- 12 And --
- Q. But back to my question: The answer is, no,
- 14 we don't have any data yet that looks at impacts on
- 15 NAS short term or long term and breaks them up based
- 16 upon whether the in utero exposure was pursuant to
- 17 illicit use of drugs or pursuant to all legal use of
- 18 prescription opioids under the direction of a licensed
- 19 healthcare professional?
- MS. KEARSE: Object to form.
- 21 A. I think we did look at one of our papers that
- 22 had illicit versus prescribed. I would have to go
- 23 through them all to find that reference.
- Q. Do you know which one that was? Maybe I can
- 25 save you a step.

- 1 A. I think our very first paper, Hall
- 2 Wexelblatt -- the OCHA study in 2014 in Pediatrics
- 3 looked at that.
- Q. Okay. That doesn't have long-term outcomes,
- 5 does it?
- 6 A. It does not.
- 7 Q. And do you have an opinion, as you sit here
- 8 today, that there are better or worse long-term
- 9 outcomes based upon legal use versus illegal use by
- 10 mothers who deliver NAS children?
- 11 A. We don't have that data at this time.
- 12 Q. And do you have an opinion, as you sit here
- 13 today, as to the percentage of NAS babies in Cuyahoga
- 14 or Summit County that are attributed to --
- 15 attributable to illicit versus legal use of
- 16 prescription opioids under the direction of a licensed
- 17 healthcare professional?
- 18 A. I do not know their county-specific data.
- Q. And none of the -- actually none of the work
- that you've done for this case so far, none of the
- 21 opinions you intend to offer, breaks anything up by
- 22 impacts of legal opioid use, where a doctor has
- 23 prescribed an opioid to a patient who takes it legally
- 24 under the direction of the doctor, versus all of the
- various types of illicit drug use, including heroin,

- 1 fentanyl analogues, combination of drugs on the
- 2 street, all of that?
- MS. KEARSE: Object to form.
- 4 A. Yeah. From the infant side, they don't care
- 5 why they're exposed to the opioid. It's either
- 6 they're exposed or not exposed.
- 7 Q. I understand that.
- But I'm saying: For the opinions you intend
- 9 to offer in the case, you're not, like, offering your
- 10 opinion where you're going to say, I can break this up
- in terms of here are the impacts or here is the need
- 12 to do something different solely related to the legal
- use of prescription opioids, correct?
- MS. KEARSE: Object to form.
- 15 A. So we do recommend prescription MAT over
- 16 illicit use, so that would not fall into your category
- 17 there.
- Q. So let me break it up, then.
- 19 So one of the things that you talk about in
- 20 general, one of your identified topics, is the impact
- of the opioid or opiate epidemic in Ohio, including
- 22 Cuyahoga and Summit County, correct?
- 23 A. That is correct.
- Q. When you provide those opinions, none of
- 25 that -- none of those opinions are broken up to say,

- 1 here is how much of this I think is related to illicit
- 2 use versus legal use, correct?
- A. I did not break that up, correct.
- 4 Q. And for your proposals, although clearly
- 5 you're suggesting that legal use under the guidance of
- 6 licensed healthcare professionals as part of MAT or
- 7 pharmacotherapy of NAS infants, you're also not
- 8 breaking up anything about your outcome -- the
- 9 proposals you have to address these impacts based upon
- 10 legal use versus illicit use?
- MS. KEARSE: Object to form.
- 12 A. I didn't break that out.
- Q. Okay. You understand the issue, right? You
- 14 understand the issue I'm highlighting for you?
- 15 A. Not entirely know where you're going, but...
- 16 Q. Okay. Well let me make sure I understand
- 17 what you're opining on and what you're not opining on.
- 18 So nowhere in your intended testimony at
- 19 trial will you offer some sort of cost of remediating
- or fixing any aspect of the opioid epidemic, including
- in NAS babies or any maternal issues?
- You're not giving any cost opinions at trial,
- 23 right?
- MS. KEARSE: Object to form.
- 25 A. Just a generalized if you decrease the length

- of stay, you're going to decrease the cost.
- Q. Okay. So basically you have things you want
- 3 to do to save money, save healthcare dollars?
- A. All we're proposing -- yes, that's one of the
- 5 goals, is to improve the outcomes.
- Q. Okay. But you're not going to offer any
- 7 opinions about how much any of your plan would cost if
- 8 it were implemented in Cuyahoga County, Summit County,
- 9 or both, correct?
- 10 A. That is correct.
- 11 Q. Okay. And you're certainly not offering some
- 12 sort of opinion about how much it would cost to just
- address the portion of this that relates to people
- 14 taking legal prescription -- legal prescriptions of
- 15 prescription opioids?
- MS. KEARSE: Object to form.
- 17 A. Correct.
- Q. Okay. Do you have an understanding as to how
- 19 much of the NAS you see is related to legal use versus
- 20 illicit use?
- 21 A. I would have to go back to our data to look
- 22 at that. I don't know off the top of my head.
- 23 Q. Okay. Do you have a -- like a majority is
- 24 illicit? Do you have an understanding at that level?
- 25 A. I think a third is illicit.

- 1 O. A third is illicit?
- 2 A. I think that's what we published in our first
- 3 paper.
- Q. Okay. So you think two-thirds, then, are
- 5 people who are only taking while pregnant under the
- 6 direction of a -- of a doctor and they're not using
- 7 polypharmacy or some other illegal drugs at the same
- 8 time?
- 9 A. So illicit opioid. So the nonillicit would
- 10 include MAT and prescribed opioids.
- 11 Q. Okay. So --
- 12 A. So any prescribed opioid.
- 0. What about the --
- 14 A. I just --
- 15 Q. I'm sorry. I didn't mean to cut you off.
- A. I think that's what we published in our very
- 17 first paper, was our illicit use back then.
- Q. Do you have any opinions that would look at
- impacts or what to do to fix any of the impacts that's
- 20 focused at all just on the prescription part of it?
- 21 Like patients who got a legal prescription for an
- 22 opioid and then took it pursuant to directions with no
- other illegal drugs at the same time?
- MS. KEARSE: Object to form.
- A. What would be my recommendation? Is that

- what you're asking?
- Q. Do you intend to offer any opinions that's
- 3 limited to just those issues?
- 4 A. Yeah.
- 5 Q. You do?
- A. That if you never get a prescription, you're
- 7 never going to have NAS.
- 8 Q. Okay. So what about the percentage of people
- 9 in Ohio who use heroin and heroin was the first drug
- 10 they ever used?
- MS. KEARSE: Object to form.
- 12 Q. That happens, right?
- 13 A. I'm sure it has.
- Q. I mean, NAS has been described in the medical
- 15 literature since, what, the 1970s?
- 16 A. 1975 was the first paper, correct.
- Q. I think I have it and have read it. It was a
- 18 page-turner.
- But the NAS that's described in the earliest
- 20 stuff was, what, related to methadone use in pregnant
- 21 women, or is it related to heroin?
- 22 A. Heroin.
- 23 Q. So there have been withdrawal and specific
- 24 clinical entity described from heroin use in pregnant
- women for more than four decades now, correct?

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1 MS. KEARSE: Object to form.
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- 2 A. That is correct.
- Q. And do you know what percentage of the NAS
- 4 babies that the drug use they have has only ever been
- 5 legal?
- 6 Let me withdraw that. Let me -- let me fix
- 7 it, I think, because we're including MAT, right?
- Nobody's -- the people aren't starting with
- 9 MAT unless they already have an addiction or a
- 10 diagnosed disorder, correct?
- 11 A. That is correct.
- Q. So, there's some portion of pregnant women
- who are getting a legal prescription for an opioid for
- 14 chronic pain, for instance, right?
- 15 A. That is correct.
- Q. And you have that in your hospitals,
- 17 correct?
- 18 A. Yes.
- 19 Q. Sometimes prescribed by your colleagues,
- 20 correct?
- 21 A. Yes.
- Q. And you're not here to opine that
- 23 prescription use of opioids in pregnant women for an
- 24 indication like chronic pain is always wrong, are
- 25 you?

- 1 MS. KEARSE: Object to form.
- 2 A. No.
- Q. In fact, it may be completely appropriate and
- 4 standard of care, correct?
- 5 MS. KEARSE: Object to form.
- 6 A. Yes.
- 7 Q. And when it comes to medical-assisted
- 8 therapy, that is that somewhere along the line,
- 9 somebody has an addiction disorder that may involve
- 10 legal drugs or illegal drugs or some combination of
- 11 them, right?
- 12 A. MAT is given in conjunction with behavioral
- therapy for people that have a substance use disorder.
- Q. Do you intend to offer any opinions as to how
- 15 often MAT is required where somebody has only ever
- 16 taken a legal prescription in the amount given to
- 17 them?
- 18 A. I do not know that information.
- 19 Q. I mean, so the way it would work is, like,
- 20 you have a doctor, Dr. Wexelblatt, who writes a
- 21 prescription for an opioid for a particular patient
- 22 for an indication, and it has a certain drug and a
- 23 quantity and a dosage, and they can take it pursuant
- 24 to your recommendations, correct?
- That's one way that somebody could be using

- 1 an opioid?
- 2 A. That is correct.
- Q. Okay. Does that ever happen? Dr. Wexelblatt
- 4 ever writes a prescription for an adult like that?
- 5 A. Do I --
- Q. Yeah.
- 7 A. -- personally? No.
- 8 Q. Have you ever written an opioid prescription
- 9 for an adult?
- MS. KEARSE: Objection.
- 11 A. No.
- Q. Have you ever written a prescription for an
- 13 adult for anything?
- 14 A. Yes.
- Q. Back in, what, residency? When would that
- 16 have been?
- 17 A. Define adult age.
- 18 Q. Well 18 or up.
- 19 A. Yes, I have prescribed a -- an antibiotic for
- 20 a person between 18 and 20.
- Q. Okay. I'm not going to --
- 22 A. So that's -- pediatrics is allowed up to 21
- in some areas.
- Q. Okay. Fine.
- That's it, though? No --

- 1 A. Correct. No nonantibiotics outside of their
- 2 indication.
- Q. Okay. So do you know what percentage of the
- 4 people who end up in MAT are only ever taking the
- 5 prescriptions like you've described, which is, a
- 6 doctor writes a specific prescription for a specific
- 7 opioid in a specific dosage and frequency, and that's
- 8 all the patient ever takes? Never additional drug,
- 9 never illegal drugs, never polypharmacy?
- MS. KEARSE: Object to form.
- 11 A. I do not know those numbers.
- Q. And are you an expert on those sorts of data
- or those sorts of trends?
- 14 A. No.
- Q. Do you intend to opine at trial as to how
- 16 people get what their particular pathway is to get to
- where they might ever be on MAT?
- 18 A. Restate that --
- 19 Q. Sure.
- A. -- one more time, please.
- Q. So, like, in the data that you track on
- 22 maternal drug use, you're tracking the use while
- 23 pregnant, right?
- 24 A. Correct.
- Q. You don't do some sort of deep dive to go

- 1 back to how they got their drugs, where they first got
- them, how much they were buying on the street, which
- 3 particular, you know, dealers they use, whether they
- 4 stole the drug, when they have ever, if ever, had a
- 5 legal prescription taken legally?
- 6 Do you go to that level of detail ever?
- 7 MS. KEARSE: Objection.
- 8 A. Oh, we have that discussion often with the
- 9 patient.
- 10 Q. And is that tracked in a systematic
- 11 fashion?
- 12 A. Not tracked --
- 13 Q. Okay.
- 14 A. -- but...
- 15 Q. So do you -- do you have an impression as to
- 16 how often it is that the patients -- you end up
- 17 treating their children or their future children, how
- 18 often it is that they're getting to require
- 19 medical-assisted therapy where all they've ever done
- 20 is taken a legal prescription of an opioid and never
- 21 something else, something illegal, excessive,
- 22 violating doctor's recommendations, any of that?
- A. I have talked to many women that have had
- 24 that pathway.
- Q. And what about the later pathway, where along

- 1 the way they also use street drugs, they take
- 2 additional drugs beyond what they're prescribed?
- A. I've seen that pathway also.
- 4 Q. Okay. Do you intend to offer any opinions
- 5 about how often either of those possibilities occur in
- 6 your patient population?
- 7 A. I don't have a percentage of the patients I
- 8 see, but I've seen those pathways.
- 9 O. Both?
- 10 A. Correct.
- 11 Q. Do you hold yourself out as an expert in how
- 12 to treat the mothers in this situation?
- 13 A. I -- the mother's addiction or the mother's
- 14 best therapy for a pregnant woman to do with a
- 15 substance use disorder?
- 16 O. How to treat the mother's addiction.
- 17 A. So my -- I know the best course for her is to
- 18 be in an MAT versus a nonsupervised setting.
- 19 Q. So for the work here, there is some data that
- 20 you've cited that's specific to Summit and Cuyahoga
- 21 County, correct?
- 22 A. That is correct.
- 23 Q. Typically from OPQC, that there is some data
- 24 that's generated where you have it on a
- 25 county-by-county basis, but there's some other

- 1 statewide kind of, I guess, databases that are
- 2 utilized to get percentages of admissions involving a
- 3 certain diagnosis, that sort of thing?
- 4 A. So the ODH and the OHA have databases that
- 5 the information was collected from.
- Q. And the ones that you've identified in
- 7 connection with your report itself are the only
- 8 Cuyahoga or Summit-specific data that you considered
- 9 in forming your opinions, correct?
- 10 A. Those are the only ones I included in that
- 11 report.
- Q. Okay. Are there additional ones you
- 13 considered in forming your opinions that you haven't
- 14 disclosed?
- 15 A. I know -- I -- we have access to all of the
- 16 counties, but did not put all 83 in the report.
- 17 Q. Do you --
- 18 A. The --
- 19 Q. -- intend to go get data on Cuyahoga and
- 20 Summit County to supplement your report or look at
- 21 additional data beyond what you've already
- 22 disclosed?
- 23 A. No.
- Q. So in this litigation, Cuyahoga County and
- 25 Summit County are parties, and they've filed

- 1 complaints and they've produced documents in
- 2 connection with the litigation, and they also have
- 3 representatives and employees, current and past, who
- 4 have given testimony.
- 5 Was that your understanding?
- A. I'm not aware of what they've done.
- 7 Q. Have you ever looked at, like, complaints in
- 8 this case that were filed by either Cuyahoga or Summit
- 9 County?
- 10 A. No.
- 11 Q. Do you have an understanding of what they
- 12 allege?
- 13 A. In a broad term maybe.
- 14 O. Can you give me your broad understanding of
- 15 what the counties allege?
- 16 A. That there was oversupply and overmarketing
- 17 of opioids and overdistribution and over -- I quess --
- 18 I don't know, the -- distribution.
- 19 Q. Based on your own personal knowledge as a
- 20 doctor in Ohio who's dealt with doctors in those
- 21 parts -- in those counties as well, do you intend to
- 22 talk about whether any of the Plaintiffs' allegations
- 23 are correct or incorrect relating to oversupply or
- 24 marketing?
- A. I haven't looked at their exact complaint,

- 1 but I do have -- know the statewide data, the number
- of prescriptions that we've seen statewide.
- Q. And that's the extent of what you can do, is
- 4 you can say, I know that the prescriptions have gone
- 5 up over time?
- 6 A. Correct.
- 7 Q. And then they drop starting several years
- 8 ago, right?
- 9 MS. KEARSE: Object to form.
- 10 A. They do decrease when we started working on
- 11 this in 2012, correct.
- Q. Right. So for the last seven years, the
- opioid prescriptions in Ohio have been dropping every
- 14 year?
- MS. KEARSE: Object to form.
- 16 A. I think so, yes.
- Q. So do you know the names of any of the
- 18 Defendants in this litigation?
- 19 A. No. Well, I take that back. I do know
- 20 possibly two, I think.
- Q. Who are the two you think you know?
- 22 A. Purdue and Cardinal Health.
- 23 Q. Okay.
- A. I don't know if I'm correct.
- Q. Do you intend to offer any testimony specific

- 1 to either of them, what they did or didn't do, or
- 2 should or shouldn't have done?
- 3 A. No.
- Q. And so the other, like, 15 defendants, you
- 5 certainly aren't offering any opinions specific to
- 6 their conduct, correct?
- 7 A. I didn't know there was 17.
- 8 Q. So let's go back to the allegations of the
- 9 Plaintiffs and what their information is.
- 10 We talked about conversations you may have
- 11 had through OPQC with people who work in those
- 12 counties, correct? Remember that?
- 13 A. Uh-huh.
- Q. And we talked about --
- 15 A. Yes.
- Q. -- how you've seen some county-specific data
- 17 along the way, correct?
- MS. KEARSE: Object to form.
- 19 A. It's regional data for OPQC.
- 20 Q. I know --
- 21 A. You're talking about OPQC now.
- 22 Q. I'm not.
- You've also seen some Cuyahoga and
- 24 Summit-specific date from some of the sources that
- 25 you've cited, correct?

- 1 A. That is also correct.
- Q. So in connection with your role in this
- 3 litigation, have you read any testimony given by
- 4 anybody who is a representative of or ever worked for
- 5 Cuyahoga or Summit County?
- 6 A. No.
- 7 Q. Have you looked at any of the documents
- 8 they've produced in the litigation?
- 9 A. No.
- 10 Q. Have you looked at any of their discovery
- 11 responses explaining what they think their harms were
- 12 or what their particular allegations are, or any of
- 13 those other things?
- 14 A. No.
- Q. What about anything from the Defendants?
- 16 Have you looked at any documents produced by any
- 17 Defendant?
- 18 A. No.
- 19 Q. Do you have the ability to offer any opinions
- 20 about whether any portion of any harm that's claimed
- 21 by Cuyahoga or Summit County was caused by any action
- or inaction of any specific Defendant?
- A. I would have no idea at this point without
- 24 looking at anything.
- Q. And the same thing goes for groups of

- 1 Defendants? You couldn't offer that testimony?
- A. Wouldn't know who you were talking about, so,
- 3 no.
- Q. I didn't think so, but I'll spot you
- 5 something: There are manufacturers, and there are
- 6 distributors, and there are retail pharmacy
- 7 defendants. Those are three ways that you might group
- 8 this.
- 9 You're not going to talk at trial about
- 10 anything the manufacturers as a whole did or didn't do
- and how that caused any harm, correct?
- MS. KEARSE: Object to form.
- 13 A. Not my area of expertise.
- Q. So you're not going to do it, right?
- 15 A. Yeah, I would assume not.
- Q. Okay. I mean, that's kind of the way this
- 17 works, is you disclose opinions, you claim expertise,
- 18 and as I understand you, Dr. Wexelblatt, you're going
- 19 to only try to offer opinions at trial that are
- 20 disclosed within your area of expertise and where
- 21 you've done enough research and evaluation that you
- 22 can offer an opinion.
- 23 Am I right so far?
- A. That is a hundred -- correct.
- Q. Okay. So you're not going to offer any

- 1 opinions about what any group of distributors did or
- 2 didn't do, or how that caused any harms, or what --
- 3 anything would need to be done to try to fix any of
- 4 that?
- 5 MS. KEARSE: Object to form.
- A. That's correct.
- 7 Q. Same thing for the other group of the
- 8 Defendants, the retail pharmacies, correct?
- 9 A. If they're mentioned, yes.
- 10 Q. And so this brings us back to where we were
- 11 about the issue of licit versus illicit drugs. I am
- 12 not sure you used the word "licit." I just did.
- But do you know what that means?
- 14 A. Prescribed?
- 15 Q. Well legal, yeah.
- 16 A. Okay.
- Q. So -- because you could have a prescribed
- 18 drug that's used illegally, right? Like you could --
- 19 A. Right.
- Q. -- steel somebody's prescription or you could
- 21 give it to somebody else and then the use ultimately
- 22 is illegal or illicit, correct?
- 23 A. You could -- yes, that is correct. You could
- 24 illicitly use a prescribed substance.
- Q. In various ways, including buying and on the

- 1 street after it's been stolen from a pharmacy or a
- 2 truck, or whatever, right?
- 3 A. That's one way.
- 4 Q. And in none of your opinions that you're
- 5 intending to offer at trial are you going to focus on
- 6 what you recommend or any description of the impact on
- 7 NAS or maternal fetal outcomes based solely on the
- 8 legal use of prescription drugs by the patient who's
- 9 supposed to be taking them and taking them according
- 10 to the directions of the doctor, correct?
- MS. KEARSE: Object to form.
- 12 A. Yes, that is correct.
- Q. You're also not going to be offering any kind
- of opinion, as I understand it, about how much things
- 15 would be better if basically Cuyahoga and Summit
- 16 County had been doing all of what you think had been
- 17 reasonable from the time when you think they should
- 18 have initiated it?
- MS. KEARSE: Object to form. Misstates his
- 20 testimony.
- 21 A. Yeah, I think it's unknown to say when --
- 22 what would change it.
- Q. Therefore, you're not doing that?
- A. I don't know how to answer that question. I
- 25 don't know what you're --

- 1 Q. Let me -- let me ask this complete question:
- 2 Given that you don't know how things would be
- 3 different if Cuyahoga and Summit County had taken
- 4 additional steps over time to address NAS and maternal
- 5 use of opioids and opiates while pregnant, you don't
- 6 intend to offer any testimony at trial that basically
- 7 focuses on what additional things would need to be
- 8 done now if they had done what you thought would have
- 9 been appropriate?
- MS. KEARSE: Object to form.
- 11 A. It's a long question.
- 12 Q. It is. I've been told to try again.
- 13 Let me ask it this way --
- 14 MS. KEARSE: And I don't even know that it
- 15 was a question.
- 16 MR. ALEXANDER: It was. It was -- it was
- 17 most definitely a question.
- 18 Q. So, Dr. Wexelblatt, do you have an
- 19 understanding at the level of detail of what's going
- on down in your region as to what Cuyahoga County is
- 21 doing with regard to prevention, education and
- training, supportive services, and intervention now?
- 23 A. Their county compared to our county, do I
- 24 know the differences?
- 25 O. Yeah.

- 1 A. No.
- Q. What about Summit County? Do you know at a
- 3 level of detail what Summit County is doing now in
- 4 terms of -- these are your areas of recommendation:
- 5 Prevention, education and training, supportive
- 6 services, and interventions, specific to neonatal
- 7 abstinence syndrome and impacts on maternal use of
- 8 opioids and opiates?
- 9 A. I know that they are working on them all, but
- 10 not to the level of detail that I could compare one
- 11 county to another county.
- Q. So if we go back in time, do you know, like,
- 13 what Cuyahoga County was doing on these -- in these
- 14 broad areas back in 2010, '12, '14, '16, '18? Are you
- able to go backwards and say when they started,
- 16 whatever additional efforts they started?
- 17 A. I'm not able to do that right this second.
- Q. Do you intend to do that for trial, where you
- 19 would basically do a comparison of what they've been
- 20 doing versus what you think they should be doing going
- 21 forward?
- 22 A. I think -- don't know if there's anything
- that they should be that they aren't doing without
- 24 going back in time and changing time.
- Q. Okay. So setting aside the time machine

- 1 option, you don't intend to offer the opinion at trial
- 2 that Cuyahoga County should be doing something
- additional to what they're already currently doing in
- 4 2019?
- 5 MS. KEARSE: Object to form. Misstates his
- 6 testimony.
- 7 A. I would not know if every single thing that
- 8 they have implemented at this time that would be in
- 9 that report.
- 10 Q. I mean, your report doesn't really talk about
- 11 what they're doing in Cuyahoga County and Summit
- 12 County now, does it?
- 13 A. Our recommendations are pretty much universal
- 14 that we know that there's a best -- sort of best
- 15 practice that should -- implementation, and what they
- 16 have done and not done, I am not aware of.
- 17 Q. Right. So just to make it clear, I was
- 18 asking about Cuyahoga County.
- 19 For Summit County, you also don't know what
- they're doing now versus your recommendations,
- 21 correct?
- MS. KEARSE: Objection.
- A. For all of them, you are correct.
- Q. Okay. And for Summit County at points in the
- 25 past, you don't know what they were doing then versus

- 1 your recommendations for what they should have been
- 2 doing in the past?
- A. For all of those recommendations, you are
- 4 correct.
- 5 Q. So you don't intend to offer an opinion at
- 6 trial as to anything that Cuyahoga County should be
- 7 doing extra in 2019 compared to what they're doing
- 8 already?
- 9 MS. KEARSE: Objection. That misstates his
- 10 testimony.
- 11 A. Can you repeat that one more time? I --
- 12 Q. Sure. That was like the shortest one I've
- 13 asked all day.
- 14 A. Yeah, I was just --
- 15 O. I will.
- You don't intend to offer an opinion at trial
- 17 that Cuyahoga County should be doing anything extra in
- 18 2019 compared to what they're already doing?
- 19 MS. KEARSE: Objection.
- 20 A. Not a hundred percent sure if they're doing
- 21 all of that, but if they are not doing the
- 22 recommendations, then I would recommend it.
- 23 Q. Okay. So sitting here today, are you in a
- 24 position to offer any opinions that there are specific
- 25 additional things that Cuyahoga or Summit County need

- 1 to be doing going forward compared to what they're
- 2 already doing right now?
- MS. KEARSE: Object to form.
- 4 A. It would be the recommendations in the report
- is what we would recommend them be doing.
- Q. But you don't know how that relates to what
- 7 they're already doing?
- 8 A. Countywide in each -- in the whole --
- 9 throughout the whole county, correct.
- 10 Q. Or at any particular hospital in the county,
- 11 can you provide the level of detail of saying at, you
- 12 know, the Rainbow Health facility that's part of your
- 13 consortium in Cuyahoga County, how their current
- 14 practices relate to this and what they would need to
- 15 change as much as this relates to hospitals as to
- 16 other actors?
- 17 Can you do that?
- 18 A. Not at the -- every hospital-specific level
- 19 in the county.
- Q. Okay. And as we said, I mean, prevention,
- 21 education and training, supportive services, and
- 22 interventions, these are not just things you're asking
- 23 that hospitals should do; these are things that you're
- 24 asking various medical providers around the county
- 25 should do, various public servants, you know, social

- 1 services, other employees of the county should do,
- 2 what you want patients to do, what you would want to
- 3 be in a public education campaign.
- 4 You're requiring a lot of actions not just by
- 5 specific hospitals, but you're suggesting actions
- 6 should be taken by a number of different actors in the
- 7 communities, correct?
- 8 A. Correct.
- 9 Q. So going back to my question before: Sitting
- 10 here today, you're not in a position to say any
- 11 additional things that any actor in Cuyahoga or Summit
- 12 County should be doing compared to what they're
- 13 already doing now?
- MS. KEARSE: Object to form.
- 15 A. If they're not doing it, then I would
- 16 recommend them doing it.
- Q. And sitting here today, you're not in a
- 18 position to know what anybody is doing in these
- 19 counties with regard to any of these
- 20 recommendations?
- 21 A. I know in the general terms, certain parts
- are doing certain recommendations, but not every
- 23 hospital in every county and every social worker in
- 24 the whole county.
- Q. And to do any of these things -- kind of the

- 1 Section 4 of your report -- there would need to be
- 2 detailed plans put forward, and various people would
- 3 need to sign on, correct?
- 4 MS. KEARSE: Objection.
- A. It would be a regional approach, correct.
- Q. And as far as you know, that hasn't happened,
- 7 and you can't say if it ever would work?
- MS. KEARSE: Object to form.
- 9 A. I can't say it has happened, and I think it
- 10 would work if we implemented it.
- 11 Q. No. I mean, you can't say that all of the
- 12 people who would need to participate would ever sign
- on and agree with your plan?
- MS. KEARSE: Object to form.
- 15 A. I would hope they would.
- 16 Q. Okay. So do you know the difference between
- 17 hope and being able to opine under oath that something
- is going to happen?
- MS. KEARSE: Object to form.
- A. Never used the word "opine" before, so I
- 21 don't know.
- Q. Let me see if I can ask this: Sitting here
- 23 today, can you -- because it's in your report -- can
- 24 you offer an opinion to a reasonable degree of medical
- 25 certainty in the field of pediatrics and

- 1 maternal-fetal issues, as they relate to exposure and
- 2 impact of in utero opioid exposure to infants, that
- 3 the recommendations in your report would be adopted by
- 4 all the necessary stakeholders in Cuyahoga or Summit
- 5 County such that they actually would ever happen?
- 6 MS. KEARSE: Object to form.
- 7 A. Yes.
- Q. Okay. So who would need to sign on to make
- 9 all of those recommendations happen?
- 10 A. You would have to look at each one
- 11 individually.
- Q. Okay. And have you done anything to figure
- out if anybody up there agrees with you other than
- 14 your particular OPQC contacts?
- MS. KEARSE: Object to form.
- 16 A. It's been adopted from mostly -- the NAS has
- 17 been adopted by our 52 hospitals that have
- 18 participated, so I know that these are definitely
- 19 reasonable approaches. And I know our -- part of our
- 20 MOMS Plus project we have adopted in the -- our 29
- 21 centers that are involved from that have adopted, a
- 22 majority of these centers.
- So, yes, this is definitely an approach that
- 24 has been shown to work.
- Q. Okay. I appreciate your answer, but it's not

- 1 actually the question I asked.
- 2 I'm asking about the stakeholders for
- 3 Cuyahoga and Summit County who would need to sign on
- 4 to make this work. It's not just hospitals.
- It would need to be social services entities.
- 6 It would need to be healthcare providers outside of
- 7 hospitals. It would need to be families. It would
- 8 need to be whoever does public education.
- 9 It would be a lot of different people as part
- of, you said, the village that it takes, right?
- 11 A. It would take a village, correct.
- Q. Do you have the ability, as you sit here
- 13 today, to say that basically Cuyahoga and Summit
- 14 County would do all of these things?
- 15 All of the various actors that would be
- 16 necessary to buy on, or sign on, would sign on the way
- they've done it down here in Cincinnati?
- 18 A. No reason to think they wouldn't.
- 19 Q. I'm sorry?
- 20 A. There's no reason to think they wouldn't.
- Q. Would not; is that your --
- 22 A. Correct.
- Q. Is that the best you can do?
- MS. KEARSE: Object to form. Argumentative.
- Q. Is that the best you can do in terms of

- 1 offering an opinion to a reasonable degree of medical
- 2 certainty about these plans ever being adopted in
- 3 these counties?
- 4 A. "Is that the best I could do" would mean?
- Q. Well let me ask it directly: As you sit here
- 6 today, can you opine that it is likely that every
- 7 necessary stakeholder in Cuyahoga County would agree
- 8 to make whatever additional changes were necessary to
- 9 follow your recommendations?
- 10 A. I would think that it would be possible,
- 11 yes.
- 12 Q. It would be possible?
- 13 A. Doable, yes.
- Q. And so for Summit County, can you opine that
- 15 it's likely that all of the necessary stakeholders
- 16 would sign to take the additional steps to carry out
- 17 your recommendations?
- 18 A. I do.
- MR. ALEXANDER: I don't know how long we've
- 20 been going, but now is probably a good time for a
- 21 break.
- MS. KEARSE: I was afraid to ask.
- MR. ALEXANDER: And hopefully lunch is even
- here, so I would suggest a break unless somebody
- 25 disagrees.

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1 MS. KEARSE: Okay.
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- THE VIDEOGRAPHER: We're now going off
- 3 record. The time is 12:44.
- 4 (There was a luncheon recess.)
- 5 THE VIDEOGRAPHER: We are now back on record,
- 6 and the time is 1:26.
- 7 Q. Dr. Wexelblatt, is there any of your
- 8 testimony from the period before the break that you
- 9 need to change or supplement in any way?
- 10 A. Nope.
- 11 Q. I want to just follow up on, I think, where
- we were on a couple of things before the break.
- The breakdown that you gave in some of your
- 14 papers and that you can talk about here in terms of
- 15 what drugs are being used in a mother who gives birth
- to a child who's ultimately diagnosed with neonatal
- 17 abstinence syndrome, lumped together women taking MAT
- 18 with those taking other legal prescriptions for
- 19 opioids, correct?
- 20 A. We stated the differences in some papers,
- 21 yes.
- Q. So in none of your papers or the data that is
- 23 being tracked is there a breakout of the legal
- 24 prescriptions that are not including MAT versus MAT
- 25 versus completely illicit -- illicit use of opioids or

- 1 opiates, correct?
- 2 A. I thought our first paper -- like I said, I
- 3 did not get a chance to look -- broke down illicit of
- 4 versus legal when we looked at short-acting versus
- 5 long-acting, but I would have to go back to that.
- Q. Okay. But within licit use, it didn't break
- 7 it up by MAT versus other use, correct?
- 8 A. Not that I am aware of without going back and
- 9 reviewing our original paper that I broke it down, but
- 10 I would have to look at how we broke it down in the
- 11 table.
- Q. So if we talk about it here in terms of
- opinions you're going to offer about the percentage of
- 14 NAS births in Ohio in general, the nation in general,
- 15 or Cuyahoqa and Summit, in particular: Do you have
- 16 the ability to say which portion of those relate to
- 17 MAT?
- 18 A. Those would fall in the long-acting.
- 19 Q. Okay. So what percentage is that, do you
- 20 think?
- 21 A. I would have to look at our paper.
- 22 Q. What about the percentage that are completely
- 23 illicit use?
- A. I think our first paper stated 33 percent. I
- 25 would have to look back at it.

- Q. What about nonMAT legal use of a prescription
- opioid, do you know what percentage those would be?
- A. I don't know off the top of my head.
- Now, to expand on that, though, we are -- and
- 5 this might have gone back to your very first question
- 6 about stuff that is pending that just triggered my
- 7 mind.
- 8 Another grant that has not been signed
- 9 officially is looking at universal testing and
- 10 breaking it down by all of those differences that you
- 11 are describing. So that information -- that study
- 12 should be implemented in -- assuming that the
- 13 signatures get through -- in August.
- Q. Okay. And do you have any idea when that
- 15 research will be complete?
- 16 A. It's a two-month study.
- 17 Q. So do you intend to testify at trial about
- 18 the results of that study?
- 19 A. We should have the information available, and
- 20 hopefully submitted for analysis. I'm not sure if we
- 21 will have it, but we will -- it is all pending on when
- 22 we have those final analysis.
- Q. They -- they won't have been published yet?
- 24 A. Correct.
- Q. Okay. And your -- the way you're drawing

- line is: You're not going to opine on it based upon
- 2 data unless it has been published or is otherwise
- publicly available, correct?
- 4 MS. KEARSE: Object to form.
- 5 A. Correct.
- Q. So the specific drugs among the various the
- 7 various prescription drugs, regardless of how they're
- 8 obtained, do you have any ability to say which
- 9 percentage of the available prescription drugs
- 10 contribute to NAS in some form or fashion?
- 11 A. I am not able to do it at this point.
- Q. And maybe just focusing on some of the big
- 13 categories. Like heroin: Do we know which portion of
- 14 the NAS offspring that you were able to track and
- opine on are related to heroin use?
- 16 A. I think that is in that third of illicit.
- Q. And for some portion of the MAT because they
- 18 may be using heroin before they got to the medically
- 19 assisted therapy?
- 20 A. No. The MAT would be separate. So out of
- 21 that two-thirds that is not illicit, I would say
- 22 two-thirds of that is probably MAT.
- 23 Q. Okay. All right. So, you think that
- 24 somewhere around, what, a sixth of the total is
- 25 prescription use that is not MAT?

- 1 A. That sounds about correct.
- Q. And then for the two -- the four-ninths, give
- 3 or take, of the total that is MAT, you think that
- 4 those people before they got to MAT will have been
- 5 using various drugs illegally, including heroin?
- 6 MS. KEARSE: Object to form. Misstates his
- 7 testimony.
- 8 A. Yeah. I think the literature would suggest
- 9 that they have all had prescription opioids that would
- 10 then lead to illicit use of other substances that
- 11 would then get them to that.
- Q. What do you mean, the literature suggests all
- 13 have had that?
- A. So the NIH states that 80 percent of people
- that use heroin have started with a prescription
- 16 opioid.
- 17 Q. So what the data actually says is that they
- 18 have had some prescription drug in their past, as
- 19 opposed to what they started with.
- Those are different, right?
- 21 A. So they have had prescription use prior to,
- 22 correct.
- 23 Q. Right. Not necessarily that the prescription
- 24 use is what led to some drug -- there could be ten
- 25 years in between them and they would be counted as a

- prior prescriptions, right?
- MS. KEARSE: Object to form.
- 3 A. I'm not sure about the timing interval on
- 4 that data.
- 5 Q. When you say 80 percent, you're not trying to
- 6 say that 80 percent actually became addicted because
- 7 of prescription as opposed to it's just something at
- 8 some point in their history that's been documented?
- 9 MS. KEARSE: Object to form.
- 10 A. I don't know if that is correlated.
- 11 Q. Okay. So for like any of the work that you
- 12 are doing now through OPQC, when you look at the issue
- of use of prescription drugs at some point in the
- 14 past, are you using any state databases like the OARRS
- 15 database?
- 16 A. We do that on an individual basis.
- 17 Q. Okay. Is there some written protocol for
- doing that for when you check OARRS or when you do
- 19 other investigation to try to figure out what the --
- 20 what prescription history the patient has?
- 21 A. We do that as part of our safety assessment
- 22 when we are trying to see if there is a prescription
- 23 opioid in -- the mother states that they had a
- 24 prescription opioid, we do an OARRS report to see if
- 25 that is, in fact, correct.

- Q. And so even if somebody pops up as having
- 2 received a prescription opioid through a prescription
- 3 as you figure out on OARRS, that doesn't mean that
- 4 they're not also getting illegal drugs or getting
- 5 prescription drugs in some illegal fashion, correct?
- 6 A. Correct.
- 7 Q. In fact, when you go to OARRS, did you ever
- 8 see that sometimes people have more than one
- 9 prescription from different doctors at the same
- 10 time?
- 11 A. Yes.
- 12 Q. Even though that's the whole point of what
- OARRS is supposed to prevent, right?
- MS. KEARSE: Object to form.
- A. Well, it goes back in the history, so, yeah,
- 16 I mean --
- Q. Okay. So have you heard of the concept of
- 18 medically appropriate use of an opioid or medically
- 19 necessary use of an opioid?
- 20 A. Yes.
- Q. Do you know what percentage of the NAS babies
- 22 result from medically appropriate use outside of
- 23 MAT?
- A. That would be the one-sixth that we came up
- 25 previously.

- Q. And it's your view that if they were getting
- 2 a prescription for an opioid, that would be medically
- 3 appropriate use?
- A. If they're using it per the prescription,
- 5 which we -- so when we say there is a prescribed
- 6 opioid, it is hard to know if it is illicit versus
- 7 licit.
- Q. Do you know what percentage of the patients
- 9 who have legal prescription for an opioid are then
- 10 abusing it in some form or fashion?
- 11 A. So I would say that more of the babies we see
- 12 with short-acting opioids are using it illicitly.
- 13 Q. Okay. So --
- 14 A. If their baby is treated for NAS.
- 15 Q. Right. So less than one-sixth then of the
- 16 total NAS population are going to be people who are
- 17 getting heavy prescription for an opioid and are
- 18 actually using it according to doctor's instructions
- 19 without abuse outside of the MAT context?
- 20 A. Yes. So I think that number would probably
- 21 drop down to one-tenth or something like that.
- 22 Q. Okay. So 90 plus percent of the NAS babies
- then are going to result from some form of medically
- inappropriate use either current or in the past?
- MS. KEARSE: Object to form.

- 1 A. That's the assumption for the MAT, which is
- 2 your biggest block, you would be making that
- 3 assumption.
- 4 Q. You think that is a founded assumption based
- on the information that you have?
- A. That most people on MAT have misused
- 7 prescription opioids?
- Q. Have taken and misused --
- 9 A. Yes.
- 10 Q. -- opioids or only taken illicit opioids.
- 11 A. So I think that the majority of people on MAT
- 12 have used -- are from -- they're on MAT due to a
- 13 substance use disorder, which would be from opioid
- 14 use, previous opioid use.
- 15 Q. Okay. So you think it is a well-founded
- 16 statement to say that more than 90 percent of the NAS
- 17 cases that you are aware of result from some degree of
- 18 medically inappropriate or illegal use, currently or
- 19 in the past?
- MS. KEARSE: Object to form. Asked and
- 21 answered. Misstates his testimony.
- 22 A. I would state that MAT is the biggest group
- 23 of that. So you would have to group that into the
- 24 suggestion that there had been previous use or misuse.
- I don't know how the percentage of people that got

- 1 onto MAT with their opioid previous history is.
- Q. Do you have any reason to believe that it
- 3 would be different than what the data is on MAT use in
- 4 general?
- 5 A. No.
- Q. Okay. So if the data is: The vast majority
- 7 of patients who ever end up in MAT use -- getting MAT
- 8 have an opiate use disorder -- I'm sorry, a drug abuse
- 9 disorder that relates to illicit drug use or improper
- 10 medically inappropriate use of prescription opioids,
- 11 then that would make sense that we are looking at
- 12 about 90 percent of the NAS cases that you see and
- 13 that you believe exist, including in Cuyahoga and
- 14 Summit County, are resulting from current or past
- 15 medically inappropriate or illegal use of opioids?
- 16 MS. KEARSE: Object to form. Misstates his
- 17 testimony.
- 18 A. I think inappropriate would be a better word
- 19 than inappropriate use of opioids.
- Q. Okay. And so for tracking this in terms of
- 21 the data here and the need for intervention, the vast
- 22 majority of the -- what is seen as an increase in NAS
- over time then is going to relate to this
- 24 inappropriate use of opioids, including street drugs,
- 25 correct?

- 1 A. The increase in NAS is directory related to
- 2 the increased use of opioids.
- Q. Which you're saying 90 percent of that is
- 4 going to be inappropriate current or past use --
- 5 MS. KEARSE: Objection to form.
- 6 Q. -- on a patient-by-patient basis?
- 7 A. Not -- I don't consider MAT to be
- 8 inappropriate use.
- 9 Q. No, no. Because we about how they get to
- 10 MAT. I'm putting that together, right?
- So if 90 percent of the opioid -- of the NAS
- 12 babies have mothers who have at least some point in
- 13 the past inappropriate use of opioids -- that's your
- 14 testimony so far -- then you would say that that's the
- 15 same thing for the increase of opioid of NAS --
- MS. KEARSE: Object to form.
- 17 Q. -- in Ohio, including Cuyahoga and Summit
- 18 County, relates to inappropriate use?
- MS. KEARSE: Object to form.
- 20 A. Like I said, that 90 percent is an estimate,
- 21 which I don't have any basis to really go on to that
- 22 besides --
- Q. Besides logic, and we've talked about that?
- MS. KEARSE: Objection. Argumentative.
- 25 A. I don't know if I would use the word logic,

- 1 but estimates.
- Q. And your -- the current research you're aware
- of, including the Voyager databases cut don't allow
- 4 you to provide more precise estimate about the
- 5 percentage that result from inappropriate use?
- 6 MS. KEARSE: Objection.
- 7 A. That is correct.
- 8 O. So I had asked about information on the
- 9 defendants, and you said you remember two of the
- 10 defendants just by their name.
- Have you had personal dealings with either of
- 12 those defendants you remembered by name?
- 13 A. No.
- Q. Did you ask, in connection with preparing
- 15 your opinions, to get any data or information or
- 16 studies, anything that you didn't get?
- 17 A. No.
- Q. Have you looked at the expert reports of any
- 19 other expert in the litigation?
- 20 A. No.
- Q. Have you talked to any of the other experts
- 22 in the litigation?
- 23 A. No.
- Q. Have you met with anybody other than the
- 25 plaintiffs' lawyers?

- 1 A. No.
- Q. Have you, in connection with your opinions in
- 3 this case, reviewed any labels for any prescription
- 4 opioid?
- 5 A. No.
- 6 Q. Have you ever read the labels for any
- 7 prescription opioid? And by "label" I mean like the
- 8 prescribing information.
- 9 A. I have looked at the black box on
- 10 methadone.
- 11 Q. Is that it? That's the only time you've ever
- 12 looked at one of those?
- 13 A. Yes.
- Q. So how many of them have you prescribed
- 15 total, methadone?
- 16 A. Morphine and buprenorphine.
- Q. Okay. And so for two of the drugs that you
- 18 prescribe on a regular basis, you've never even read
- 19 their labels?
- 20 A. Correct.
- Q. And I'm going to go through some things that
- 22 I think we have a largely covered, or I think we have
- 23 a pretty good understanding of things that you're not
- 24 covering. And I hope to just kind of go through them
- 25 quickly. Frankly, I'm just telling you this so we can

- 1 get a little more to the meat, but I think we have
- 2 identified kind of the parameters of your opinions.
- So, as I understand --
- 4 MS. KEARSE: Objection. Form.
- 5 Q. -- it based upon --
- 6 MR. ALEXANDER: That was just a predicate. I
- 7 haven't asked a question yet.
- 8 MS. KEARSE: I know, but I think the record
- 9 reflects all the testimony today, but go ahead.
- MR. ALEXANDER: Okay.
- 11 Q. You're not offering any opinions as to the
- 12 cause of the opioid or opiate crisis or epidemic in
- 13 Ohio, correct?
- 14 A. I think that is debatable.
- 15 Q. Debatable whether you're offering opinions on
- 16 that?
- 17 A. I think it might fall into this.
- Q. Well, so do you have some particular analysis
- 19 or expertise that allows you to talk about why it is
- 20 over the time period when we saw that the
- 21 prescriptions were rising and that the usage levels
- 22 were prescribed rising, that all of that was
- 23 happening?
- A. So I think that there is a direct correlation
- 25 with the increase prescriptions that were out there

- 1 with the increased rate of NAS.
- Q. Okay. So do you know why the prescription
- 3 rate was increasing?
- 4 A. No.
- 5 Q. Okay. Do you know anything about medical
- 6 standards in terms of prescribing opioids for pain
- 7 management and how those changed over time or any
- 8 other factors that led to changes in prescribing
- 9 practices?
- 10 A. Yes.
- 11 Q. Do you know about that outside of the area of
- 12 pediatrics?
- 13 A. Yes.
- Q. Okay. Is that something that you have done
- 15 for purposes of becoming an expert in this case?
- 16 A. It's part of the general Ohio legislature for
- 17 all physicians.
- Q. Okay. So you know that there was a time when
- 19 there was a change in how things were done for pain in
- 20 Ohio?
- 21 A. For prescriptions -- opioids, yes.
- Q. Yeah. What is your history there? What is
- 23 the time frame that you are talking about?
- A. So in 2012, there was a mandate to decrease
- 25 the number and length of prescription opioids that was

- 1 enacted.
- 2 And then there has also been changes more
- 3 recently about who can prescribe buprenorphine and
- 4 then there's also been legislative -- or mandates
- 5 about how many patients a buprenorphine provider can
- 6 have.
- 7 So those are all legislative impacts that
- 8 have been discussed as part of this -- these -- our
- 9 projects.
- 10 Q. What about when it started? Were there
- 11 legislative efforts or changes across the state that
- 12 led to the increase prior to 2012?
- A. Not that I'm aware of.
- Q. Do you know anything about national standards
- and how they might have changed over time leading to
- 16 some increase in prescribing?
- 17 A. I know that the attorney general -- not --
- 18 Surgeon General had come out with a statement also for
- 19 national and then CDC also had statements in 2013
- 20 about guidelines for prescribing opioids.
- Q. What about before then? Like back in like
- 22 the mid-2000s or early 2000s?
- A. I'm not aware of anything before 2012.
- Q. Do you know when the opioid crisis started?
- A. Going back, it looks like after -- 1999 is

- 1 when we started to see the increase in prescription
- 2 opioids.
- Q. Are you going to talk about why that
- 4 happened?
- 5 A. If asked.
- Q. Do you have an opinion to a reasonable degree
- 7 of medical certainty as to why it was that there was
- 8 an increase in that time period?
- 9 A. I only know from the inpatient side that
- 10 that's when the fifth vital sign occurred for pain
- 11 management within the hospitals, and that seems to be
- 12 exactly when that was implicated.
- Besides that, that would be the only thing
- 14 that I would be able to attribute.
- 15 Q. So, other than the prescription side, what
- 16 about like the illicit drug side? Do you know
- 17 anything about trends of heroin use and fentanyl
- 18 analogs or any other street drugs, how those have come
- 19 or gone or what their drivers have been over the last,
- let's say, 15 years?
- 21 A. I think we have a good idea about why in the
- 22 last four years that it has been increasing, or five
- 23 years.
- Q. And what are you talking about?
- A. As the prescription opioids decreased is when

- 1 we are seeing the exact increase of the heroin and the
- 2 fentanyl.
- Q. Do you know any other changes in terms of
- 4 like what is going on or what has gone on with cartel
- 5 activity or importation of illegal drugs from China
- 6 that involve, you know, designer drugs, to get around
- 7 like DA limits on drugs?
- 8 Do you know anything about any of that?
- 9 A. Not outside of what I read on CNN.
- 10 Q. So is that expert opinion or is that just
- 11 educated consumer?
- 12 A. I don't know -- I would not be an expert on
- 13 cartel or Chinese manufacturing of fentanyl.
- Q. So other than saying in general you know
- 15 there was a time when the prescription -- the levels
- of prescriptions in Ohio and the country went up, do
- 17 you have anything else to say about the cause of the
- 18 opioid or opiate crisis?
- MS. KEARSE: Object to form.
- 20 A. No.
- Q. Do you know -- well, do you intend to offer
- 22 -- let me ask this way: As I understand it, you don't
- 23 intend to offer any opinions as to the percentage of
- 24 harms in terms of NAS or any maternal-fetal issues
- 25 that relate solely to medically unnecessary

- 1 prescriptions of opioids?
- MS. KEARSE: Object to form.
- A. Did you mean to ask it as a double negative,
- 4 or no? Because I think you did.
- 5 Q. I think I did.
- 6 A. Okay. So I --
- 7 Q. You don't intend to offer any opinions as to
- 8 the harm that was attributed to the medically
- 9 unnecessary prescription of opioids?
- MS. KEARSE: Object to form.
- 11 A. Medically unnecessary?
- 12 Q. Yeah. Like -- so, every prescription that
- 13 got written and filled, there were healthcare
- 14 providers writing a script and them some pharmacy
- 15 filling it or some other way that it got dispensed.
- 16 Is that fair so far?
- 17 A. That is correct.
- Q. Are you offering any opinions about the
- 19 conduct of any doctors or pharmacists or other people
- in the healthcare chain that led to any particular
- 21 prescriptions being written and filled?
- 22 A. So I think one of the problems was there were
- 23 some many prescriptions filled that people had extra,
- 24 and then there was misuse based on the extra unused
- 25 pills. So I don't know if that would fall into this

- 1 category or not.
- Q. Are you critical of other doctors or other
- 3 healthcare providers for writing prescriptions and
- 4 filling prescriptions that you think weren't
- 5 appropriate?
- 6 A. I think that was done.
- 7 Q. Do you have some expert opinions and a basis
- 8 to offer an opinion about how often that was done or
- 9 how much a part of the problem it was here?
- 10 A. I couldn't give you the numbers or
- 11 percentages, but I can just tell you -- I just know
- 12 the data that shows the unintentional overdose from
- 13 prescription opioids increased. So that would be the
- only then I would feel comfortable talking about.
- 15 Q. So your belief is that doctors bear some of
- 16 the responsibility for writing medically unnecessary
- 17 prescriptions?
- MS. KEARSE: Object to form.
- 19 A. I think the education wasn't there to inform
- 20 people or it was just not known at that time.
- Q. So is that a yes: You think doctors bear
- 22 some of the responsibility?
- MS. KEARSE: Object to form.
- 24 A. Yes.
- Q. And do you intend to offer any opinions about

- 1 the percentage of responsibility that goes on doctors
- 2 across Ohio for writing medically unnecessary
- 3 prescriptions?
- 4 MS. KEARSE: Object to form.
- 5 A. I would have no idea to -- how to quantify
- 6 that.
- 7 Q. And you can't do that for Cuyahoga County or
- 8 Summit County either, can you?
- 9 A. There would be no difference.
- 10 Q. And what about any like individual, you know,
- 11 small nondefendant pharmacies or any particular
- 12 pharmacists who maybe have lost their license or gone
- to jail over the years for conduct in relation to
- 14 dispensing controlled substances? Are you aware of
- 15 anything about that?
- 16 A. I am aware of that.
- 17 Q. Do you think those folks bear some fault?
- MS. KEARSE: Object to form.
- 19 A. Yes.
- Q. And you haven't formed any opinion about
- 21 percentage of fault attributable to that sort of
- 22 conduct in terms of the opioid crisis in Cuyahoga
- 23 County or Summit County, correct?
- 24 A. Correct.
- Q. You don't intend to offer any opinions as to

- 1 any expenses that have actually been incurred by
- 2 Cuyahoga or Summit County that are attributed to
- 3 anything about the opioid crisis, correct?
- 4 A. I think in our report we put the attributed
- 5 accounts due to NAS in there -- or is that Ohio -- I
- 6 would have to look back at my report if it was
- 7 generalized to Ohio rates or if it was county-specific
- 8 rates.
- 9 Q. So there is a general thing about the --
- 10 basically hospital costs paid by somebody relating to
- 11 NAS stays over a period of time.
- 12 Is that what you're talking about?
- 13 A. Yes.
- Q. Okay. And so as we have talked about, most
- of these are paid by Medicaid, correct?
- 16 A. Yes.
- Q. So that's not paid by Cuyahoga or Summit
- 18 County, correct?
- 19 A. From their insurance? It is paid by
- 20 Medicaid, statewide.
- Q. Right. Okay. So, is there any opinion that
- 22 you intend to offer about any expenses that Cuyahoga
- 23 County or Summit Count have actually already incurred
- 24 because of anything related to opioids?
- 25 A. It would just be NAS-related.

- Q. And as we said, that is not actually a
- 2 Cuyahoga or Summit expense, correct?
- MS. KEARSE: Object to form.
- 4 A. Just the hospitals in those counties.
- 5 Q. And they get paid by?
- 6 A. Medicaid.
- 7 Q. Medicaid almost 90 percent and private
- 8 insurers most of the rest, correct?
- 9 A. Correct.
- MS. KEARSE: Object to form.
- Q. So putting it together: You're not opining
- 12 that Cuyahoga or Summit have actually incurred any
- 13 specific additional expenses or costs because of
- 14 anything relating to the opioid crisis, correct?
- MS. KEARSE: Object to form.
- 16 A. I think the whole opioid epidemic has had a
- 17 large impact with loss of jobs, increased
- 18 incarceration. So I think the impact, even though
- 19 outside of my expertise, that there has been an
- 20 impact.
- Q. So that whole thing you just said was outside
- 22 of your expertise, correct?
- A. Most -- the financial aspect, yes. But the
- 24 other aspect, I think would fall.
- Q. Okay. I mean, at trial, do you intend to

- 1 offer any opinions within your area of expertise about
- 2 anything relating to expenses incurred or that will be
- 3 incurred by Cuyahoga or Summit County?
- 4 MS. KEARSE: Object to form.
- 5 A. No.
- 6 Q. Okay. Your opinion is that the increase of
- 7 NAS in Ohio is multifactorial, correct?
- MS. KEARSE: Object to form.
- 9 A. Correct.
- 10 Q. Can you list all of the factors that you
- 11 think should be accounted for in connection with
- 12 that?
- 13 A. I think it is in the report. So I might miss
- one or two. But it is multi-factorial. It's based on
- 15 there is mom factors, there is genetic factors, there
- is infant factors, there is exposure factors.
- 17 So, it is like I -- like you said, it's
- 18 multi-factorial.
- 19 Q. Yeah. I think actually you didn't list them,
- you just use the word multi-factorial in paragraph 42
- 21 of your report.
- 22 A. Okay.
- Q. But I want to make sure that we just don't
- 24 have shorthand for what all of those are.
- I'm going to guess -- let me talk about a

- 1 specific section of the report. I've marked as
- deposition Exhibit 1 a copy of a report.
- It says, In Re: National Prescription Opiate
- 4 Litigation, MDL No. 2804. Scott L. Wexelblatt, MD
- 5 Expert Report, March 25, 2019.
- 6 (AmerisourceBergen-Wexelblatt-001 was marked
- 7 for identification.)
- Q. So I didn't attach -- and this will be
- 9 separate, your CV and whatever -- there were some
- 10 attachments, and those will be separate.
- So paragraph 42 is where we are. And just to
- orient, Exhibit 1 is what we have been referring to
- 13 as your report, correct?
- 14 A. Yes.
- 15 Q. And if you look on the last numbered page,
- page 25, is that your signature from March 25, 2019?
- 17 A. That is a computer generated, yes.
- Q. Okay. How long before then had you started
- 19 your work on this report?
- 20 A. I first met with plaintiffs' attorneys in
- 21 December, I think.
- Q. Do you know how many total hours you spent
- 23 preparing the report and other work that you did prior
- 24 to signing it?
- 25 A. It was 15 hours.

- Q. Okay. So your \$650 an hour rate you billed
- 2 them about \$10,000 worth of time?
- A. It was under that, correct.
- Q. What about additional time since March 25, do
- 5 you know how much you've spent?
- A. Since this report, I think we are at eight
- 7 hours right now, eight-ish.
- Q. Are you counting since we got started here
- 9 today?
- 10 A. No.
- 11 Q. Okay. All right. So what I was just asking
- 12 you about is paragraph 42, which is at the bottom of
- 13 page 16 of your report.
- 14 A. So if you -- we have a diagram we posted in
- our article, Neonatal Abstinence, An Overview.
- An article in my CV called Neonatal
- 17 Abstinence, An Overview, which we have a table that
- 18 lists the multifactorial reasons for NAS. And I would
- 19 refer to that for the list of nine things that we
- 20 refer to.
- Q. Okay. Maybe we will have time to pull that
- 22 one out. I have it.
- 23 A. Okay.
- Q. Do you have anything to add to that list that
- is in that publication?

- 1 A. Okay. So, since that time, I think we have
- 2 -- the big boxes are probably the same, but there has
- 3 been -- since that publication, I think hospital sites
- 4 are -- there is more and more literature supporting
- 5 different aspects that it may have been misstated in
- 6 that paper, which was 2018.
- 7 Q. So not all women who give birth after taking
- 8 some degree of opioid or opiate while pregnant have a
- 9 baby who will ultimately be diagnosed as having NAS,
- 10 correct?
- 11 A. So we define NAS in our statewide
- 12 collaborative as those that need pharmacologic
- 13 treatment. So only 40 to 30 percent will meet that
- 14 definition of having NAS. The others we would
- 15 classify as opioid exposed.
- 16 Q. And so, we have seen different estimates of
- 17 the range of the -- of the NAS babies who require
- 18 pharmacologic intervention, but from the data track
- 19 that you have from OPQC, it is running around 40
- 20 percent?
- MS. KEARSE: Object to form.
- 22 A. Forty-two percent, correct.
- 23 Q. And you think that is an accurate percentage
- 24 based upon the diagnosis criteria that you are
- 25 using?

- 1 A. I know that's accurate, correct.
- Q. And then the rest of them -- is there some
- 3 percentage that will exhibit symptoms but not require
- 4 pharmacologic intervention?
- 5 A. Yes.
- Q. What percentage of opioid exposed infants is
- 7 that?
- 8 A. So I would say the majority of babies that
- 9 are opioid exposed show signs and symptoms, they just
- 10 don't need pharmacologic treatment.
- 11 Q. What about where the exposure is in like the
- 12 first trimester but there's nothing the remaining
- 13 trimesters?
- 14 A. Then that would be even less.
- 15 Q. Is there data on that about the timing and
- 16 extent of exposure --
- 17 A. There is.
- 18 Q. -- as relate to the incidents?
- 19 A. Yes.
- Q. Is it, in general, the more that's used, the
- 21 later it is in the pregnancy, the more likely there
- are to be signs and symptoms of withdrawal?
- 23 A. So there's two things that have been looked
- 24 at. The -- the duration, meaning more than 90 days,
- versus under 90 days, and then timing within 30 days

- 1 of delivery versus longer than 30 days.
- Q. Okay. And you're not opining to a reasonable
- degree of medical certainty that the drugs we're
- 4 talking about, the opioids, particularly the
- 5 prescription opioids, have teratogenic effects,
- 6 correct?
- 7 A. Teratogenic, we know that they may be
- 8 associated with long-term outcomes, so we are not
- 9 really understanding the pathway. So if you use the
- 10 true definition of teratogenic, I couldn't -- I
- 11 wouldn't say a hundred percent, no, we don't know the
- 12 pathway of why we're having babies with strabismus
- 13 that are opioid exposed.
- Q. So sitting here today, you can't opine to a
- 15 reasonable degree of medical certainty that there are,
- in fact, teratogenic effects of the prescription
- 17 opioids, correct?
- MS. KEARSE: Object to form.
- 19 A. I would not -- I would say if we are
- 20 considering strabismus as part of teratogenic effect,
- 21 I would have to look at the true definition of what
- 22 that would mean. So at this point, I would not be
- able to give you a true answer.
- Q. And other than that, setting aside the
- 25 strabismus, you're not aware of any other possible

- 1 effect that would be considered teratogenic or
- 2 iatrogenic, I guess, too?
- A. Are outcomes, I think that would be the one
- 4 that I would have to look at the definition of
- 5 teratogenic to link it to.
- Q. So do you intend to offer any opinions at
- 7 trial that there were other nonparties in this case,
- 8 other than prescribing doctors and individual nonchain
- 9 pharmacies and pharmacists, who you think bear some
- 10 responsibility for the opioid crisis in Ohio?
- MS. KEARSE: Object to form. Misstates his
- 12 testimony.
- 13 A. No.
- Q. Well are there other third parties where you
- 15 think that they should have done more to help minimize
- the effects on NAS babies and improving maternal
- 17 outcomes?
- 18 A. I need to get more clarification on what you
- 19 mean by that.
- Q. Sure. So in other words, do you intend to --
- 21 well, let me ask it this way: So, you've identified,
- 22 and we've gone over this in general terms, that there
- 23 are additional things that you think should be done to
- 24 try to address NAS, correct?
- 25 A. Yes.

- O. And we can look at what has been done in
- 2 terms of the timing of implementing various changes or
- 3 protocols in hospitals in Cuyahoga and Summit County,
- 4 correct?
- 5 A. We can go back?
- Q. We could look at the timing and see when
- 7 anybody implemented some additional measures or
- 8 considered them and didn't implement them, right?
- 9 A. Yes, that would be possible.
- 10 Q. So do you intend to opine that the
- 11 third-parties who maybe could have done more to help
- 12 minimize the effects of NAS have done all that they
- 13 could have?
- MS. KEARSE: Object to form.
- 15 A. The third-parties being?
- 16 Q. Hospitals and healthcare providers, and
- 17 anybody else who you have ultimately identified as
- 18 maybe needing some sort of push to do better going
- 19 forward.
- 20 A. That I would state?
- Q. Let me -- the various third-parties, the
- 22 hospital, the doctors, all of that, I asked you about
- 23 whether there is some nonparties who bear fault for
- 24 creating the opioid crisis, right?
- Now what I'm asking about it: Do you

- 1 criticize or do you intend to testify that they did
- 2 everything right, any of these third-parties in terms
- 3 of taking steps to minimize the effects of the opioid
- 4 crisis?
- 5 MS. KEARSE: Object to form.
- A. So I think that what we lay out is the gold
- 7 standard and what we want to be implemented, and it's
- 8 not always able to be done due to resources.
- 9 So I don't think it's -- critical is a tough
- 10 word to use because there may not have been resources
- 11 to implement some of these protocols or suggestions.
- Q. Do you know anything about what resources
- 13 existed at various time in Cuyahoga or Summit County
- 14 to initiate any additional measures to address NAS?
- 15 A. So we have worked on that since 2012 in all
- 16 of those counties.
- 17 Q. Do you, sitting here today, know what
- 18 resources were available in terms of financial
- 19 resources, staffing, anything else you might have
- 20 needed as a resource to make any of these changes
- 21 happen over the last seven years?
- 22 A. Specific staffing issues, no, I wouldn't even
- 23 know in our region.
- Q. What about money in the budgets?
- 25 A. No.

- Q. Now, one of the things that you said in your
- 2 report that you were not going to address was the
- 3 issue of child maltreatment.
- What does that mean: child maltreatment?
- 5 A. I would have to see where you're referring
- 6 that to. You said in the report. I -- can you show
- 7 me where in the report?
- Q. Probably not fast, but I'll just ask it.
- 9 So when you talk about the impact of maternal
- 10 use, you're talking about in terms of essentially
- 11 creating opioid exposure in utero that can result in
- 12 NAS or -- NAS or the need for additional treatment for
- opioid exposure that doesn't result in a diagnosis of
- 14 NAS, correct?
- 15 A. You're stating that NAS -- opioid exposure
- 16 doesn't always lead to NAS. Is that what you just
- 17 stated?
- Q. Well, that's part of what you said, right?
- 19 A. Yes. I'm stating that.
- 20 Q. Okay.
- 21 A. I guess I don't know what you're asking right
- 22 now.
- 23 Q. The focus of your report is on the need to
- 24 take steps to address essentially the impacts of use
- 25 by pregnant women of opioids that results in either

- 1 NAS or having children born who had opioid exposure in
- 2 utero, correct?
- A. That's what this report is about, yes.
- Q. What you are not addressing are other effects
- on child care or child health from a mother using
- 6 opioids, including illicit opioids and street drugs
- 7 when she's not pregnant, like when he's raising the
- 8 child, correct?
- 9 A. This report is basically on women of
- 10 childbearing age and pregnant women, yes.
- 11 Q. But not women of childbearing age when
- 12 they're not pregnant?
- You're not offering any kind of testimony
- 14 about the impact in any direction of whether women who
- 15 are abusing opioids, including, you know, illicit
- 16 drugs, create other social services needs or
- 17 healthcare costs or otherwise negatively impact the
- 18 lives of their children because of their abuse?
- 19 A. No, because we know that, as you mentioned
- 20 earlier, which I agreed to, was that we know that
- 21 using the illicit opioid use does lead to
- 22 unintentional pregnancies. So you'd have to address
- 23 it as a whole pregnant age of -- childbearing age.
- Q. So is that the only area where you're talking
- about use by a woman outside of pregnancy?

- 1 A. Childbearing age, correct.
- Q. But in terms of leading to unintended
- 3 pregnancies?
- 4 A. Correct.
- 5 Q. Are you going to say anything about other
- 6 healthcare risks to the mother or other impacts on the
- 7 child of a mother being somebody who has an opioid use
- 8 disorder or is otherwise abusing opioids or street
- 9 drugs?
- 10 A. Yes.
- 11 Q. What else are you going to testify about?
- 12 A. The increased risk of hepatitis C.
- Q. That's on the paper when it comes out that we
- 14 don't have yet?
- 15 A. Correct, but I think there is an overwhelming
- 16 amount of evidence out there about the hepatitis C
- increases that are out there from the CDC.
- Q. So what are you doing to treat hepatitis C in
- 19 some portion of children who have it because their
- 20 mothers were drug abusers?
- 21 A. So there is a new drug that is out there now
- 22 for pediatric use that -- so, now, the process that we
- 23 are doing is we're testing kids. The earliest we can
- 24 test a toddler is at 18 months, and then the earliest
- 25 we can treat them is between two and three years of

- 1 age based on what drug the GI, hepatologist think is
- 2 the best for that case. So we refer -- our job is to
- 3 identify and then refer to the hepatologist.
- 4 Q. What is the drug?
- A. I think there is a new one, and I don't know
- 6 if it's -- I am not a hundred percent sure of the
- 7 indications of what are the new FDA regulations on the
- 8 drug and what the new trials are out there because it
- 9 is changing.
- 10 Q. Do you know the name?
- 11 A. I -- I wouldn't -- I don't know off the top.
- 12 It's R-I-B-O and then something something
- 13 something.
- Q. Clearly, you haven't prescribed that one
- 15 yet?
- 16 A. No, I will not prescribe that.
- Q. Okay. And you don't intend to offer opinions
- 18 at trial about the public health impact or the burden
- on social services of anything relating to alcohol
- 20 abuse, correct?
- 21 A. Not related to alcohol abuse.
- 22 Q. Including concomitant alcohol abuse during
- 23 pregnancy in woman who are also abusing opioids;
- that's not something you are going to talk about, are
- 25 you?

- 1 MS. KEARSE: Object to form.
- 2 A. That would fall under polysubstance abuse,
- opioid use, so I think that would fall under that.
- Q. Okay. And what is your best estimate or what
- 5 opinion can you offer about the percentage of patients
- 6 in Ohio who are abusing alcohol while pregnant in
- 7 addition to abusing opioids?
- 8 A. I think our first paper stated that about 9
- 9 percent.
- 10 UNIDENTIFIED SPEAKER: I'm sorry?
- 11 THE WITNESS: Nine percent for our first
- 12 paper.
- Q. What about alcohol use that falls short of
- 14 meeting the criteria for abuse, do you know what that
- 15 is?
- 16 A. Our question was: Was there use. And I
- 17 would have to go back to how we -- in our methodology
- 18 of what we defined alcohol use, if it was
- 19 trimester-related or any use or misuse.
- Q. Have you ever done any research on fetal
- 21 alcohol syndrome?
- 22 A. No.
- 23 Q. Have you ever done any research on the
- 24 effects of alcohol during pregnancy?
- 25 A. I have not done research on that.

- 1 Q. Do you know from your training if alcohol is
- 2 teratogenic?
- A. I know there is long-term outcomes from fetal
- 4 alcohol syndrome.
- 5 Q. And it is considered teratogenic?
- A. Like I said, the definition, I would have to
- 7 look up to see what you define as teratogenic.
- Q. I mean, there is physiologic manifestations,
- 9 not just behavioral, right?
- 10 A. Correct.
- 11 Q. Like an actual defined set of things that can
- 12 be seen where you have differences from the norm in
- 13 terms of facial structure and various other things in
- 14 fetal alcohol syndrome, correct?
- 15 A. Yes.
- 16 Q. And there are other ways in which alcohol use
- is considered teratogenic, correct?
- 18 A. Yes.
- Q. And the harm to the infant -- or the -- I'll
- 20 say it more accurately.
- The harm to the fetus from maternal use of
- 22 alcohol is because the infant -- uterus sac -- I'm
- 23 sorry. Long day.
- When a women drinks while pregnant, the
- 25 alcohol actually directly goes to the bloodstream and

- 1 affects the fetus, correct?
- 2 A. It does cross through the placenta.
- Q. Okay. And the general consensus is that no
- 4 amount of alcohol is safe during pregnancy?
- 5 A. I don't think they have -- I think that the
- 6 recommendation is less than one glass per week. I
- 7 don't know the exact obstetric recommendations by
- 8 ACOG.
- 9 Q. Do you know when it changes based upon
- 10 which --
- 11 A. Trimester?
- 12 Q. -- trimester of pregnancy you're in?
- 13 A. I don't know those recommendation by ACOG.
- Q. And is it your understanding that the more a
- 15 woman drinks during -- of alcohol, not just water, the
- 16 more alcohol consumed during pregnancy, the greater
- 17 the risk is of adverse effects to the fetus?
- 18 A. I think it's the amount and duration, the
- 19 same as it is with what we are finding with opioids.
- Q. And do you know what the specific criteria
- 21 are for fetal alcohol syndrome?
- 22 A. It is based on facial features and small for
- 23 qestational age are the risk factors for referral.
- 24 And then once you have developmental delays,
- 25 then I think that's when the diagnosis is attached to

- 1 the child.
- Q. Okay. And what about increased incidence in
- 3 fetal alcohol exposure of poor balance control in the
- 4 infant, learning disorders, delayed mental
- 5 development, poor memory, problems with impulse
- 6 control and other behavioral problems?
- 7 Are you aware of any of those?
- 8 MS. KEARSE: Object to form.
- A. So I know there are delays. So going
- 10 through each one, I would have to -- I know there is
- 11 global delays. So I would assume if you're reading
- off a list, you got it from somewhere.
- Q. Okay. And these are not time limited
- 14 problems as far as you know, that maternal use of
- 15 alcohol can lead to life-long issues with the infant
- 16 along the lines of what I have outlined?
- 17 A. I haven't done a lot of research on fetal
- 18 alcohol syndrome.
- 19 Q. So in the research that you are doing now on
- 20 opiate exposure during pregnancy, what level of detail
- 21 do you have on the amount and duration of alcohol
- 22 exposure during pregnancy?
- 23 A. So that is self-report and obstetric
- 24 history.
- Q. Very inaccurate, right?

- 1 MS. KEARSE: Object to form.
- 2 A. Yes. Not "very." It is you underestimated
- 3 based on true incidence. If you correlate our other
- 4 studies, looking at report versus test.
- 5 Q. Okay. So I mean if -- you would expect that
- 6 some of the data that you have cited from tobacco use
- 7 during pregnancy would apply to alcohol as well?
- 8 That if women are underreporting tobacco use
- 9 by a factor of four to six, you would see something
- 10 probably similar to alcohol use?
- 11 A. I don't know about those numbers.
- 12 Q. Do you expect it is underreported
- 13 significantly?
- 14 A. I wouldn't know about significantly.
- 15 Q. Well do you expect that it's not just in
- 16 terms of what the fact of it, but that there is going
- 17 to be underreporting of extent and duration of alcohol
- 18 use during pregnancy?
- 19 A. Do I -- so can you repeat that one more time?
- Q. Sure. Do you expect that the underreporting
- 21 of -- from self-reporting of alcohol use during
- 22 pregnancy is going to extend to underreporting the
- 23 extent and duration of alcohol use?
- A. I think, yes, it would underestimate.
- Q. And so in any of the published papers that

- 1 you have seen, is there information that allows you to
- 2 reliably say how often babies born with NAS also have
- 3 more than de minimus alcohol exposure in utero?
- 4 A. All I know is that in our NAS clinic we don't
- 5 see -- it's been a -- we have not had the 9 percent or
- 6 whatever percentage that we stated in our first study
- 7 of baby with fetal alcohol syndrome and NAS. So
- 8 that's the only thing I can tell you, that what we see
- 9 with opioid use and alcohol.
- 10 Q. I just want to make sure I understand what
- 11 you're saying.
- Do you -- you've seen that 9 percent of NAS
- 13 babies also have fetal alcohol syndrome?
- A. No. That's what I'm saying. We don't see
- 15 that.
- So on our first paper reported 9 percent of
- 17 alcohol use with NAS, but we don't see the amount of
- 18 alcohol to cause fetal alcohol syndrome in our NAS
- 19 clinic.
- Q. We can go through them if we need to, but the
- 21 recommendations that you have in terms of supportive
- 22 services, intervention, education, for, you know,
- women of childbearing age, some of these other things,
- you, frankly, would include these same sort of
- 25 recommendations to try to limit alcohol use during

- 1 pregnancy, wouldn't you?
- 2 A. I think majority of these have probably
- 3 already been done with alcohol.
- Q. Okay. So you think they should be done,
- 5 right, still?
- 6 A. Oh, yeah.
- 7 Q. Okay. Same thing for cocaine: You think
- 8 cocaine, a nonopioid -- opiate use during pregnancy
- 9 should be discouraged as well through some of these
- 10 same measures?
- 11 A. Yes.
- Q. Are there any specific measures here other
- 13 than how you would treat NAS itself that are different
- 14 for discouraging or addressing maternal abuse of other
- 15 drugs?
- 16 A. Yes.
- 17 O. Which?
- 18 A. Yes. So we don't need to have MAT for
- 19 cocaine.
- 20 So when you look at our supportive services,
- 21 expanding MAT, the first two are definitely related
- 22 towards opioids. Our third one looks like it's
- related specifically to opioids, on buprenorphine.
- 24 Most of the time, we don't need residential
- 25 treatment for alcohol, ongoing care. So it looks like

- 1 most of these -- I can go through each one -- are
- 2 opioid specific.
- But I think the General Education and
- 4 Training -- if you go up to B, those would definitely
- 5 be for any drug. But I think C is where we get to the
- 6 opioid specific.
- 7 Q. Okay. So, let's -- let's -- maybe we'll do
- 8 it this way: If you look at the nine little
- 9 checkmarks on page 22 and 23 of your report,
- 10 Exhibit 1, under A. Prevention.
- 11 A. Uh-huh.
- Q. All nine of those would have -- would apply,
- or with slight modification, would apply to other
- 14 drugs or alcohol abuse, correct?
- MS. KEARSE: Object to form.
- 16 A. I can read it just one each through, if you
- 17 like.
- 18 So the first one about delaying intervals,
- 19 pregnancy. Yes.
- 20 Education. Yes.
- I think the third one is definitely -- could
- 22 be established to opioids or any other substance.
- THE WITNESS: Sit up. Okay. I was trying to
- 24 read it without my readers.
- Q. When I resume the question, it's more

- 1 question and answer since you were just given posture
- 2 advice.
- 3 THE REPORTER: I just wanted you to move your
- 4 hand away from your mouth.
- 5 THE WITNESS: Okay.
- 6 Q. You're now I think at the fourth checkmark on
- 7 -- under Prevention on page 22 of your report.
- 8 A. Yes.
- 9 Q. The question is whether these relate to
- 10 substance abuse in general, including alcohol, or
- 11 whether they're just specific to opioid or opiate
- 12 abuse.
- 13 A. So the fifth one, we are -- recommend the
- 14 NIDA scale that addresses --
- 15 Q. You're on the fourth one.
- 16 A. Okay. The fourth one, provide counseling for
- 17 women -- impact of substance use on pregnancy. So
- 18 that would be any drug, or all drugs.
- The fifth one is -- we do focus on. The NIDA
- 20 scale is specific for tobacco, alcohol and opioids.
- 21 And I think maybe the NIDA addresses illicit, so, yes.
- Q. You're on the sixth one?
- 23 A. Yeah. So the bottom -- the last one on
- 24 Page 22, Implement programs to improve and expand
- 25 screening. Would be all.

- 1 Q. Page 23, the first one.
- 2 A. So that is specific for NAS as that deals
- 3 with trying to get -- once you define an obstetric
- 4 plan with MAT is where you fall into -- that's what --
- 5 the comprehensive obstetric team is where we have
- 6 found in our statewide collaborative that you need a
- 7 team approach to do that.
- Q. And for other drug abuse during pregnancy,
- 9 you don't need a team?
- 10 A. No. Because like I said, that refers back to
- 11 be MAT. So most of -- the problem that we have found
- is either addiction specialists don't feel comfortable
- taking care of pregnant women and/or obstetrics people
- 14 don't feel comfortable writing MAT. So that's why we
- 15 run into that team approach.
- Q. Second bullet on page 23.
- 17 A. So I think that would -- be you could expand
- 18 it to all, that would be great.
- 19 Q. Third one.
- 20 A. So that is talking about opioid addiction
- 21 specifically. So, I think if you wanted to expand
- 22 that to include other drugs, I think that would be
- 23 public education. I think it has been out there for
- 24 tobacco and alcohol for quite awhile, but if --
- 25 you definitely could expand it.

- Q. I mean, one of the things you see in your
- 2 papers is there's still a lot of smoking during
- 3 pregnancy, especially in the subset of population that
- 4 is poor?
- 5 A. Correct. So yeah. This would be great for
- 6 all.
- 7 Q. Okay. So for Education and Training, there
- 8 are three listed. All three of those education and
- 9 training items are ones that you could expand to
- 10 address all substance abuse, including alcohol abuse,
- 11 right?
- MS. KEARSE: Object to form.
- 13 A. I think that the middle one goes back to the
- 14 team approach that we are seeing specifically with
- 15 MAT.
- 16 So I would think the first one, for sure, is
- 17 generalizable.
- Screening tools, once again, would go ahead
- 19 -- would be generalizable.
- Q. Well, the second one, it says: Enhance
- 21 training for providers caring for pregnant women with
- 22 opioid use disorders to understand the complexity of
- the woman's social, mental and physical problems.
- One of the things in some of the literature
- 25 that you have written or cited is that it says there

- 1 are essentially negative attitudes among a lot of
- 2 healthcare providers -- and I know this is part of
- 3 monthly presentations that the OPQC group does where
- 4 they talk about there is a need to improve the
- 5 attitudes of healthcare providers that substance abuse
- is a disease and they shouldn't blame the mother and
- 7 they should consider things like overlays of history
- 8 of abuse and trauma and things like that.
- 9 Have I said that accurately?
- 10 A. Yes, and that is going to make me want to go
- 11 back and say that's our fourth paper under review
- 12 right now, too. We are publishing that data.
- 13 It's already been -- it's in process of being
- 14 published.
- 15 Q. So the beginning when you said there are
- 16 three, there are really four?
- 17 A. There is actually four, now that you brought
- 18 it up. I forgot all about that paper, but thanks for
- 19 reminding me.
- Q. And there are two in grant review?
- 21 A. Yes.
- Q. Any more?
- 23 A. I think that's it. You might trigger my
- 24 memory, but --
- Q. So for the fourth paper that is pending

- 1 publication, it has been submitted but it hasn't been
- 2 approved?
- 3 A. Correct.
- Q. And do you intend to rely currently on
- 5 anything in that particular paper?
- A. It is talking about exactly what you just
- 7 said, how there is negative stigma and how we have
- 8 been able to improve that statewide through our OPQC
- 9 journey.
- 10 Q. And that is also generalizable to substance
- 11 abuse disorders in mothers?
- 12 A. No. We just focused on opioid. I think the
- 13 questions were -- we really only focused on opioid.
- Q. The need to enhance training for providers
- 15 caring for pregnant women with substance abuse
- 16 disorder is to understand the complexity of the
- woman's social, mental and physical problems.
- That is something that you think is true for
- 19 all substance abuse disorders, right?
- MS. KEARSE: Object to form.
- 21 A. I think the education is out there on tobacco
- 22 and alcohol, but we could always do better.
- Q. What about cocaine and benzodiazepines and
- the other drugs that we have seen that are
- increasingly prevalent among pregnant woman in Ohio?

- 1 A. You are correct.
- Q. So we should improve, through training, the
- 3 attitudes of healthcare providers, correct?
- 4 A. For substance use disorders, correct.
- 5 Q. Not just opioids?
- A. Include all substance use disorders.
- 7 Q. So going through the ones that we just talked
- 8 about, taking these measures across the board for
- 9 prevention and education and training to address all
- 10 substance abuse disorders would have other public
- 11 health benefits you believe, right?
- 12 A. They could.
- Q. Including that there would be benefits that
- 14 would essentially accrue to pregnant women and
- 15 potentially others who are not abusing opioids or
- 16 opiates, correct?
- 17 A. If we could decrease other problems
- 18 underlying that are not related to opioids, I think
- 19 that would be a great thing.
- Q. So the plan that you are calling for would
- 21 have benefits beyond just specifically addressing any
- 22 health affects of the opioid crisis?
- 23 A. If you did any substance use and subtracted
- the word opioid use, possibly.
- Q. Like some of the counseling that is at issue

- 1 here, I think is going to be -- I think doing things
- 2 like reducing unintended pregnancies, that has a lot
- of additional public health benefits, right?
- 4 MS. KEARSE: Object to form.
- 5 A. Yes.
- Q. We're not -- that is not just something that
- 7 would need to be done because of anything about
- 8 opioids or opiates, correct?
- 9 A. We just know it is higher in the opioid --
- 10 women with opioid use, or substance abuse disorder.
- Q. So in the next category for C, the first
- three are specific to opioid abuse, correct?
- 13 A. So they are regarding MAT, so that would be
- 14 just for opioid.
- 15 O. And then the fourth one: Provide intensive
- 16 support to mothers during pregnancy, etcetera,
- 17 including outpatient programs.
- That's generalizable for all of the substance
- 19 abuse, right?
- A. No, because most of those don't need ongoing
- 21 care outside of the postpartum period. So like our --
- 22 so I think during that period is where we see a higher
- 23 risk.
- Q. You mean a "higher risk," of what: Relapse
- 25 or suicide or what?

- 1 A. Overdose, yes. Overdose deaths.
- Q. Intentional overdose deaths?
- 3 A. No.
- 4 MS. KEARSE: Object to form.
- 5 A. Unintentional.
- Q. In some of your literature, that's a period
- 7 of a high intentional overdose, right? The postpartum
- 8 period associated with depression.
- 9 A. I don't think we -- there is differentiation
- 10 between intentional and unintentional. It is just
- 11 overdose.
- 12 Q. Okay. So, the need for additional services
- 13 for people with a substance abuse disorder in the
- 14 postpartum period, you don't think that's
- 15 generalizable to all substance abuse of illicit
- 16 substances?
- 17 A. It is higher in opioid. So we know that the
- 18 7- to 12-month mark is the highest incidence of moms
- 19 having an unintentional overdose death.
- So that is different. We don't see that with
- 21 cocaine or alcohol or tobacco.
- 22 Q. Is there a need for additional outpatient
- 23 programs for pregnant women who have other types of
- 24 substance abuse besides opioids?
- 25 A. No. I think if you did a safety plan at the

- time of delivery, you wouldn't need the postpartum
- 2 period where that is specific to the opioid
- 3 population.
- 4 Q. Next one says: Implement coordinated care
- 5 and connect mothers with outpatient support and
- 6 treatment programs prior to discharge.
- 7 You think that is generalizable to all
- 8 substance abuse?
- 9 A. Once again, I would say that is opioid
- 10 specific most of the time because of the -- what we
- 11 just stated before, about the ongoing care that we
- 12 would see for that first year, if not longer.
- Q. What about next one: Post -- provide
- 14 postpartum long-term addiction care. That's
- 15 generalizable?
- It's the last one on page 23.
- 17 A. Yeah. I think that goes into -- the way this
- 18 is formatted I think that -- is that? So that is just
- 19 a stand-alone statement.
- That long-term addiction is something that
- 21 that we see. Most of the time it is ongoing usage
- 22 that we see more with opioid addicted women than we
- 23 do.
- 24 So I think that could be transferable to -- I
- 25 don't think we think about smoking mothers as having a

- 1 long-term care needed.
- 2 So some of it is related probably more to
- ongoing use which we see in alcohol and opioids.
- Q. What about cocaine, benzodiazepines, other
- 5 drugs of abuse?
- 6 A. I think care is always good.
- 7 Q. Okay. So the need for additional postpartum
- 8 long-term addiction care would apply to everything but
- 9 smoking, you think?
- 10 A. I mean, it would be great to get people not
- 11 to smoke.
- Q. Okay. So next one, top of page 24: Provide
- 13 aftercare services to mothers so mothers can cope with
- 14 their addiction and learn about the special needs of
- 15 their infants.
- Would that apply to any substance abuse that
- 17 involves an illicit drug?
- 18 A. I think it's more -- when we talk about talk
- 19 about opioids is knowing that we want to get the
- 20 concept across that it is a life-long illness that,
- 21 you know, they need continuing care and MAT, whereas
- 22 some of the others are -- interventions are just stop
- 23 using.
- O. Next one: Create additional residential
- 25 treatment facilities for both the mother and infant.

- 1 That's generalizable, right?
- MS. KEARSE: Objection.
- A. Once again, I don't see we think -- when we
- 4 see the care for the mother and the infant dyad
- 5 together, it is more of what we see with long-term
- 6 care with moms maintaining their MAT for past the
- 7 first year.
- And so that's where this statement was from.
- 9 I had not thought about it the way you're addressing
- 10 it, but I don't think we would have to have
- 11 residential treatment for tobacco use.
- 12 Q. Well, I asked you about illicit substances.
- 13 A. Illicit, yeah.
- Q. So do you know in Cuyahoga or Summit County
- 15 what their capacity is in terms of residential
- 16 treatment facilities, whether they need more?
- 17 A. So most of the -- when we did our MOMS Plus
- 18 program that we are doing now through OPQC, each
- 19 region is focused on a different model to see if we
- 20 can identify the best model of care.
- 21 And we have found that the resources just are
- 22 not there for enough -- or many residential treatment
- 23 facilities. So when I say "additional," it may be
- 24 their first. I'm not sure about their actual
- 25 resources in each county in this state.

- 1 It is -- really what we have been finding is
- 2 generalizable. What works in one county -- just
- 3 because it's happening in one county, there's no
- 4 reason to make any county different in Ohio.
- 9. Okay. So you can't opine that Cuyahoga or
- 6 Summit County need additional residential treatment
- 7 facilities for both mother and infant?
- 8 MS. KEARSE: Objection.
- A. We know that there is not enough in any of
- 10 our counties. So I could tell you that.
- Q. Do you know the number or a cost or any
- 12 details on that -- like that for residential treatment
- 13 facility?
- 14 A. I don't know numbers or cost.
- 15 Q. Okay. Next one says: Provide family-based
- 16 care to opioid exposed children as well as direct care
- 17 for parent in recovery or maintenance.
- 18 If we changed "opioid exposed" to a broader
- 19 definition of substance exposed, would that one apply
- 20 more broadly, too?
- MS. KEARSE: Object to form.
- 22 A. So the family-based centered care is-- that
- 23 sort of incorporates what we have been doing with our
- NAS high-risk follow-up clinic, because we have been
- 25 seeing that it looks like they need different care if

- 1 they are opioid exposed.
- 2 So I think that's where this would be really
- 3 opioid specific because we know that the child has
- 4 different needs during their first two years. So that
- is why the family-centered care could incorporate the
- 6 mom and baby together.
- 7 Q. So you said before that your NAS clinic is
- 8 one of the few in the country that is doing long-term
- 9 follow-up in study.
- 10 Do you know any other facilities doing
- 11 that?
- 12 A. Yeah. There is one in New Mexico, and I
- don't know exactly which hospital they're correlated
- 14 to. There is one in Boston and there is one in
- 15 Florida.
- 16 O. Do you know the names of the Boston or
- 17 Florida ones?
- 18 A. So the Boston one, I think, is with Boston
- 19 Medical Center. And the Florida one is the Hopkins
- 20 satellite in Tampa.
- Q. So the next one says, NAS: Nurseries with
- 22 standardized evidence-based policies to assess and
- 23 treat infants with NAS.
- Is that generalizable to any broader
- 25 substance abuse disorder?

- 1 A. No.
- Q. Provide -- the next one: Provide support to
- 3 families to improve outcomes for infants with NAS
- 4 through breastfeeding, visits, and other support.
- 5 Some of that is generalizable, right?
- 6 MS. KEARSE: Object to form.
- 7 A. No, we wouldn't want somebody with illicit
- 8 use to breastfeed.
- 9 Q. So for like smoking or alcohol, do you
- 10 recommend breastfeeding or not?
- 11 A. For smoking, we -- those are not illicit
- 12 substances.
- Q. That's my question, because I asked you about
- 14 substance abuse.
- This one: Provide support to families to
- 16 improve their outcome for infants through
- 17 breastfeeding, visits, and other support.
- That is only for opioids or you can't
- 19 generalize that for any substance abuse?
- MS. KEARSE: Object to form.
- 21 A. So we wouldn't improve outcomes through
- 22 breastfeeding with other substances. So this would be
- 23 purely for NAS.
- Q. What about visits and other support. I mean,
- 25 you want to increase parental involvement in all of

- 1 these kids, right?
- 2 A. Even kids that have no exposures.
- Q. I mean, one of the things that you see is
- 4 that the parental involvement, while the kid is in the
- 5 hospital, while the NAS infant is in the hospital is,
- on average, relatively low, at about 58 percent of the
- 7 visits or the intervals of checks?
- MS. KEARSE: Object to form.
- 9 A. Actually, there is a study that showed you
- 10 can get up to a hundred percent. The Walkman study
- 11 showed that if they to got it up to a hundred percent,
- 12 that those babies did better.
- Q. They just cut off nine days from their
- 14 average length of stay, right?
- 15 A. Yes, you're correct.
- 16 Q. So I'm talking about the average was about 58
- 17 percent, and it -- but they are able to say when you
- 18 got a hundred percent, they actually left -- left
- 19 earlier and did much better, right?
- MS. KEARSE: Object to form.
- 21 A. It was a linear. So 80 percent did better
- 22 than 20 percent. So you could pick any higher number
- is going to do better than any lower number.
- Q. Right. So part of what you encourage is the
- 25 parents, whether they have opioid use disorders, or

- 1 some other substance abuse disorder, or nothing, to be
- 2 present as much as possible while the baby is in the
- 3 hospital?
- 4 MS. KEARSE: Object to form.
- 5 A. And the other substances aren't associated
- with a longer length of stay, so it doesn't really
- 7 help.
- Q. Okay. Do you have an idea or -- I'm sorry.
- 9 Do you have opinion as to why it is that the
- 10 average is less than 60 percent in terms of parental
- involvement throughout the stay of an NAS baby?
- MS. KEARSE: Object to form.
- 13 A. I have not practiced in their hospital, so I
- 14 couldn't tell you why their data was 60 percent.
- 15 Q. What's it like at your hospital?
- 16 A. It varies. So we have some that are there a
- 17 hundred percent and we have some that are zero -- that
- 18 are there zero percent of the time because of
- 19 circumstances.
- Q. What do you mean by "circumstances"?
- 21 A. That they are having -- moms have overdosed
- 22 in their rooms and have been in the intensive care
- 23 unit, so they are not in our unit with their baby.
- Q. Do you have an understanding of the average
- 25 at your hospital over time?

- 1 A. We haven't looked at that.
- Q. Is it your impression that the more often the
- 3 mother is present the better the baby does for NAS?
- 4 MS. KEARSE: Object to form.
- 5 A. We've never looked at it. So I know
- 6 Dr. Walkman and I think what they're -- the more a
- 7 parent is there the easier it is to implement our
- 8 non-pharmacologic bundle. So that would go entail
- 9 with improving outcomes. So --
- 10 Q. So the need to tell parents to be present for
- 11 their baby and to encourage support, that's specific
- 12 to NAS?
- 13 A. Correct.
- Q. And do you have any experience that
- 15 encouraging support like that actually yields
- 16 benefits.
- 17 A. Just in her report.
- 18 Q. Right. So when they had higher
- 19 participation, they had better outcomes?
- 20 A. Right.
- Q. Question is: Does encouraging it one way or
- 22 another actually make the mothers with a drug abuse
- 23 diagnosis actually show up more often?
- A. Yeah, it seems to be. We haven't done any
- 25 research, but we know that when we sit down and talk

- 1 to moms and say, your baby is doing better when you're
- 2 here, stay on the couch that we have in the room, they
- 3 do it and they listen and it works.
- 4 Q. And that's a new bit of advice?
- 5 A. The meta-analysis just came out in the last
- 6 six, maybe 12 months, looking at rooming in to show
- 7 that it was, has improved care.
- Q. And which paper is that?
- 9 A. It was a meta-analysis that came out, and I
- 10 would have to refer to my PowerPoint talk that was
- just done in the past 12 months.
- Q. There is a rooming in paper that you cited?
- 13 A. So there is a meta-analysis rooming in paper
- 14 that I cite in my most recent talk.
- 15 Q. And so a meta-analysis takes multiple studies
- and kind of combines them in some statistically
- 17 appropriate, you would hope, way to come to
- 18 conclusions and essentially provide higher power to
- 19 evaluate specific outcomes or end points?
- 20 A. That's a --
- MS. KEARSE: Object to form.
- 22 A. -- good summary.
- Q. You sometimes rely on meat-analyses,
- 24 correct?
- 25 A. Yes.

- 1 Q. One of the meta-analyses you cited in
- 2 connection with your report was a meta-analysis on
- 3 whether there was any long-term effects of NAS.
- 4 Do you remember that one?
- 5 A. No. Which one?
- Q. Why don't you look at footnote 35. You say
- 7 Baldacchino. There is a cite on page 12 of your
- 8 report.
- 9 A. Oh, here.
- 10 Q. You cite it for the proposition: Long-term
- 11 studies have shown that toddlers and young school-age
- 12 children with prenatal opioid exposure are more likely
- 13 to have impairments in cognition as well as poor
- 14 psychomotor and behavioral outcomes.
- Do you see that?
- 16 A. I do see that. I'm reading it right now.
- 17 Yes.
- Q. And this particular paper is a meta-analysis,
- 19 right?
- 20 A. Yes.
- Q. Do you have any problems with the conclusions
- of the authors in this meta-analysis?
- A. Which one specifically?
- Q. Well, they have specific conclusions in their
- 25 paper where they concluded that their meta-analysis

- 1 showed no increased risk of anything, right?
- 2 A. I would have to look at that paper directly.
- Q. So this is one of two papers that you have
- 4 cited. The other one happens to be footnote 70.
- Maybe it's just a coincidence. The Merhar
- 6 paper?
- 7 A. Merhar. Yes.
- Q. Page 20. I think you have referenced this
- 9 before. This one was a review of neurodevelopmental
- 10 outcomes in infants. So this is not a meta-analysis.
- 11 This is not a prospective study. This is a
- 12 retrospective paper, correct?
- 13 A. That is correct.
- Q. And is there a difference in your view in
- 15 terms of the reliability of a retrospective paper
- 16 versus a prospective study?
- MS. KEARSE: Object to form.
- 18 A. It depends on -- usually, the gold standard
- 19 is a prospective, but I think if you have great data
- 20 that a retrospective study is -- definitely can give
- 21 you information.
- 22 Q. Okay. So there are actually two studies that
- 23 you have cited here in this particular citation. I
- 24 think that we know the one above it is the torticollis
- 25 paper.

- 1 A. Uh-huh.
- Q. You already mentioned this, right?
- 3 A. Yeah.
- 4 Q. So you say: Infants with opioid exposures
- 5 are more likely than infants with no drug exposures to
- 6 be diagnosed with behavioral or emotional disorders,
- 7 developmental delay, lower developmental scores,
- 8 speech disorder, strabismus, increased incidence of
- 9 torticollis and associated plagiocephaly, flat heads,
- 10 right, and more likely to be exposed to the
- 11 hepatitis C virus.
- 12 And then you cite both of those papers.
- Do you see that?
- 14 A. Yes, that is correct.
- 15 Q. And the McAllister paper at footnote 69 is
- 16 the one with the torticollis and plagiocephaly,
- 17 correct?
- 18 A. Yes.
- Q. So you're setting the next paper, the Merhar
- 20 paper for all of the rest of it, right?
- 21 A. So that's a combination, and I think some of
- that might have been associated with our development.
- 23 I might have been incorporating our last paper that I
- 24 have added onto our CV.
- Q. The hep C part?

- 1 A. No. The one that is published, the
- 2 developmental outcomes comparisons with opioid
- 3 exposure.
- Q. So the question is: Are there specific
- 5 papers besides the two that we have identified, Merhar
- 6 in footnote 70, and Baldacchino in footnote 35, that
- 7 you cite for the proposition that there is evidence
- 8 suggesting long-term deficits in terms of behavior,
- 9 emotion, developmental delay, lower developmental
- 10 scores?
- 11 A. There are multiple other papers. I just
- 12 didn't cite all of them.
- Q. Okay. And the Baldacchino one obviously does
- 14 take ultimately multiple studies and puts them through
- 15 its meta-analysis, right?
- 16 A. And the -- that publication -- what page was
- 17 that on again?
- 18 O. Twelve.
- 19 A. Twelve? So that meta-analysis was published
- in 2014, meaning it went back to studies prior to that
- 21 time, where I don't think our numbers were as high.
- 22 So I think our more current data, which I
- 23 know all took place at our institution, I weighed more
- 24 than that meta-analysis.
- Q. Okay. Can you identify those additional

- studies you're referencing?
- 2 A. I think it is in one of PowerPoints I had, if
- 3 we have it. There is a list of just a generalizable.
- 4 I know there is four that develop -- that talk about
- 5 neurodevelopmental outcomes. I -- I talk -- we have a
- 6 generalized slide in one of our PowerPoints.
- 7 (AmerisourceBergen-Wexelblatt-002 was marked
- 8 for identification.)
- 9 Q. So I'm handing you what's been marked as
- 10 Exhibit number 2 for the deposition. There is an
- 11 additional copy there for plaintiffs' counsel. And
- 12 this was provided with your report as Wexelblatt
- 13 Materials Considered.
- 14 Do you see this?
- 15 A. Yep.
- Q. Are you familiar with this document and the
- 17 way it fits with your report, Exhibit 1?
- 18 A. So, yeah. That's the second paper that I was
- 19 talking about. I may have put some of that
- information into that footnote 69 and 70.
- Q. So let's just make sure it is clear for the
- 22 record. So what this says is the materials you
- 23 considered are the ones referenced in the report,
- 24 which are the -- about 50 papers and citations in the
- 25 report, many of them in here twice, which is why the

- 1 citation number is up.
- 2 And then there are seven additional citations
- 3 as things that you've considered, right? So if you
- 4 put together the citations in the report, plus the
- 5 seven specific citations here, altogether then these
- 6 are the, like I said, roughly 57 total citations or
- 7 materials you considered in connection with doing your
- 8 report, correct?
- 9 A. In addition to the other one that we
- 10 mentioned earlier about the administrative database.
- MS. KEARSE: Counsel, I would also say his
- 12 resume that has publications that he's published. I
- don't know if they're all cited or not, but I think
- 14 that was clear on that's his reliance on anything that
- 15 he's published as well.
- 16 Q. Well, are there articles that you published
- 17 that aren't referenced in the report or listed here
- 18 that are relevant to the issues that we have been
- 19 discussing?
- 20 A. Not on the updated CV. They're all listed.
- MR. ALEXANDER: We will mark the updated CV
- 22 because you refer to it. And frankly, I don't see any
- 23 need to mark the old one. I only have one copy of the
- 24 updated CV, which plaintiffs' counsel provided
- 25 earlier. I'll mark that as Exhibit 3.

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1 (AmerisourceBergen-Wexelblatt-003 was marked
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- 2 for identification.)
- 3 THE WITNESS: Do you need this, sir?
- 4 MS. KEARSE: That's the old one?
- 5 MR. ALEXANDER: That's the new one that you
- 6 gave me. You gave me one copy.
- 7 MS. KEARSE: Okay.
- 8 MR. ALEXANDER: I assume you have one
- 9 yourself?
- MS. KEARSE: Yeah, I did. So you're making
- 11 that an exhibit. I though you said you were going to
- 12 use the old.
- This is mine. I don't need any other copy.
- Q. So what you were saying, Dr. Wexelblatt, is
- that the paper here listed Hall, McCallister,
- 16 Wexelblatt, published last year in something called
- 17 the Population Health Management?
- 18 A. So that actually wasn't published in 2018.
- 19 It was published in 2019. The abstract was available
- 20 online in 2018, and that's why I updated it on the CV
- 21 to show when it was in press.
- 22 Q. And that's called Developmental Disorder --
- 23 I'm sorry, Development Disorders and Medical
- 24 Complications among Infant with Subclinical
- 25 Intrauterine Opioid Exposures?

- 1 A. That is correct.
- Q. Okay. So, what does "subclinical" in this
- 3 context mean?
- 4 A. Not needing pharmacologic treatment.
- Q. Okay. So these are not NAS babies, as you
- 6 define them?
- 7 A. They are babies that have opioid exposure
- 8 that are did not need pharmacologic treatment.
- 9 Q. In your report, you're not opining on the
- 10 need to do anything in terms of additional follow-up
- 11 specifically with this subset of opioid exposed but
- 12 non-NAS babies, correct?
- 13 A. No. Number 50 talks about closer follow-up
- is needed for opioid exposed compared to nonopioid
- 15 exposed.
- Q. Is that the extent of the opinions you intend
- 17 to give on this subject?
- A. Well, more about what we are seeing, that
- 19 there are differences between opioid exposed not
- 20 needing pharmacologic treatment and those that are
- 21 nonopioid exposed.
- 22 And that is what we referenced multiple times
- 23 throughout the day today about when I compared them to
- 24 the 15,000 in our PP -- our primary care center,
- 25 that's the paper that it has been referring to.

- Q. Okay. So where we were when we got started
- on all of this was whether there were papers now in
- addition to these three, this 2019 Hall paper, and
- 4 then the Merhar paper, and the Baldacchino paper that
- 5 you cite as you sit here today for the proposition
- 6 that there are long-term complications associated with
- 7 either NAS or subclinical uterine opioid exposure?
- 8 A. Those are the ones I talk about in this
- 9 paper.
- 10 Q. Are there others that you can identify that
- 11 you think are authoritative or definitive on the
- 12 subject?
- 13 A. Just the ones that we reference within these
- 14 papers I think give a background on each of these
- 15 subjects.
- 16 Q. Okay. And are there specific conditions or
- 17 findings that you would add to the list in paragraph
- 18 49 where you talked about -- and which we already
- 19 read -- behavioral or emotional disorders going down
- 20 through hepatitis C.
- 21 Are there other conditions that you would say
- 22 are more likely to occur because of in uterine -- in
- 23 utero opioid exposure whether it result in NAS or not?
- A. I think that's a pretty good list.
- Q. And are any of these shown to last after the

- 1 age of two?
- 2 A. Yes.
- 3 O. Which ones?
- 4 A. Strabismic can. Hepatitis C can.
- 5 Behavioral, emotional disorders can. Developmental
- 6 delay can. Lower developmental scores can. And
- 7 speech disorders can.
- 8 Q. Okay. So --
- 9 A. Mainly the only ones that are not that are
- 10 usually treated and addressed are the torticollis and
- 11 the plagiocephaly.
- 12 Q. Okay. And in terms of the behavioral and
- 13 emotional disorders, developmental delays, lower
- 14 developmental scores, speech disorder, I'll put those
- 15 together.
- 16 Those are not identified as being a specific
- 17 physiologic difference, correct?
- 18 A. Define physiologic difference.
- 19 Q. Well, for speech disorder, it is not like
- there is a problem with the palate or the tongue.
- These are essentially things measured by
- 22 behavior and testing as opposed to an observed
- 23 physical difference from the norm?
- A. There is no physical findings that would
- 25 impair speech from that, correct.

- Q. Okay. And the same thing for anything that
- 2 developmental delay, emotional disorders, lower
- developmental scores, there is nothing that has been
- 4 described like there is a difference in brain
- 5 structure or some other anatomic structure that would
- 6 explain any of this?
- 7 A. They're looking at MRIs, formation and brain,
- 8 so I don't know if we have that answer, but I know it
- 9 is being looked at.
- 10 Q. And this is where we have the significant
- 11 issue we have talking about: The import of or the
- 12 potential confounding factors of socioeconomic status
- and other things that are potential determinants of
- 14 poor outcomes in terms of emotional delays, behavior,
- 15 developmental, when somebody is raised by somebody who
- is addicted to drugs or is otherwise in one of these
- 17 circumstances that may be high trauma and high
- 18 difficulty --
- MS. KEARSE: Object to form.
- 20 Q. -- correct?
- 21 A. The thing is most of our patients with NAS
- 22 don't fall into that category. The majority are
- 23 falling into MAT. So that would maybe take that
- 24 out.
- Q. Are you seeing some difference on any of

- 1 these things with MAT-treated mothers who give birth
- 2 to babies that have these -- well, let me ask it this
- 3 way because -- the babies aren't treated. You're
- 4 talking about MAT to the mothers during pregnancy?
- 5 A. Correct.
- Q. Versus illicit drug use during pregnancy?
- 7 A. So we are talking about their opioid
- 8 exposure.
- 9 Q. Are you seeing some difference in terms of
- 10 long-terms effects that are nonphysiologic in nature,
- 11 depending on whether the mother received MAT during --
- 12 during pregnancy or whether she was using illicit
- 13 drugs during pregnancy?
- A. We are in -- our number of babies at this
- 15 time isn't powered enough to figure that out, but we
- 16 are looking at that.
- 17 Q. Are you looking at that in connection with
- 18 any particular research project?
- 19 A. It's part of our NAS clinic, which is a
- 20 hybrid -- clinical/research clinic.
- Q. And are you seeing anything so far that lets
- 22 you have a hint as to what the data shows?
- A. We are not powered yet, so we wouldn't look
- until we had a large enough power to see.
- 25 O. Power and statistical considerations matter

- 1 to you, right?
- 2 A. Yes.
- Q. You're like a clean researcher, you want
- 4 statistical significance, you want to only have things
- 5 where the original selected end point is met according
- 6 to the original statistical criteria?
- 7 MS. KEARSE: Object to form.
- 8 A. And that's what I have used for -- reasons to
- 9 put papers in here.
- 10 Q. You're not one of these people who will say
- 11 it is not statistically significant but there was some
- 12 trend and you're going to rely on that as showing
- 13 something as having been proven or demonstrated,
- 14 right?
- MS. KEARSE: Object to form.
- A. All of these things listed, especially on 49,
- 17 had a P value of less than .205.
- Q. And is that typically what you use in your
- 19 studies?
- 20 A. Yes.
- 21 Can we take a break?
- 22 MS. KEARSE: Is it a good time for break yet?
- MR. ALEXANDER: It's a good time for a break.
- THE VIDEOGRAPHER: We are now going off
- 25 record. The time is 2:56.

- 1 (There was a brief recess.)
- THE VIDEOGRAPHER: We are now back on
- 3 record. The time is 3:30.
- Q. Dr. Wexelblatt, we had a nice long break.
- 5 You still going strong?
- 6 A. Yes, sir.
- 7 Q. Are there any of your opinions so far that
- 8 you need to change or supplement in any way?
- 9 A. Yes, I did find that literature review that I
- 10 mentioned in my talk that discusses studies that have
- 11 shown infants being exposed to opioids at a higher
- 12 risk for. If you would like that list.
- Q. Sure. Can I see that, please?
- 14 How was it that you came to find this during
- 15 the break?
- 16 A. We -- I have it on my computer, my docs.
- 17 Q. Okay. You went to look for it, is that what
- 18 you're saying?
- 19 A. That we have -- yeah, it is on my --
- Q. You keep saying "we" sometimes and then "me."
- 21 So I'm just trying to understand what.
- Did you find this during the break?
- 23 A. I found it. Anne has a copy of it from
- 24 previously giving it to her.
- Q. All right. So looking at this, the paper

- 1 cited, if I understand the citation for Hall,
- 2 McAllister is the one we went over, that's your paper
- 3 that now is published in 2019, but it is described
- 4 here as being 2018 because that's when the abstract
- 5 was, correct?
- A. That was when it was available online,
- 7 correct.
- Q. And so we have one of the other papers we
- 9 already described, the Merhar paper. And then there
- 10 are a couple other older papers.
- 11 A. Right.
- Q. And then there is one other newer paper that
- isn't described in here. Morris and Hall, Wexelblatt,
- 14 McAllister abstract PES 2019.
- What is that?
- 16 A. That's one that we mentioned earlier with the
- 17 strabismus.
- Q. Okay. All right. So in terms of the issues
- 19 we were talking about before, neurodevelopmental
- 20 delays, executive functioning, memory, attention,
- 21 behavioral problems.
- There is the Merhar paper, which is in the
- 23 report, the Hall paper, which we have identified
- 24 already, and then some other older papers, Sundelin,
- 25 Scovland and Conan and Burke, if I'm saying that name

- 1 right. Had a couple Js in there somewhere.
- 2 Does that sound about right?
- A. If that's what that list says, yes.
- Q. And so this is from a presentation that you
- 5 gave how recently?
- A. Within the last year. I think this was from
- 7 September at the Ohio AAP meeting, which is listed on
- 8 my CV as my most second to recent talk.
- 9 Q. Is this the entire presentation?
- 10 A. Looks like you had it all along.
- Q. And does it end with the thing about Abe
- 12 Lincoln?
- 13 A. Yeah.
- Q. -- saying that the internet is fake and he's
- 15 taking a selfie, that's the one?
- 16 A. That would be the one.
- Q. Okay. And this is also where you have the,
- 18 It takes a village thing that we talked about?
- 19 A. That's not in that doc, I don't think.
- Q. Okay. Maybe some other piece.
- 21 A. That's a OPQC one.
- I talked over him. I apologize
- 23 Q. There was at least one other kind of silly
- 24 jokish thing in here besides the Abe Lincoln thing,
- 25 but we can find it another time.

- 1 A. Yeah.
- Q. So that was a talk that you gave called
- 3 neonatal abstinence syndrome delivered by you directly
- 4 at -- was that given at Cincinnati Children's or some
- 5 other venue for the talk?
- 6 A. That was presented at the Ohio Chapter --
- 7 that was presented in Columbus, Ohio.
- 8 O. And what was the event?
- 9 A. That was Ohio Chapter of American Academy of
- 10 Pediatrics annual meeting.
- 11 Q. So the other silly thing I was thinking about
- 12 here is you've got an apples to oranges comparison of
- 13 LeBron James in a Heat jersey for some reason. You
- 14 must not know your venue, or Michael Jordan from a
- 15 video game.
- Do you remember that?
- 17 A. Yes.
- Q. Do you stand by everything in this
- 19 PowerPoint?
- 20 A. Yes.
- Q. Is there an updated version of this or is
- this still one that you are giving?
- 23 A. So I update it before any talk I give, so, to
- 24 update data or studies. So, the most recent talk I
- 25 gave in March in 2019 at the Tristate Symposium was

- 1 more focused as it was a 15-minute presentation and
- 2 that was more -- those slides are -- it was mostly on
- 3 the epidemiology in our region.
- 4 Q. Okay.
- 5 A. But from that slide deck. It is just not the
- 6 full slide deck.
- 7 Q. Why don't we walk through then the papers
- 8 that we have that we have identified, including up to
- 9 the paper that you were on with Hall that published
- 10 earlier this year. Okay?
- 11 A. Okay.
- Q. So I've marked as Exhibit 4 -- did you say
- it's Merhar, or do you pronounce it differently?
- 14 A. Merhar. But I'll know who you are referring
- 15 to if you say it that way.
- Q. So here is a copy for you marked as
- 17 Exhibit 4. This is, for the record, the Merhar paper,
- 18 from Journal of Perinatology 2018, called Retrospect
- 19 review of neurodevelopmental outcomes in infants
- 20 treated for neonatal abstinence syndrome. And there's
- 21 a copy for plaintiffs' counsel as well.
- 22 (AmerisourceBergen-Wexelblatt-004 was marked
- 23 for identification.)
- MR. ALEXANDER: Actually, I'm going to mark
- 25 four of them. That will just speed it up. And we

- 1 will go from there.
- I have for you your paper, Exhibit 5. This
- 3 is the Hall paper, Developmental Disorders and Medical
- 4 Complications Among Infants with Subclinical
- 5 Intrauterine Opioid Exposures, published earlier this
- 6 year in Population Health Management.
- 7 That's Exhibit 5, and there is a copy for
- 8 plaintiffs' counsel as well.
- 9 (AmerisourceBergen-Wexelblatt-005 marked was
- 10 for identification.)
- MR. ALEXANDER: I have the Baldacchino paper
- 12 that we mentioned as Exhibit 6. That is
- 13 Neurobehavioral consequences of chronic intrauterine
- 14 opioid exposure in infants and preschool children: a
- 15 systematic review and meta-analysis.
- Published in BMC Psychiatry in 2014, and a
- 17 copy for plaintiffs' counsel.
- I also have a copy of the ACOG Committee
- 19 Opinion Number 711 from ACOG and the American Society
- 20 of Addiction Medicine. And that is from August of
- 21 2017.
- 22 A copy of that for plaintiffs' counsel as
- 23 well.
- 24 (AmerisourceBergen-Wexelblatt-006 was marked
- 25 for identification.)

- 1 (AmerisourceBergen-Wexelblatt-007 was marked
- 2 for identification.)
- Q. What I would like to do -- we will start in
- 4 maybe chronological order just so we understand
- 5 because I think you have talked about the evolution of
- 6 the literature in this area.
- 7 So the first one chronologically out of
- 8 these, ignoring all of the references and stuff, is
- 9 the Baldacchino paper.
- 10 Do you see that?
- 11 A. Yes.
- Q. So that's Exhibit 6, correct?
- 13 A. This one doesn't have a number on it.
- Q. Then you handed the one with the sticker to
- 15 the plaintiffs' counsel, and you always keep the one
- 16 with the stickers.
- MS. KEARSE: And I just messed all of these
- 18 up. All right. So this is --
- 19 Did I not give you a sticker copy?
- THE WITNESS: Yep. It was in -- yeah.
- MS. KEARSE: So this is 6?
- MR. ALEXANDER: This is 6.
- 23 MS. KEARSE: I don't want to slow the record
- 24 down, but can you just give me the numbers of what is
- 25 corresponding to what?

- 1 MR. ALEXANDER: Five is Merhar. Six is
- 2 Baldacchino.
- THE WITNESS: No. Four is Merhar.
- 4 Retrospective review is Number 4.
- 5 Developmental disorders is Number 5.
- 6 ACOG is 7.
- 7 Q. Okay. Let's start with the first in time,
- 8 Number 6, the Baldacchino paper, which we have talked
- 9 about a little bit, correct?
- 10 A. Yes.
- 11 Q. Okay. So, we have talked about what a
- 12 meta-analysis is, correct?
- 13 A. Correct.
- Q. And you obviously didn't just read the
- abstract; you read the whole paper, correct?
- A. Awhile ago on this paper, but yes.
- Q. When you write papers, do you ever have to
- 18 write up an abstract section to follow a specific
- 19 format to summarize what happens in the paper?
- 20 A. Yes. Each journal has different word
- 21 limitations and styles that they want. So, majority,
- the average I would say is 250 words is allowed for an
- 23 abstract.
- Q. And this paper is authors out of Scotland,
- 25 correct?

- 1 A. It does say that they are out of University
- 2 of Dundee.
- Q. And do you know what the history is of trends
- 4 in terms of opioid exposure during pregnancy and high
- 5 opioid use in Scotland?
- 6 A. No.
- 7 Q. Do you know if that is one of places where
- 8 there has been a lot of research because they have
- 9 pretty high historic narcotic and opioid use among
- 10 European countries?
- MS. KEARSE: Object to form.
- 12 A. I'm not aware of that.
- Q. Okay. So under the Results section -- just
- 14 start with the abstract for completeness.
- 15 The second -- the third sentence says: This
- 16 meta-analysis showed no significant impairments at a
- 17 nonconservative significance level of P less than 0.05
- 18 for cognitive psychomotor or observed behavioral
- 19 outcomes for chronic intrauterine exposed infants and
- 20 preschool children compared to nonexposed infants and
- 21 children.
- Do you see that?
- 23 A. I do see that.
- Q. And just so we are on the same page as it
- 25 relates to your presentation, cognitive, psychomotor,

- 1 and observed behavioral outcomes, those do overlap
- with the topics that you identify, right?
- 3 A. Correct.
- Q. I mean, you don't have a psychomotor
- 5 category, do you?
- A. In which paper are you referring to?
- 7 Q. I was saying as you've broken it out in the
- one page from your presentation that you pulled out
- 9 earlier.
- 10 A. No, we don't break it out that way.
- 11 Q. Okay. But you have cognitive and behavioral,
- 12 correct?
- 13 A. In my --
- Q. Executive functioning --
- 15 A. Yes.
- 16 O. So we're talking about the same sort of
- 17 measures, correct?
- 18 A. Correct.
- 19 Q. And you said P -- a P value of .05 is what
- 20 you typically use in your studies, correct?
- 21 A. Correct.
- 22 Q. Which is the standard and what you think is
- 23 appropriate for doing research, right?
- 24 A. I do agree with that.
- Q. So if you go to the body of paper, they talk

```
about their process for doing the meta-analysis, and
 1
     then they give their results with -- with regard to
     each of the things that they looked at starting on
 3
 4
     page 6 of 12.
 5
              Do you see that?
              Page 6 of 12, the Results section?
 6
 7
              You see -- yeah, the top right corner, it
 8
     says page blank of 12.
              Do you see that? The top right corner of
 9
10
     each page --
11
          Α.
              Yes.
12
          Ο.
              -- it says page 6 of 12 or 7 of 12.
13
          Α.
              Yes.
              And so as you go through these, of
14
          Q.
     neurobehavioral function, and then the examination of
15
16
     opioid exposed infants compared to nonopioid exposed
17
     infants, with regard to each of these things they say,
18
     -- this is their scientific language, the null
     encompasses was not different, or it says the --
19
20
     basically the language they use is that the null
21
     hypothesis could not be rejected.
22
              Do you see that language?
```

just --

23

24

Can you just -- where are you? I'm sorry.

Α.

- 1 used in each of the sections starting on the right
- 2 column of page 7 of 12. And it doesn't really matter.
- 3 I'm asking you what -- the phrase, "the null
- 4 hypothesis could not be rejected" is basically, we
- 5 couldn't establish that there was a difference?
- 6 A. Correct. So that trend crosses the zero
- 7 number, meaning you -- it doesn't meet the
- 8 statistical, it is more of a trend in this -- the
- 9 papers.
- 10 Q. And so then if you go to the Discussion
- 11 section on page 8 of 12, they have a direct statement
- 12 for all of these: Our findings -- so this is under
- 13 Discussion, Key findings -- and it looks like it is
- 14 about the third sentence.
- 15 It says: Our findings indicate no
- 16 significant impairments in cognitive, psychomotor or
- 17 observed behavioral outcomes for chronic intrauterine
- 18 exposed infants and preschool children.
- 19 Do you see that?
- 20 A. I do see that.
- Q. And you think that's a fair reading of their
- 22 research, correct?
- A. Right. Well, in the last statement that
- 24 continues that, "...although in all domains there is
- 25 trend to poor outcomes..."

- 1 MS. KEARSE: Counsel, can I -- I know that
- 2 you made this article an exhibit, but I don't think
- 3 this is the final article of this paper. There is a
- 4 corrected publication of this.
- 5 MR. ALEXANDER: This is the citation that he
- 6 has in his thing, and if it's an objection, then it's
- 7 an objection.
- 8 MS. KEARSE: Okay. Well, we can --
- 9 MR. ALEXANDER: This is what I believe is
- 10 exactly what he cited as is.
- MS. KEARSE: Maybe go off the record for a
- 12 second.
- Q. So I'm not sure I got an answer to my
- 14 question.
- MR. ALEXANDER: Could we have the answer read
- 16 back from the last pending question?
- MS. KEARSE: Well, I just don't want to
- 18 confuse the witness if this is not the specific
- 19 article in there, too, because there is a corrected
- 20 version of this article. So --
- MR. ALEXANDER: I mean, I'm sure you're
- 22 allowed to object to form, and that's about it, but go
- ahead.
- MS. KEARSE: Well, if this is not the updated
- 25 article, I'm here to amend it --

```
1
              THE WITNESS: Yeah, and --
 2.
              MS. KEARSE: -- and to be asking about that.
 3
              MR. ALEXANDER: Yeah. So, I'm sorry.
 4
              Did we have an answer to the last question,
 5
     ma'am?
 6
              THE WITNESS: So I was stating that
 7
     "...although in all domains there was a poor
 8
     trend..., " so meaning that the P value wasn't
     significant, but it was above zero --
10
          Ο.
             I'm sorry --
11
          Α.
             -- is what their discussion is stating.
12
          Ο.
              Do you think the statement, "Our findings
13
     indicate no significant impairments... " for each of
14
     these things is a fair statement of what they actually
15
     found according to the scientific standards that they
16
     used and you think should be used?
17
              And as long as you add in the last statement
18
     that "there is trends to poor outcomes...," yes.
19
              Right. As we said earlier, you, as a
20
     researcher and a rigorous scientific mind, don't go
     off of mere trends, you require something to be
21
     statistically significant before you would rely on it
22
23
     as establishing anything, correct?
```

Right. So there is a trend, then we would

investigate it further.

24

25

- Q. Okay. Got it. That's why we are going
- 2 through these chronologically.
- 3 A. Yes.
- 4 Q. If you go to the page 10 of 12 that says
- 5 Clinical Relevance.
- It says: This meta-analysis helps in
- 7 supporting certain clinical observations in this
- 8 population. The observed, if any, neurobehavioral
- 9 outcomes in infants and preschool children prenatally
- 10 exposed to opioids are very often attributed to
- 11 substance exposure.
- 12 Do you see that?
- 13 A. I do see that.
- Q. However it is important to examine the
- 15 contribution of other influences on a child's
- 16 development.
- Do you agree with that so far?
- 18 A. I agree that's what is written, yes.
- 19 Q. Do you agree with those two statements so
- 20 far, that often there will be maybe a facile
- 21 attribution to substance exposure, but it is important
- 22 to examine the contribution of other influences on a
- 23 child's development?
- A. Yeah. That time when this was written in
- 25 2014, I think that was a very good statement.

- 1 Q. It continues: Ongoing maternal depressive
- 2 illness is correlated with poor cognitive and motor
- 3 development and increase in teacher and parent rated
- 4 behavior problems in preschool children. Poverty and
- 5 low socioeconomic status is inversely related to
- 6 children's developmental performance.
- 7 You agree with both of those statements,
- 8 right?
- 9 A. I'm -- and I don't know about this -- this
- 10 paper, I don't know if I correctly cited.
- So I think this is the first time I am seeing
- 12 and I may have -- so I don't know if I put the correct
- 13 statement -- the title in this paper, but this is a
- 14 paper that I'm reviewing now.
- MS. KEARSE: Can we go off record one second?
- 16 I think it is --
- 17 THE VIDEOGRAPHER: We are not off record. Do
- 18 you agree to go off record?
- MR. ALEXANDER: No.
- MS. KEARSE: Okay.
- MR. ALEXANDER: I want him to answer the
- 22 questions I have.
- MS. KEARSE: Okay.
- MR. ALEXANDER: Without coaching. And if he
- 25 can --

- MS. KEARSE: Well, I'm not coaching. That's
- 2 why I was going to go off record, so --
- MR. ALEXANDER: Well, that's what's
- 4 happening, so why don't we just go with question and
- 5 answer. If you need to clean it up, you can ask your
- 6 own questions and then we get to ask ours after you
- 7 ask yours. That's how it works.
- I don't want to have my time taken up with
- 9 this.
- MS. KEARSE: Okay. Well, we'll correct it.
- 11 Q. Dr. Wexelblatt --
- 12 A. Yes, sir.
- Q. Okay. So, if you continue on in the same
- 14 paragraph, it says: Factors that become -- actually,
- 15 I'm sorry.
- The last two sentences I asked you about, did
- 17 you agree with those, the one that starts with,
- 18 Ongoing maternal depressive illness and then continues
- 19 about poverty and low socioeconomic status?
- Do you agree with those two statements?
- MS. KEARSE: I'm going to have a running
- 22 objection. Until he has the article in front of him.
- 23 It's cited correctly, but it's not the actual article
- 24 that is -- that -- that there's an errata there,
- 25 correction of the --

- 1 MR. ALEXANDER: You can have a running
- 2 objection. That is an improper objection according to
- 3 the Court's rules.
- 4 MS. KEARSE: Well, I'm just saying it's --
- 5 you indicated it -- it was cited and you looked it up
- 6 this way. If you look it up in the publication, it's
- 7 not this article.
- MR. ALEXANDER: Again, coaching, improper
- 9 objection. Let's -- you can have a running objection,
- 10 so you don't need to keep coaching. You can have him
- 11 just --
- MS. KEARSE: I'm not coaching.
- MR. ALEXANDER: -- answer the questions.
- MS. KEARSE: It's actually a fact of the
- 15 article. You said you looked up from the citation,
- 16 and if you looked it up from the citation, I don't
- 17 think you would have pulled up this article.
- 0. Dr. Wexelblatt --
- 19 MS. KEARSE: I would just say, this article,
- 20 there is a correction to it. We will go over that on
- 21 redirect.

22

- 23 BY MR. ALEXANDER:
- Q. Dr. Wexelblatt, I'm not I got an answer to my
- 25 question.

- The sentences in the Clinical Relevance
- 2 section of this paper that say: Ongoing maternal
- 3 depressive illness is correlated with poor cognitive
- 4 and motor development and increase in teacher and
- 5 parent rated behavior problems in preschool children;
- 6 and: Poverty and low socioeconomic status is
- 7 inversely related to children's developmental
- 8 performance.
- 9 Do you agree with both of those?
- 10 A. I would agree with the second one, and the
- 11 first one I do not know.
- 12 Q. Okay. This continues, if you go down a
- 13 little bit: Factors that became significantly
- 14 associated with neurobehavioral outcomes included low
- 15 socioeconomic status, low maternal IQ, poor quality of
- 16 the home environment, and children's lead exposure.
- 17 Overall it is increasingly becoming evident that the
- 18 risk factors that can pre poor neurobehavioral
- 19 outcomes is not the drug-fuelled lifestyle or actual
- 20 substance exposure during pregnancy, but the presence
- of multiple interrelated and weighted variables
- 22 cumulatively influencing neurobehavioral outcomes.
- Do you see where I read?
- A. So is that -- I did see that and it is
- referring to studies that happened around 2000 and

- 1 2001. So, I think going back to that time period,
- 2 that is probably is correct.
- Q. Okay. So, my question is: Do you agree with
- 4 those statements?
- 5 A. No. Because I think that we have evolving
- 6 information to go against that.
- 7 Q. Okay. As of 2014, was it the consensus that
- 8 it was the presence of multiple interrelated and
- 9 weighted variables that have influenced
- 10 neurobehavioral outcomes in children who had in utero
- 11 exposure to opioids or opiates?
- 12 A. I would have to change that date to 2002 is
- 13 the average, looks like, paper written during this
- 14 time period. So you would have to go back to then,
- 15 not 2014 when it was published.
- 16 You would have to look at when the
- 17 meta-analysis looked at the papers. And so those
- 18 papers are 2008, 1998, 2001, 2001, 2001.
- 19 Q. Okay. So then it continues: The risk
- 20 factors were: maternal mental health, maternal
- 21 attitudes towards parenting and maternal-child parent
- 22 interaction, maternal education, parental occupation,
- 23 minority status, stressful life events and family size
- 24 with not one risk factor contributing exclusively to
- one cognitive or neurobehavioral outcome.

- 1 Do you see that?
- 2 A. Yes, I see that.
- Q. Did you disagree with that one, too?
- 4 A. I think that was probably true in 2002. I
- 5 think we have had a lot more evolution in the
- 6 literature to change that mind-set.
- 7 Q. So in terms of your ongoing research -- we
- 8 have talked about this.
- 9 You said that you track socioeconomic status,
- 10 and you're unable to keep tracking maternal education
- 11 level, correct?
- 12 A. We are not unable to. We have decided not to
- 13 because of the amount of time that it took to get that
- 14 information. It wasn't easily pullable from the EHR,
- 15 that we decided to focus on things that we thought
- 16 were more important.
- 17 Q. Okay. So are you tracking maternal
- 18 depressive illness?
- 19 A. That is part of the problem set.
- Q. So you will be going forward tracking that?
- 21 A. We always have looked at that.
- 22 Q. How about low maternal IQ, are you tracking
- 23 that?
- A. No. But that is a -- listed on the mother's
- 25 problem list, so that is tracked. If she does have a

- 1 significantly lower IQ, that would fall outside of the
- 2 standard deviations and make her have mental
- 3 retardation.
- Q. What about low -- I'm sorry, poor quality of
- 5 the home environment?
- 6 A. That is not looked at.
- 7 Q. Child lead exposure?
- 8 A. Luckily, we are not seeing that much
- 9 anymore.
- 10 Q. Okay. What about maternal mental health,
- 11 more broadly than just depression, are you tracking
- 12 that?
- 13 A. We are addressing it in our MOMS Project,
- 14 yeah. That's one of the main focuses is maternal
- 15 mental health.
- Q. I'm saying for your purposes of your
- 17 research.
- 18 A. As part of our ongoing NAS clinic, yeah,
- 19 that's part -- one of -- we have the mom's problem
- 20 list in there.
- Q. The papers you published already don't track
- 22 that as a factor to correct for?
- 23 A. Not everything we -- if there is stuff that
- 24 we are finding that doesn't have an effect to our
- opinion, we don't list everything that may not be in

- 1 there.
- Q. So if you try a correction, it wouldn't
- 3 change things; that's the whole point, right?
- 4 A. Correct.
- Q. Okay. So in your published papers on this
- 6 issue, you haven't corrected for maternal mental
- 7 health, maternal attitudes towards parenting and
- 8 maternal child parent interaction, correct?
- 9 A. Correct.
- 10 Q. And you haven't accounted for maternal
- 11 education --
- 12 A. We have --
- Q. -- after that first paper?
- 14 A. Yes, we have not continued that.
- Q. You haven't accounted for parental
- 16 occupation?
- 17 A. Correct.
- Q. You said you accounted for race, that you
- 19 said you had some higher findings in Caucasians, so I
- 20 guess that means you have accounted for minority
- 21 status?
- 22 A. Yes.
- Q. Stressful life events and family size, do you
- 24 account for either of those?
- A. We didn't find any change when we looked at

- 1 family size for our first one, so we stopped tracking
- 2 it as it didn't have any risk factors.
- Q. Okay. Why don't we go to the next one in
- 4 time. The ACOG committee opinion, which should be
- 5 Exhibit 7.
- And we talked about this earlier, in general,
- 7 that you identify this and you talked about various
- 8 recommendations this makes regarding treatment and
- 9 diagnosis and screening with regard to opioid use --
- 10 opioid use disorder in pregnancy, correct?
- 11 A. Correct.
- Q. And this is cited in your report in multiple
- 13 places, right?
- 14 A. It is.
- 15 Q. I'm going to jump to the relevant part for
- 16 our current discussion and then we may go back to a
- 17 little bit more.
- This does have a discussion as of August of
- 19 2017 based upon the consensus work of a committee of
- 20 experts from the American College of Obstetricians and
- 21 Gynecologists, and the American Society of Addiction
- 22 Medicine. It has a discussion about this issue of
- long-term infant outcomes, correct?
- A. There is a section on that on page 10.
- Q. So on page 10, there is a section that talks

- 1 about neonatal abstinence syndrome, correct?
- 2 A. Yes.
- Q. And that's part of what you've actually cited
- 4 in your report, correct?
- 5 A. I -- this is most of the information -- that
- 6 is -- a lot of information I think is -- I take that
- 7 back.
- 8 This stuff in -- under Neonatal Abstinence
- 9 Syndrome, I would have to review right now to see what
- 10 made it into the report or not. As you know, there is
- 11 lot of papers that went into this.
- Q. Yeah. So I mean, like for instance, I can --
- 13 I can help you. If you go down about three-quarters
- of way, there are things that I think are very
- 15 directly stated in your report as adopting the same
- 16 kind of recommendation. I'm not saying you -- you
- 17 copied them or anything, but it is the same.
- Each nursery should develop an evidence-based
- 19 written policy to assess and treat an infant with
- 20 neonatal abstinence syndrome and women should be
- 21 informed of key components of these policies.
- That's very much like one of the proposals
- 23 we went over, right?
- A. Yeah. I think that is taken from our paper
- 25 in Pediatrics.

- 1 Q. And it says: Families should be encouraged
- 2 to visit and care for their infants and women should
- 3 be supported in their effort to breastfeed their
- 4 infants, if appropriate?
- 5 A. That is also correct.
- Q. Okay. Are you a member of either of those
- 7 organizations, ACOG or ASAM?
- 8 A. No.
- 9 Q. Were you somebody who participated in this
- 10 ACOG Committee Opinion?
- 11 A. No, but I think our papers are cite in it.
- 12 Q. They are. A couple of them.
- 13 A. Yep.
- 14 Q. So the Long-Term Infant Outcomes section is
- 15 right after the section of Neonatal Abstinence
- 16 Syndrome, correct?
- 17 A. That is correct.
- Q. And it says: Long-term outcomes of infants
- 19 with in utero opioid exposure have been evaluated in
- 20 several observational studies.
- 21 A major challenge in assessing these outcomes
- 22 is isolating the effects of opioid agonists from other
- 23 confounding factors such as use of other substances
- 24 (tobacco, alcohol, nonmedical drugs) and exposure to
- environmental and other medical risk factors, e.g.,

- 1 low socioeconomic status, poor prenatal care.
- 2 Do you see that so far?
- 3 A. Correct.
- 4 Q. Do you agree with that so far?
- 5 A. I do.
- Q. Do you agree that that is a challenge of
- 7 doing research like this?
- 8 A. It is a challenge.
- Q. For the most part, studies have been found --
- 10 I'm sorry. I'll start over again:
- 11 For the most part, studies have not found
- 12 significant differences in cognitive development
- 13 between children up to five years of age exposed to
- 14 methadone in utero and control groups matched for age,
- 15 race and socioeconomic status, although scores were
- often lower in both groups compared with population
- 17 data.
- Do you see that?
- 19 A. I do see that, and know that that was cited
- 20 from the one paper, yes.
- Q. Yeah, the citation 88 is to the Kaltenbach
- 22 paper --
- 23 A. Uh-huh.
- 24 Q. -- from 1984.
- 25 A. That is correct.

- Q. Okay. I have that paper here if there is a
- 2 need to look at it, but I don't think there is for
- 3 these questions.
- 4 It says --
- 5 MS. KEARSE: We offered it. If he wants to
- 6 look at it.
- 7 Q. -- Preventative interventions that focus on
- 8 supporting the woman and other caregivers in the early
- 9 and ongoing parenting years, enriching the early
- 10 experiences of children, improving the quality of the
- 11 home environment are likely to be beneficial.
- 12 Do you see that?
- 13 A. I do.
- Q. And for the record, that's also based on a
- 15 really old paper. That's one from the 1980s. Okay.
- So do you agree that this summary of what the
- 17 literature showed about long-term infant outcomes with
- 18 neonatal abstinence syndrome was correct as of August
- 19 of 2017?
- 20 A. I think that shows that there was a lack
- 21 of -- that the best paper they could come up with was
- from the late '90s, showed that there was a huge need
- for research, is the way I read that section.
- Q. Okay. So was this a correct statement of
- what the literature showed as of August of 2017?

- 1 A. So that's when it was published, so I --
- 2 knowing now a committee member -- opinions meet from
- 3 the AAP standpoint, these are usually two years to
- 4 develop. So once again, we are going back to 2015
- 5 when they were writing this information up.
- So, yeah, I think at that time we didn't have
- 7 an evolving understanding of what the long-term
- 8 outcomes are.
- 9 Q. If you go to the references, I know it
- 10 doesn't say exactly when this was all done --
- 11 A. Uh-huh.
- 12 Q. -- but if you go to the first two references,
- 13 you see that it shows that these were actually
- 14 retrieved in March of 2017.
- Do you see that?
- 16 A. For that. I was talking about the long-term
- 17 outcomes section.
- Q. I understand. I'm talking about when the
- 19 paper was prepared.
- A. Uh-huh.
- Q. The first two citations retrieved in 2017.
- 22 Next one is an article that only came out in 2016.
- 23 The one after that and the one after that, both
- 24 retrieved in March of 2017.
- Do you see that?

- 1 A. So I don't know what they immediate mean by
- 2 "retrieved." I would have to see when they were
- 3 actually published, and I don't even know if that was
- 4 -- because if you look at number two, it is actually
- 5 talking about a 2011 study, it looks like.
- Q. It's a 2013, that's what it says, actually.
- 7 A. Number 2 says "Drug Abuse Warning Network"
- 8 2013 -- 2011.
- 9 Q. The publication from SAM says 2013.
- 10 A. So "retrieve" must be when they downloaded
- 11 it, is what I'm reading that.
- Q. Okay. So if you go on, there are other
- 13 studies or papers that weren't published until 2016 or
- 14 later --
- 15 A. Looks like '16.
- 17 A. Correct. So that would -- like I said, it
- 18 takes it a full year to get these protocols,
- 19 correct.
- Q. Okay. All right. So was this a correct
- 21 statement of what the literature showed about
- 22 long-term effects, the possibility of long-term
- effects in NAS infants as of roughly mid-2016 to
- 24 mid-2017?
- MS. KEARSE: Object to form.

- 1 A. Once again, I would look at their -- when
- 2 they section -- when they looked at all of their
- 3 references from that section, the most up-to-date one
- 4 was 2013.
- 5 So, I was -- I do think that this -- it was
- focused on the obstetrics side because this is ACOG.
- 7 So I don't know where they were getting their
- 8 information on neonatal abstinence syndrome or
- 9 long-term outcomes besides literature review, which
- 10 shows that they were looking at certain papers.
- 11 Q. Okay. Why don't we go backwards for a little
- 12 bit in this paper, because this is something that you
- 13 have cited a couple of times.
- Can you go then to the page 3, which is Role
- of the Obstetrician-Gynecologist and Other Obstetric
- 16 Care Providers.
- The last language on page 3, says: Finally,
- 18 obstetric care providers have an ethical
- 19 responsibility to their pregnant and parenting
- 20 patients with substance use disorder to discourage the
- 21 separation of parents from their children solely based
- on substance use disorder, either suspected or
- 23 confirmed.
- 24 Do you see that?
- 25 A. I do.

- Q. Is this issue any part of your proposal, the
- 2 issue of whether family separation should be
- 3 encouraged or discouraged and what effect it has on
- 4 the outcomes for the children?
- 5 A. So it would depend on each individual person.
- So if you just have a substance use disorder and
- 7 you're in treatment, well, then, of course, that
- 8 should not be a reason to separate the infant from
- 9 their mother.
- 10 Q. That wasn't my question. I said is your plan
- 11 addressing at all the issue of how and when children
- 12 are separated from parents with a substance abuse
- diagnosis, whether they're in treatment or not?
- 14 A. That would go under social services. That
- 15 would be their expertise. So if we could expand our
- 16 social services abilities to then determine is this a
- 17 safe place for the infant, then, yes.
- 18 Q. Okay. So do you have specific
- 19 recommendations about this?
- 20 A. So I think that would go back to our --
- 21 increasing our social services and our wraparound
- 22 services to the mom at the time of discharge to make
- 23 sure that she is getting the treatment she needs and
- 24 that she has all of the ability to take care of her
- 25 child.

- 1 That would include being in a place in her
- 2 recovery, if she does have substance abuse, where she
- 3 is able to take care of a baby.
- 4 Q. Is there any indication that in some
- 5 situations children do better after removal?
- A. Define -- depends on what you mean "better."
- 7 Q. By the sorts of neurobehavioral outcomes that
- 8 we have been talking about.
- 9 A. So that's going to come up in this next paper
- 10 that you're going to refer to. We did show that
- 11 children who live with foster/adoptive families had
- 12 higher cognitive scores compared to those who were
- 13 with biological relatives.
- 14 O. Right. Doesn't that tell you that sometimes
- 15 keeping a child with the biologic mother if she is
- 16 having issues with continuing drug use and drug abuse
- 17 can have a negative impact on the child?
- MS. KEARSE: Object.
- 19 A. That's why I think you need to address it
- 20 individually and not based on a diagnosis.
- Q. And so is any portion of your proposal
- 22 addressing anything about the standards that are used
- 23 for when a child would be kept with the mother versus
- 24 pushed towards foster care or adoption?
- 25 A. That's where our social services experts

- 1 would then determine based on their ability to
- 2 determine if this is a safe place for a child to go
- 3 would come into play.
- 4 So we would make the referral to the social
- 5 service and then let them decide with their abilities
- 6 to -- they have access to stuff that we don't have of
- 7 -- are there children in foster care, are there --
- 8 evidence of abuse that we are not -- have from our
- 9 end. So that is where our social services can work
- 10 with the counties to know if this is a safe a place
- 11 for a baby or not.
- Q. So you defer to the experts in that field
- 13 about whether changes to how things are done in
- 14 Cuyahoga and Summit County would be beneficial?
- 15 A. The disposition is really -- the experts are
- 16 the social services to make that determination.
- Q. So you defer to them on whether there should
- 18 be changes to how their policy is that -- in terms of
- 19 their criteria for when they recommend placement or
- 20 keeping a child with the mother?
- 21 A. I --
- MS. KEARSE: Object to form.
- 23 A. No. I think their current policy is -- is
- 24 what we are doing. That's what we are doing now.
- Q. I'm sorry. You said you don't know what the

- 1 policy is in Cuyahoga or Summit County on children's
- 2 services at all, right?
- MS. KEARSE: Object to form.
- 4 A. I work in five counties in this region, and
- 5 they all basically have a process what they follow.
- 6 So I can't imagine that of our five counties in our
- 7 outreach here would be anything much different
- 8 because they're a couple hundred miles north.
- 9 Q. Have you ever read any policies or any
- 10 documents at all from Children Family Services for
- 11 Cuyahoga County or any equivalent entity for Summit
- 12 County?
- 13 A. No.
- Q. Okay. If you go to the next section, Effects
- of Opioid Use on Pregnancy and Pregnancy Outcomes.
- 16 It says: The safety of opioids during early
- 17 pregnancy has been evaluated in a number of
- 18 observational studies. Earlier reports have not shown
- 19 an increase in risks of birth defects after prenatal
- 20 exposure to oxycodone, propoxyphene and meperidine.
- 21 Do you see that?
- 22 A. Yes.
- Q. And do you agree with that?
- A. I would have to look at those studies, but I
- 25 assume that they did their due diligence and that's

- 1 what those two studies referred to in 1981.
- Q. As it continues, it says: The observed birth
- 3 defects -- from some other studies, observational
- 4 studies about possible like neuro tube defects --
- 5 remained rare and represent a minute increase in
- 6 absolute risk.
- 7 Do you see that?
- 8 A. No, I don't. Where did you jump down to?
- 9 Q. Right in the middle of the paragraph.
- 10 A. Oh, okay.
- 11 Q. It says: However, methodologic problems with
- 12 these studies exist with potential for recall, bias
- 13 and confounding.
- 14 Do you see that?
- 15 A. Uh-huh.
- Q. So just to clarify. What is recall, bias and
- 17 confounding? How does it play into a -- an
- 18 observational retrospective study?
- 19 A. So those are going on self-report.
- Q. That's a problem with relying on self-report
- 21 particularly about a history of drug use, right?
- 22 A. And I would think -- the way I would read
- that is, have you had a child with a neuro tube
- 24 defect?
- Q. And then they say --

- 1 A. I --
- Q. -- what they do is, they go backwards and
- 3 say, what did you take when you were pregnant?
- 4 A. Correct. I assume that's how that study was
- 5 done.
- Q. All right. So the statement: The observed
- 7 birth defects remain rare and represent a minute
- 8 increase in absolute risk, do you agree with that as a
- 9 statement about birth defects with all prescription
- 10 opioids?
- 11 A. I think that we have shown that there are
- 12 some outcomes that we are finding that have not been
- able to be looked at in a way that these papers looked
- 14 at them.
- 15 So, I think at this time, based on those
- 16 studies, that is correct, but I think this is an
- 17 evolving field that we are learning more stuff about
- 18 as we continue to follow patients with NAS.
- 19 Q. So if you go to the next section, Screening
- 20 for Opioid Use and Opioid Use Disorder in Pregnancy,
- there's a discussion about ways that you can screen
- 22 and then some stuff about ways that you can test.
- Do you see that?
- 24 A. Yes.
- Q. If we go to the second paragraph, it says:

- 1 Urine drug testing has also been used to detect and
- 2 confirm suspected substance use but should be
- 3 performed only with the patient's consent and in
- 4 compliance with state laws.
- 5 You alluded to that earlier, correct?
- 6 A. We did talk about that.
- 7 Q. Okay. Continues on down. It says: Routine
- 8 urine drug screening is controversial for several
- 9 reasons. And it gives some of those.
- 10 And then it continues on, it says: Some
- 11 centers have implemented universal urine toxicology
- 12 screening for pregnant patients with one study finding
- improved rates of detection of maternal substance use
- 14 compared with standard methods.
- Do you see that?
- 16 A. I do.
- 17 Q. And do you know what study they're citing?
- 18 A. That is a Wexelblatt study.
- 19 Q. It sure is. And is that right, that you had
- 20 a universal urine toxicology screening for pregnant
- 21 patients?
- 22 A. It is actually urine toxicology testing for
- 23 patients. Screening is different.
- Q. I'm -- I'm quoting their words. I'm not --
- 25 A. I know. That's -- they were wrong.

- 1 Q. So what did it mean that you had improved
- 2 rates of detection of maternal substance use compared
- 3 to the standard methods when you had universal testing
- 4 of urine?
- 5 A. So, we -- universal screening is what the
- 6 recommendations are, meaning that you have a question
- 7 list or a checklist to determine if you do a test.
- 8 So what we did is we did -- tested every mom
- 9 that showed up, irrelevant of what she had on her
- 10 check box or what she said she did on her
- 11 questionnaire, her screen.
- 12 And what we found is -- we looked at every
- 13 positive toxicology test and went back and looked at
- 14 their moms, and said if she took the screen, would she
- 15 have been picked up.
- 16 And what we found out when we looked at the
- 17 opioid positive test, that only -- that 20 percent of
- 18 the babies that we identified from moms being
- 19 positive, they actually had a negative screen.
- So we showed that the screen is not as useful
- 21 as a test. A screen is not as useful as a test.
- Q. But it says it was universal urine
- 23 toxicology, and it says screening, but you say
- 24 testing.
- Does that mean that this was only when they

- 1 gave consent or was it universal meaning everyone who
- 2 showed up?
- A. We obtained consent on everybody in the
- 4 study.
- 5 Q. It continues talking about your study:
- 6 However, the study did not use validated verbal
- 7 screening tools in the comparison group, which limits
- 8 the usefulness of these results.
- 9 Do you agree with that?
- 10 A. Yes.
- 11 Q. Is that a disclosed weakness of your paper?
- MS. KEARSE: Object to form.
- 13 A. No. Because it was our standard of care in
- 14 our region, the screen that we utilized.
- 15 So to get a validated test which they mention
- 16 here as the 4Ps, the CRAFFT questionnaire or the NIDA
- 17 screen, those are really the only three validated
- 18 screens available.
- 19 Our region had a universal screen that we
- 20 used as our standard of care. So that is what we
- 21 compared it to. So just because a test has been
- 22 validated, I agree there are certain one that are
- 23 fantastic, but our thought was -- we thought our
- 24 screen was more vigorous than asking a mom four
- 25 questions.

- Q. Does the term mean anything to you when you
- 2 talk about a validated screen versus just one you
- 3 could use, a comprehensive screen or a more thorough
- 4 screen?
- 5 A. I think validated, when it comes to screens,
- f just means that you had a research project involved in
- 7 determining the validity of the screen.
- 8 Ours was a standard of care, which means it
- 9 is what all of our hospitals in our region did. So to
- 10 validate it, we would have had to compare it to
- 11 another screen or a different validated screen, but we
- 12 thought our risk-based screen was better than just
- 13 asking four questions.
- Q. Why don't we go to the Merhar paper, which is
- 15 Exhibit 4.
- 16 And you've talked about this and cited this
- in your report, correct?
- 18 A. Yes.
- 19 Q. So, this is a Retrospective review of
- 20 neurodevelopmental outcomes in infants treated for
- 21 neonatal abstinence syndrome.
- In terms of the study design, what is it to
- 23 do a retrospective cohort study?
- A. That means we went backwards in time. We
- 25 picked a date and said we are going to go back and

- 1 look at people in the cohort. And our cohort, we
- defined as infant that needed pharmacologic treatment
- 3 for neonatal abstinence syndrome.
- Q. You say "we." You're not on this paper, but
- 5 it was at your hospital?
- 6 A. Correct. And it is at our follow-up
- 7 clinic.
- Q. And were you personally involved in designing
- 9 or carrying out this paper?
- 10 A. No, but I did review it for them.
- 11 Q. So this involves 87 infants, correct?
- 12 A. Yes.
- Q. So compared to like the total number of
- infants involved in the meta-analysis by Baldacchino,
- 15 it's must smaller, correct?
- 16 A. Correct.
- Q. And this wouldn't have met the entry criteria
- 18 for Baldacchino because it was retrospective cohort
- 19 study, correct?
- 20 A. If that was what their cutoff was for their
- 21 prospective -- their meta-analysis, most of the time,
- 22 yes.
- Q. I mean -- and I'm not critical of this paper.
- 24 It is whatever it is.
- 25 A. Yeah.

- Q. This is not a high level of scientific
- 2 evidence, right?
- MS. KEARSE: Object to form.
- 4 A. No. I would say this is one of the few
- 5 places where we have had such a large cohort of
- 6 pharmacologically treated.
- 7 So the difference between this cohort and
- 8 that cohort is that just looked at exposed. This is
- 9 looking at treated.
- 10 Q. Well, so are you familiar with evidence-based
- 11 medicine or any of the other standards where you have
- 12 kind of a level or classification for the class of
- 13 something?
- 14 A. Sure.
- Q. So where would this retrospective cohort with
- 16 87 infants fall?
- 17 A. I would have to look at the definitions to
- 18 give you the exact letter and number.
- 19 Q. Okay. But in general, retrospective cohorts
- 20 are lower down than prospective studies, particularly
- 21 prospective controlled studies, right?
- MS. KEARSE: Object to form.
- A. It depends on what you're looking at, because
- 24 certain things you can never do a prospective
- 25 double-blinded study on.

- 1 So this is -- a lot of the times,
- 2 retrospective studies are fantastic in giving you
- 3 baseline data to move forward and develop what you
- 4 want to address in a prospective study.
- Q. Okay. So why don't we go to the Subjects and
- 6 Methods on page 2. So it is described as a
- 7 "retrospective chart review."
- 8 Do you see that?
- 9 A. Uh-huh.
- 10 Q. And it says, "with no parental consent
- 11 required." It was the determination from your
- 12 hospital that parental consent was not required to do
- 13 this chart review study, correct?
- 14 A. Correct.
- 15 Q. And then there also -- because of the way
- 16 this is set up, there isn't a predetermined control
- 17 group, correct?
- 18 A. Not in this study, correct.
- 19 Q. It continues down towards the bottom of the
- 20 page. It says that, "Data collected..."
- Do you see this, about a --
- 22 A. Yes, "...collected from the neonatal
- 23 period..."
- Q. Yes. "...included gender, race, ethnicity,
- 25 maternal age, maternal substance use, gestational age,

- 1 birth weight, breastfeeding, type of treatment for
- 2 NAS, length of hospital stay, and with whom the infant
- 3 was discharged home."
- 4 Do you see that?
- 5 A. Yes.
- 6 Q. So, did this include any of these
- 7 socioeconomic factors that we have talked about that
- 8 affect neurodevelopment outcomes according to other
- 9 research?
- 10 A. It just looked at those listed.
- 11 Q. Okay. So like, mother's educational status,
- 12 mother's IQ, any measures of kind of home instability,
- none of those factors are looked at here?
- MS. KEARSE: Object to form.
- 15 A. Correct.
- 16 Q. Okay. And it says: Infants were considered
- 17 exposed to a substance in utero with maternal urine at
- 18 delivery or infant urine, meconium or umbilical cord
- 19 toxicology screens were positive for that substance.
- 20 Do you see that?
- 21 A. Yes.
- Q. And obviously, when we are talking about
- 23 substances, there is some identification of the
- 24 particular drugs at issue, but you don't necessarily
- 25 know when they were used and how much they were used,

- 1 right?
- 2 A. We know it's last trimester because it is
- 3 positive on the urine of the mom or the infant, and
- 4 then a meconium and umbilical cord usually are last
- 5 trimester, too.
- Q. Okay. And so that's the most you can do is
- 7 it's sometime in the last trimester, but you don't
- 8 necessarily know how much they took, specifically when
- 9 they took it or how they got what they took?
- 10 A. Not in this study.
- MS. KEARSE: Object to form.
- Q. And so for like how they got what they took,
- is this one where there was some cross-referencing to
- 14 OARRS to see if there was a prescription?
- 15 A. No.
- Q. And there certainly isn't like going back to
- 17 see if they were using illicit drugs, how they started
- 18 on using illicit drugs?
- 19 A. That is correct.
- Q. And it says: Due to universal maternal
- 21 toxicology screening in our region, all mothers and
- 22 infants had toxicology screens.
- Do you see that?
- 24 A. Yes.
- Q. "Infants were considered exposed to poly

- 1 substances if they were exposed to drugs from more
- 2 than one class."
- 3 So I take it if they were exposed to a bunch
- 4 of drugs within one class, it wasn't considered poly
- 5 substance for this study?
- A. So it was an opioid plus something else,
- 7 because they had to be opioid exposed to be in this
- 8 clinic.
- 9 Q. But if they were taking like heroin and
- 10 fentanyl and, you know, some -- some other street
- 11 drug, those would all just show up as opioid, not
- 12 polypharmacy?
- 13 A. Depends on what street drug you're referring
- 14 to.
- 15 Q. I'm sorry. Some other opioid or opiate
- 16 street drug.
- 17 A. So if it was an opioid, it would just be
- 18 classified as an opioid.
- 19 Q. Okay. Go to the Results section. It says:
- 20 All mothers were Caucasian with a median maternal age
- of 26 years, which reflects the demographics of the
- 22 opioid epidemic in our area.
- 23 What does that mean? This is the second
- 24 paragraph under results.
- 25 A. I see that.

- 1 So "all" is not a correct statement because I
- 2 think our paper showed 92 percent. So I think that a
- 3 better word would have been -- so I think "all" was
- 4 the result, but the demographics, meaning that it is a
- 5 mainly Caucasian disease that we're seeing is what
- 6 they're referring to.
- 7 Q. So the -- I quess go backwards to be
- 8 complete. The birth weight here of 2.87 kilograms and
- 9 that 14 percent were the first decile, is that kind of
- 10 within the normal range of birth weights?
- 11 A. So three kilos is the average, so -- and this
- 12 2.87 is very consistent with what we found in our
- 13 first OCHA study.
- Q. I'm asking a slightly different question.
- 15 So this birth weight in terms of the median and the
- 16 percentage in the first decile, is that consistent
- 17 with the range of expected birth weights for nonopioid
- 18 exposed infants?
- 19 A. It's a little bit lower.
- Q. And there are various reasons for low birth
- 21 weight, including various aspects of maternal care
- 22 throughout the pregnancy, right?
- 23 A. There is multiple reasons for lower birth
- 24 weight.
- Q. You're not attributing that just to the

- 1 opioid or opiate exposure, correct?
- 2 A. Correct.
- Q. Median gestational age was 38 weeks, a range
- 4 of 31 to 41, with four babies born at 34 weeks, one at
- 5 35 and six at 36.
- Is that fairly typical in terms of when the
- 7 children are being born compared to a normal
- 8 population for this area?
- 9 A. I think our norm -- I only know statewide
- 10 data. I think it is 38 weeks is the median; but 38 --
- 11 I don't think this is statistically different than
- 12 what our normative is.
- Q. So not really born very early?
- 14 A. Correct.
- Q. Okay. Says "Almost all of our women..." --
- 16 this is after the statement about how they were all
- 17 Caucasian -- "used illicit substances during
- 18 pregnancy. The majority were on therapy with
- 19 Methadone 38 percent or buprenorphine 24 percent at
- 20 the time of delivery."
- 21 So what did it tell you that they were all --
- 22 they -- almost all of them had used illicit
- 23 substances during the pregnancy?
- A. I don't know. I would have to look at their
- 25 table. As I said, I'm not an author on this. I just

- 1 reviewed the writing, so I would have to look at
- 2 Table 1.
- Q. Table 1 is actually at the penultimate page,
- 4 after the figures.
- 5 A. So Table 1 lists heroin as 67 percent. So --
- Q. And these go to more than a hundred, right?
- 7 There is --
- 8 A. I don't know how -- if it was -- one of the
- 9 -- so if you had a mom that had -- could be positive
- 10 for more than one, I don't think that this -- looking
- 11 back at this paper now that it has been published.
- So if had you polysubstance abuse, you could
- 13 have heroin, cocaine, benzodiazepine. So those
- 14 numbers would be one patient but it would be three
- 15 tics. So just because the heroin, cocaine and
- 16 benzodiazepines, marijuana, all that is over a hundred
- 17 percent if you look -- add those together.
- So I don't know where they got that
- 19 information from.
- Q. Just looking at it, two-thirds of the women
- in this study were using heroin while pregnant, right?
- 22 A. That's what is showing in this, yes.
- 23 Q. What does that tell you about what we were
- 24 talking about earlier, about how the patients who may
- 25 be at -- medically assisted treatment by the time

- 1 they're delivering are using illicit substances while
- pregnant as well?
- MS. KEARSE: Object to form.
- A. Yeah, it shows that it's happening.
- Q. And it suggests that -- well...
- These are also fairly high use of wide range
- 7 of drugs while pregnant, not just drugs as part of
- 8 medical treatment to try to get them through the
- 9 pregnancy, right?
- MS. KEARSE: Object to form.
- 11 Q. Not just MAT?
- 12 A. Right. So I think the MAT is 54 patients, so
- 13 that would attribute to a little over the -- looks
- 14 like that was at 60 percent, like we were talking
- 15 about.
- Q. That's basically the -- you add up the
- 17 methadone and the buprenorphine?
- 18 A. Correct.
- 19 Q. For 62 percent?
- 20 A. Yes, that was sort of our estimate I think we
- 21 were doing earlier.
- 22 Q. Okay. So going back to where we were.
- The -- that almost all the woman were using
- 24 illicit substances, including predominantly heroin,
- while pregnant, does this tell us anything about the

- 1 role of illicit substances used during pregnancy in
- 2 relation to the NAS babies that you do see?
- MS. KEARSE: Object to form.
- 4 A. So it depends on when this illicit use was.
- 5 If it was in first trimester, before they got
- 6 pregnant, that would count. So I don't know what the
- 7 effects it would have.
- Q. I mean, it says "during pregnancy" here, it's
- 9 not. --
- 10 A. It doesn't state when during the pregnancy,
- 11 correct.
- 12 Q. All right. So it continues down to the next
- 13 page, talking about some of the data about how they
- 14 were -- the infants were treated, how long they
- 15 stayed. And then it says: Child Protective Services
- 16 were involved in all cases.
- 17 Do you see that?
- 18 A. Yes.
- 19 Q. And is that unusual in your population?
- A. No. Because anytime we have a positive
- 21 toxicology test, we involve social services,
- 22 especially if it is an opioid.
- Q. Only 26 percent -- percent of the infants
- 24 went home in the primary care of their mother.
- Do you see that?

- 1 A. Yes.
- Q. Thirty went home in primary care of the
- 3 father or another relative, and 44 percent went home
- 4 to -- in foster care or with an adoptive facility.
- Now, that determination is made by the social
- 6 services or Child Protective Services, not by any of
- 7 your staff, correct?
- 8 A. It is a team approach, but, yeah, they make
- 9 the final decision.
- 10 Q. And is this fairly typical in your patient
- 11 population, that you're going to see about 44 percent
- 12 of the kids going home with -- to foster care or
- 13 adoptive family rather than the mother or any
- 14 relative?
- 15 A. This is much higher than what we see
- 16 statewide and in our region. So that's usually just
- 17 20 percent.
- So this is -- showed that to -- and I think
- 19 that's where we get to the compliance of coming to the
- 20 -- was much higher with adoptive families, and that's
- 21 why they were able to participate in this
- 22 retrospective review. So this is a different
- 23 population than what we are seeing in the general.
- Q. And this issue of going to an adoptive family
- 25 or foster care, can that itself have an effect on

- 1 Bayley scores?
- 2 A. We don't know. We just know in this cohort
- 3 study that -- which is much higher than our regular
- 4 percentage of patients that go into foster care, they
- 5 did perform better.
- Q. So the paragraph that carries over from page
- 7 3 to page 4, it says: Most children have Bayley
- 8 scores within the normal range for all three
- 9 subscales, although a large proportion did have scores
- 10 at least one standard deviation below the mean in at
- 11 least one subscale.
- 12 Do you see that.
- 13 A. Yep.
- Q. Can you translate that to English?
- MS. KEARSE: Object to form.
- 16 A. Layman's term, you mean?
- 17 Q. Sure.
- 18 A. Because it is English.
- 19 So one standard deviation is what we would
- 20 expect to be a normative Bell-shaped curve. So if you
- 21 fall within that, you can still be statistically
- 22 within the norm, but you may be -- which we talk about
- 23 later on -- they talk about later on -- is
- 24 significantly -- statistically significantly lower.
- 25 So this four-point difference falls within

- 1 the standard deviation of 15, meaning anything between
- 2 85 and 115 is our normative; but if you can show there
- 3 is a decrease, it just is a fact, it doesn't mean -- I
- 4 don't -- nobody knows what this four-point difference
- 5 means.
- Q. Okay. So compared to some other exposures or
- 7 inputs or factors that affect Bayley scores, this is a
- 8 relatively mild deviation from the norm in a subset of
- 9 the things being tested?
- MS. KEARSE: Object to form.
- 11 A. I don't know what adjective I would use. It
- is just significantly lower. But long-term, I don't
- 13 think anybody knows what that four points is going to
- 14 mean.
- 15 Q. Okay. So it says: Compared to the normative
- 16 Bayley data, mean of 100 standard deviation of 15,
- 17 children with NAS scored significantly lower on the
- 18 cognitive language and motor subscales, means of 96.5,
- 19 93.8 and 94.0, respectively, P less than 0.03 for all.
- 20 Do you see that?
- 21 A. Yes, I do.
- Q. The word "significantly" there means
- 23 statistically significantly, correct?
- 24 A. Yes.
- Q. It is not saying there is a known clinical

- 1 significance to this?
- 2 A. That is referring to the statistical
- 3 significance.
- Q. And what I said is also true: That it is not
- 5 known that there is clinical significance to any of
- 6 these levels of difference?
- 7 A. It is unknown if this means anything long
- 8 term.
- 9 Q. And then it says: Children who live with
- 10 foster/adoptive families at follow-up, which is 44
- 11 percent, scored significantly higher on the cognitive
- 12 subscale than those who live with their mother or a
- 13 biological relative at a follow-up.
- Do you see that.
- 15 A. I do.
- Q. And again, that's like statistically
- 17 significant .03 for the P value, right?
- 18 A. Correct. That means they actually scored the
- 19 exact average in the foster family of a hundred.
- Q. And it says: Language scores were not
- 21 different based on living situation, but children who
- 22 live with biological relatives were also slightly more
- 23 likely to have motor scores under 85.
- Do you see that?
- 25 A. I do.

- Q. So putting it together, what does this issue
- 2 tell us about the more normal scores, if you will, of
- 3 people placed with a -- children placed with foster or
- 4 adoptive families versus being with their mother or a
- 5 biologic relative?
- A. It means they scored better on their Bayley's
- 7 -- their Bayley's testing.
- Q. Do you have a supposition as to why that
- 9 would be?
- 10 A. It is unclear.
- 11 Q. Have you considered the possibility that is
- 12 what we saw in all of these other papers where it says
- 13 that other factors, like the mother's view of
- 14 parenting, her educational level, the uncertainty in
- the family, all of these other factors that aren't
- 16 adequately covered just by income level might be
- 17 playing a role?
- 18 A. It is multifactorial, so some of that
- 19 definitely comes in. I don't think we have the income
- 20 level of the foster families or their socioeconomic
- 21 status. So I think that's where it gets tricky.
- Q. And I don't mean to be mean at all, but in
- 23 general: A child placed with an adoptive family in
- 24 this situation going from a population that is about
- 25 90 percent on Medicaid is not typically going to a

- 1 worse financial situation or socioeconomic status than
- where they came from?
- MS. KEARSE: Object to form.
- 4 A. I wouldn't know the socioeconomic status of
- 5 our adoptive families.
- Q. You think they're likely to be on Medicaid?
- 7 MS. KEARSE: Object to form.
- 8 A. They -- I wouldn't have any -- I don't know.
- 9 I don't -- it wouldn't surprise me if some were.
- 10 Yeah.
- 11 Q. So will you agree that, in general, the
- 12 children placed with a foster or adoptive family are
- 13 going to go to a family situation that is expected to
- 14 be more stable and more nurturing than the mother from
- whom social services removed them?
- MS. KEARSE: Object to form.
- 17 A. I think there is a significant background
- 18 check on adopt -- foster families to make sure that it
- 19 is a safe environment for them.
- Q. So in other words, you would hope so, right?
- You would hope they're going to a better situation?
- 22 A. Yes.
- MS. KEARSE: Object to form.
- Q. And those measures of a better situation,
- 25 including things like food on the table and less

- 1 chance of being exposed to traumatic events and
- 2 violence are what you would hope to see when there is
- 3 a successful placement, right?
- 4 MS. KEARSE: Object to form.
- 5 A. That is the whole premise behind foster
- 6 system.
- 7 Q. And you would expect that those things would
- 8 have an affect on Bayley scores?
- 9 A. I think this is the first study to look at
- 10 that, so it is definitely something that we --
- 11 definitely is intriguing and that would need further
- 12 investigating.
- Q. You would expect that they would have an
- 14 affect on -- whether it is Bayley scores or anything
- 15 else -- on neurodevelopment outcomes?
- 16 A. The expectation is that it would be
- 17 beneficial, and -- so, yes.
- Q. So the indications in this paper of a slight
- increased deviation from the norm in the children who
- 20 had NAS diagnosis was overwhelmingly driven by the
- 21 ones who stayed with their mother or a family relative
- 22 despite the social services evaluation, correct?
- 23 A. In this population, so this, as they stated,
- 24 was very high illicit substance use, which as I stated
- 25 previously is not our normative generalized NAS.

- Q. So we go to the Discussion, it says: In this
- 2 retrospective study, we evaluated outcomes at two
- years of age of a regional cohort of infants treated
- 4 for NAS due to maternal opioid use.
- 5 As we see largely driven by heroin use,
- 6 correct?
- 7 MS. KEARSE: Object to form.
- 8 A. It just states "maternal opioid use," which I
- 9 think majority were MAT.
- 10 Q. We found that children with NAS performed
- 11 lower than the normative Bayley sample, although still
- 12 within the normal range in most cases.
- Do you see that?
- 14 A. Yes.
- 0. Is that an accurate statement?
- 16 A. Yes.
- 17 Q. It says: We do believe that the four- to
- 18 six-point difference in Bayley scores is clinically
- 19 significant, although it is difficult to say whether
- 20 this will translate into later problems with school
- 21 performance or IQ.
- Do you see that?
- 23 A. I do.
- Q. And as we said, this four- to six-point
- 25 difference is driven solely by the ones -- the

- 1 children who stayed with the mother or a family or a
- 2 relative, correct?
- A. You're compounding multiple different things,
- 4 so, if you --
- 5 Q. I'm actually just doing the math, but because
- 6 there is no difference in the other group, this four-
- 7 to point-six difference has to come from a greater
- 8 than four- to six-point difference in the group that
- 9 stays with their mother or a relative?
- MS. KEARSE: Object to form.
- 11 A. So the ones with foster didn't have a
- 12 decrease in all three categories, which the main group
- 13 did, so there is some overlap. So you couldn't solely
- 14 base it on foster because then you would have seen a
- decrease in all three, which you don't.
- Q. For some reason, language isn't as directly
- 17 correlated, right?
- 18 A. Yeah. So this is their discussion which
- 19 doesn't mean it is always a hundred percent correct.
- 20 If you can look back and show -- have the result or
- 21 the way you're interpreting it.
- Q. Okay. So why don't we go to the next page,
- 23 page 5. There is the third paragraph, second full
- 24 paragraph on that page, it says: The mechanism behind
- 25 neurodevelopmental delays in children exposed to

- 1 opioids in utero and postnatally is not entirely
- 2 clear.
- 3 Do you see that?
- 4 A. I do.
- 5 Q. Discussion -- discusses some stuff about
- 6 possible mechanisms. And then it says: Our finding
- 7 of higher cognitive scores in children raised by
- 8 foster/adoptive families suggest that socioeconomic
- 9 factors do significantly affect outcomes in this
- 10 population.
- 11 Do you see that?
- 12 A. I do.
- Q. Do you agree with that statement?
- A. Not a hundred percent, but I do see that it
- 15 improves some aspects.
- Q. Okay. Why don't we go to the next page,
- 17 please.
- 18 It says: We acknowledge that our study has
- 19 significant limitations notably the retrospective
- 20 observational design.
- 21 Do you see that?
- 22 A. Yep.
- Q. We did not have a control group and we did
- 24 not have the accurate information on socioeconomic
- 25 status of the families.

- 1 Do you see that?
- 2 A. I do.
- Q. And how could not having accurate information
- 4 on socioeconomic of the families affect the results?
- 5 A. Because we know that socioeconomic status
- does have an effect on developmental outcomes.
- 7 Q. Of all the children with NAS in our region,
- 8 only about 25 percent actually had a Bayley performed
- 9 due to caregiver preference/no-shows which could have
- 10 led to selection bias.
- What does "selection bias" mean in this
- 12 context?
- 13 A. Meaning that if you get all of the foster
- 14 families to show up and agree and consent to the
- 15 testing, you are going to have families that are more
- 16 motivated and doing more interventions, most likely,
- 17 that may elevate that score section, whereas the ones
- 18 from the nonfoster family may only be consenting for
- 19 other reasons.
- Q. You agree with this observation about this is
- 21 a potential source of selection bias, correct?
- 22 A. Yes.
- 23 Q. Our findings could well be due to the
- 24 postnatal environment experienced by these children
- 25 and warrant a prospective study using standardized

- 1 measures of behavior and visual functioning in
- 2 addition to neurodevelopment as well as standardized
- 3 data collection of socioeconomic status.
- 4 Do you see that?
- 5 A. I do.
- Q. Do you agree with that statement?
- 7 A. I do agree.
- Q. And is that prospective study underway?
- 9 A. That is what we have applied for the grant
- 10 for, yes.
- 11 Q. Okay. So you are going to use standardized
- 12 measures of behavioral and visual functioning, and
- 13 standardized data collection on socioeconomic status?
- 14 A. That is what we discussed, yes.
- 15 Q. So sitting here today given the need for
- 16 further research and these various observations about
- 17 the limitations of the design, you don't think that is
- 18 Merhar paper establishes neurodevelopment delays with
- 19 neonatal abstinence syndrome, do you?
- MS. KEARSE: Object to form.
- 21 A. I think it shows that there is a significant
- 22 difference, a decrease. And what that means is
- 23 unknown and that we need to further investigate to see
- 24 if there isn't a true association.
- Q. And it may not last past the time period

- 1 studied in this paper, right?
- 2 A. Correct.
- Q. I mean the -- sometimes differences seen
- 4 early in life normalize, right?
- 5 MS. KEARSE: Object to form.
- 6 A. If you can do early intervention. The whole
- 7 idea is to identify infants at risk and then get them
- 8 into early intervention, which we know does help with
- 9 long-term outcomes.
- 10 Q. Okay. Why don't we go to the next paper.
- Do you have that in front of you? The Hall
- 12 paper that you are on.
- 13 A. Yes.
- Q. So you said that this was published in full
- 15 form earlier this year but it had been public in some
- 16 form last year, which is why it appears on your
- 17 presentation with a 2018 date, correct?
- 18 A. Correct.
- 19 Q. Let me just go to the end here. Author
- 20 Disclosure Statement.
- Do you see that see?
- 22 A. Yes.
- 23 Q. On the -- page 23 -- it is not actually 23,
- 24 it starts on page 19. It is just fifth page of the
- 25 actual printout.

- 1 But this is a statement that is a disclosure
- of possible conflicts and biases for you and the other
- 3 two authors, correct?
- 4 A. Correct.
- Q. And do you disclose here, Dr. Wexelblatt,
- 6 that you're currently engaged as an expert witness for
- 7 plaintiffs in opioid litigation?
- 8 A. At this time, I wasn't.
- 9 Q. It was published this year?
- 10 A. It was submitted well before this.
- 11 Q. So when did you have the last exchange in
- 12 terms of addressing any peer review comments or doing
- any revisions or resubmissions for this paper?
- 14 A. When it was accepted for e-publication in
- 15 2018 before whatever month that was on the original.
- 16 Q. Okay. So going forward, are you going to
- 17 disclosure your work as an expert in this litigation
- on other papers that relate to opioids?
- 19 A. Yes. Now that it is part of this, correct.
- Q. Okay. And so what about when you present
- 21 publicly anytime this year because you said you were
- 22 retained what, December of last year, correct?
- A. December, correct.
- Q. So since December, since you were retained,
- 25 have you disclosed in any public forum when giving a

- 1 speech or presentation that you are working as an
- 2 expert for plaintiffs in opioid litigation?
- A. I have come to the -- since that time, I've
- 4 only given one talk at the Tristate Symposium, and I
- 5 think when we had to hand in our slides for that it
- 6 was probably right around the time, so I don't
- 7 remember if I did disclose that or not.
- Q. I mean, if we look at slides and there's no
- 9 disclosure, does it mean you didn't disclose it or
- 10 just didn't make it onto the slides?
- 11 A. It would just mean didn't disclose it.
- Q. So what about any of your grants this year?
- 13 You submitted grant proposals, right?
- 14 A. Yes. So those are all listed, and we keep a
- 15 database at Cincinnati Children's Hospital for
- 16 disclosures.
- 17 Q. Okay. So all of your grant proposals so far
- 18 this year and going forward, like the ones you are
- 19 working on right now, will disclose that you're an
- 20 expert for plaintiffs, and I guess In Re: National
- 21 Prescription Opiate Litigation?
- 22 A. It will.
- 23 Q. Have you done that so for in anything that
- has been filed, do you know?
- A. No, I have not.

- 1 Q. Had you thought of it before today?
- 2 A. So expert witness is not always a conflict of
- 3 interest listed for medical malpractice, but I guess
- 4 this is -- I would discuss it with our IRB to see if
- 5 we usually disclose everything.
- Q. Dr. Wexelblatt, so this is the paper that you
- 7 mentioned about. We've talk about this before.
- 8 Hall, as the lead author on the paper,
- 9 Developmental Disorders and Medical Complications
- 10 Among Infants with Subclinical Intrauterine Opioid
- 11 Exposures.
- So what are the comparison groups in this
- 13 paper?
- 14 A. So there is three main groups. The first one
- 15 was the 14,933 was based out of our primary care
- 16 clinic at Cincinnati Children's Hospital and they had
- 17 no opioid exposure.
- The middle group is those with opioid
- 19 exposure without NAS, meaning they did not need
- 20 pharmacologic treatment.
- 21 And third group is opioid exposure with
- 22 pharmacologic treatment.
- Q. Okay. So was there any attempt to look at
- those different groups based upon socioeconomic
- 25 status, maternal education, any of the various issues

- 1 that we have been discussing throughout about other
- things that could be tracked in research?
- A. We did look at insurance type.
- 4 Q. Okay.
- 5 A. Race and ethnicity.
- Q. And you know enough from the work that you
- 7 have done that there are factors about the likelihood
- 8 of abusing opioids and using illicit opioids that are
- 9 broader than just insurance type and race, right?
- MS. KEARSE: Object to form.
- 11 A. Yes.
- Q. And like from -- well, so is there any data
- 13 that says that these three groups are similar except
- 14 for opioid exposure and NAS diagnosis?
- 15 A. There -- are they -- the question is: Are
- 16 they similar? Is that what you asked me?
- Q. So I mean, you can go to the next page,
- 18 page 22, where it gives the Demographics and Birth
- 19 Characteristics.
- A. Yeah.
- Q. And there are some differences in terms of
- 22 percentages between the three groups?
- 23 A. Correct.
- Q. And obviously, one is really big and then the
- other two are -- are small with NAS being about, I

- 1 guess, what, 28 percent or so of the exposure without
- 2 NAS?
- 3 A. So those are two separate groups --
- 4 Q. Right.
- 5 A. -- so they're separate.
- Q. Right. I'm saying it is much smaller,
- 7 therefore, it is hard to make direct comparisons with
- 8 groups of this size?
- 9 MS. KEARSE: Object to form.
- 10 A. It is what we see. It probably ends up --
- 11 just doing the quick math -- what we see in our region
- 12 with around a 30 percent exposure with treatment rate.
- 13 So it should be less because not all of your exposed
- 14 babies are being treated in our region.
- 15 Q. Did you determine any differences based upon
- 16 the information you did have about type of insurance,
- 17 race and ethnicity that indicated there were
- 18 differences between the three groups?
- 19 A. Yeah. We didn't do a statistical analysis to
- 20 -- it was more of just a -- of a descriptive what
- 21 those groups were.
- 22 Q. Right. I mean, the stats probably wouldn't
- 23 be that hard to do?
- 24 A. Correct.
- Q. And for some reason, they weren't done

- 1 here?
- 2 A. Yeah, I don't know.
- Q. But if you look at it, the public or self-pay
- 4 among the nonexposed group is 50 percent, which is
- 5 similar to the state average?
- 6 A. Correct.
- 7 Q. And the public or self-pay among opioid
- 8 exposure without NAS was 84.6 percent, which is
- 9 similar to what you see for NAS around the state, but
- 10 indicates a much higher poverty percentage in this
- 11 group, correct?
- 12 A. Correct.
- Q. And in opioid exposure with NAS, it's 95.7
- 14 percent, which is even higher than statewide for NAS
- 15 which indicates a strong correlation of poverty to not
- 16 just opioid exposure, but sufficient opioid exposure
- 17 to cause NAS, right?
- 18 A. Correct.
- 19 Q. I mean, this is pretty easy math and stats to
- 20 do if somebody chose to put it in a paper.
- 21 A. Correct.
- MS. KEARSE: Object to form.
- Q. Why wasn't it in the paper?
- A. I don't know why the P value -- I know we had
- that listed, and I don't know if the table just never

- 1 -- as we do papers, there is multiple revisions.
- 2 And I know at one time we did have the
- 3 P value, and I don't know why in the final publication
- 4 it didn't get there
- 5 Q. Oh, so have you those P values somewhere,
- 6 right?
- 7 A. I thought we did at one point in one of our
- 8 versions. I would have to go back to Dr. Hall and see
- 9 where -- where those were.
- 10 Q. Okay. And I mean, we don't have to go
- 11 through this whole thing, but there are also
- 12 differences in race and ethnicity between the
- 13 different groups, right?
- 14 Like, for instance, non-Hispanic White in the
- opioid exposure with NAS is almost 60 percent, which
- is way higher than the other two groups?
- 17 A. Correct.
- Q. So these groups are not similar?
- 19 A. Correct.
- Q. So there is plenty of reason just on the
- 21 limited demographic information you have about
- 22 socioeconomic status and demographics to expect that
- 23 you are going to have worse scores with the opioid
- 24 exposure and NAS groups?
- MS. KEARSE: Object to form.

- 1 A. On certain subjects, you should expect that,
- 2 but on others you shouldn't.
- Q. Okay. We don't know what other differences
- 4 there might be between these groups that might
- 5 independently suggest an increased risk of some of
- 6 these deficits.
- 7 A. So torticollis and strabismus and
- 8 plagiocephaly would have nothing to do with -- that's
- 9 ever been stated, to my knowledge, based on
- 10 socioeconomic status.
- 11 Q. So let me break it out for the -- frankly, we
- 12 have been really focusing on, which is issues like
- developmental delays, behavioral and emotional
- 14 disorders, those issues, there may be confounding
- 15 factors that are more common in the exposed groups
- 16 than in the no detected exposure group, right?
- MS. KEARSE: Object to form.
- 18 A. Those would be higher in the exposed group,
- is what you stated, compared to no detected?
- Q. I said this may be factors that this paper
- 21 wasn't able to pick up that would cause higher
- 22 behavioral problems, emotional problems, developmental
- 23 delays, having --
- A. That is a limitation, correct.
- Q. -- nothing to do with exposure?

- 1 A. Correct.
- Q. Same thing for HCV exposure, too, right?
- 3 A. I don't think so. I don't know if there is
- 4 much information on hepatitis C exposure and
- 5 socioeconomic status that hasn't been associated with
- 6 opioid use.
- 7 Q. Well I mean, there is people who share
- 8 needles versus people who don't, right? And that does
- 9 have data suggesting it's more likely to have needle
- 10 sharing in certain socioeconomic groups compared to
- 11 others?
- 12 A. Could be.
- Q. I mean, I'm not making this stuff up out of
- 14 thin air, right?
- 15 A. No.
- Q. These are all issues that, frankly, are
- 17 limitations on the study?
- MS. KEARSE: Form.
- 19 A. Correct. We state our limitations,
- 20 definitely.
- Q. Well you state some of your limitations. You
- 22 don't state any of the stuff that I just mentioned.
- We'll get to the stated limitations on
- 24 page 23 in a second.
- 25 A. Okay.

- Q. Let's just go through this, I guess, probably
- 2 a little more directly.
- Result section, page 21, it says: In
- 4 comparison to infants with no detected exposures,
- 5 those with opioid exposure but no NAS were
- 6 significantly more likely to be diagnosed with
- 7 behavioral or emotional disorders, developmental
- 8 delay, exposure to HCV, speech disorder and
- 9 strabismus.
- That's one of the findings that you have
- 11 cited on this -- for this paper, correct?
- 12 A. Correct.
- Q. It says: Opioid exposed infants without NAS
- 14 were significantly less likely to be diagnosed with
- 15 developmental delay, exposure to HCV, plagiocephaly,
- 16 sensory disorders, strabismus or torticollis than
- 17 opioid exposed infants who experience NAS.
- 18 Meaning basically as you go forward from
- 19 exposure without NAS to exposure with NAS, you had
- 20 even worse results?
- 21 A. Correct.
- 22 Q. Again, that also follows the trend of what we
- 23 have seen in terms of socioeconomic status and perhaps
- 24 some of the other indicators in this paper about
- 25 differences between the groups, right?

- 1 A. A lot of confounders, correct.
- Q. Compared to infants with no detected
- 3 exposure, the diagnosis of developmental delay was
- 4 highest among infants with NAS, 7.6 percent versus
- 5 28.3 percent. However, the diagnosis was still twice
- 6 as likely among opioid exposed infants without NAS,
- 7 7.6 compared to 15.6.
- 8 So it's, again, one of the findings you cited
- 9 with this paper, right?
- 10 A. Correct.
- 11 Q. Okay. It says: After correction for
- 12 multiple comparisons within the sensitivity analysis
- of 8,049 Medicaid insured or self-paying patients,
- 14 rates were no longer statistically different comparing
- opioid exposed infants without NAS to infants with no
- 16 detected exposures for the diagnoses of behavioral or
- 17 emotional disorders and speech disorder.
- Do you see that?
- 19 A. I do.
- Q. Okay. Correct me if I'm wrong, but what that
- 21 means is once you account for the one thing we have
- 22 here about socioeconomic status, which is insurance,
- 23 that there is actually no difference for the exposed
- 24 group without NAS for those measures?
- 25 A. When you do the multiple comparisons,

- 1 correct.
- 2 Q. The one sort of adjustment for a confounding
- 3 factor that is known shows that the difference goes
- 4 away in the exposure without NAS group, correct?
- 5 A. Correct.
- Q. And so for your view, this paper can't
- 7 possibly stand for the position that exposure, opioid
- 8 exposure without NAS increases the incidence of
- 9 behavioral or emotional disorders or speech disorder,
- 10 correct?
- MS. KEARSE: Object to form.
- 12 A. So that is looking at the middle group.
- Q. Yes, that was the question.
- 14 A. Not the final -- those with NAS.
- Q. Correct, that was my question.
- 16 A. So if you're looking at opioid exposure
- 17 without NAS, then that is correct. But if you say
- 18 with NAS, we never -- that statistical significant is
- 19 still seen.
- Q. And where is that data shown?
- 21 A. Significance of all other associations remain
- 22 unchanged (data not shown.)
- O. Yeah. Where is that math? Where is that
- 24 data shown about what happens when you correct for
- 25 socioeconomic status and Medicaid payment?

- 1 A. So we state the one that -- we state that
- 2 opioid exposed infants without NAS. It didn't make
- 3 that go away. But when you did with NAS, it didn't.
- Q. What is the P value when you adjust for
- 5 Medicaid status?
- A. We don't show all of that data, but it stayed
- 7 -- it was significant.
- 8 O. Where is that data?
- 9 A. It's in a computer somewhere.
- 10 Q. Have you ever presented the full data from
- 11 this paper like at a public presentation?
- 12 A. We had the data presented to the reviewers of
- this journal that felt it was sufficient and
- 14 adequate.
- Q. So my -- that's kind of -- my question is:
- 16 You mentioned that there was something that maybe was
- in the paper before it finally got published for the
- 18 last paper.
- Do you have copies of the -- what was
- 20 submitted for publication in this Hall paper?
- A. I personally don't, but I know Dr. Hall
- does.
- 23 Q. What about the prior one that we went over
- 24 from your colleagues from the Merhar paper, do you
- 25 have a copy of what they asked you to review that got

- 1 submitted?
- 2 A. No, I don't.
- Q. Do we know if there is data that was included
- 4 in what got submitted to the journal that didn't make
- 5 its way into the final publication in the Hall
- 6 paper?
- 7 A. I do not know that.
- Q. So what was the P value for behavioral,
- 9 emotional disorders and speech disorder for the NAS
- 10 group once you accounted for Medicaid insured or
- 11 self-paying status?
- 12 A. They remained unchanged per that statement
- 13 significant -- significance of all other associations
- 14 remained unchanged. So they didn't change.
- 15 So that's why they were not shown because
- 16 there was no difference in the P values, whereas the
- 17 P values did change in the other ones.
- Q. I mean, what you are looking for there is
- 19 whether the P value crosses the threshold for .05,
- 20 right?
- 21 A. So if it's unchanged, it's what's published
- 22 right there in the unadjusted variables here.
- Q. Well, it doesn't say that. I don't mean to
- 24 pick, but it says "significance of all other
- 25 associations," it doesn't say the P value didn't

- 1 change.
- 2 A. The significance -- so that's just the
- definition of what significant of .05.
- Q. Yes. So my question to you was: Do you know
- 5 what the P value was once the adjustment was done?
- 6 A. It was under .05.
- 7 Q. And data should exist somewhere with
- 8 Dr. Hall?
- 9 A. It is listed in B, the preadjustment, but --
- 10 Q. I'm asking about the adjusted data. Is that
- 11 with Dr. Hall?
- 12 A. Yes --
- MS. KEARSE: Objection.
- 14 A. -- I assume it is with him.
- 15 Q. Okay. I mean, I didn't -- I didn't know if
- 16 it was with Dr. McAllister, so --
- 17 A. No. Dr. Hall is the bio informatics.
- Q. Okay. The discussion says: The study team
- 19 is unaware of previous studies focusing specifically
- 20 on diagnoses among opioid exposed infants who did not
- 21 express severe signs of withdrawal, most likely
- 22 because of difficulty in identifying these infants
- 23 without a universal mechanism for maternal drug
- 24 testing.
- 25 Is that still the case: You are unaware of

- 1 any other study that has this possible finding?
- 2 A. Correct.
- Q. So this -- this study is kind of out on its
- 4 own as addressing these issues and having the findings
- 5 that, at least before they were adjusted, showed
- 6 increase, but after they were adjusted showed no
- 7 increase in this group?
- 8 MS. KEARSE: Object to form.
- 9 A. So the only things that didn't stay
- 10 significant were those two things that we list there,
- 11 but the other ones did stay significant.
- Q. Okay. So let me ask it more directly then:
- 13 This -- is this the only study that you are aware of
- 14 that has the findings of increased risk of any of
- 15 these issues with opioid exposure without NAS?
- 16 A. Yes. So the significance changed for
- 17 behavioral and emotional disorders and speech
- 18 disorders, but they didn't change for the other things
- 19 that we state, like hepatitis C, sensory disorders,
- 20 strabismus and torticollis.
- Q. Okay. So why don't we go to the next page.
- 22 It says: There was notable limitations to this
- 23 analysis -- this is page 23, it says: including
- 24 limitations inherent to the retrospective study
- 25 design. Although opioid exposure was identified using

- 1 universal testing, details of exposure extent and
- 2 duration were unavailable.
- 3 Do you see that?
- 4 A. Yep.
- 5 Q. And we have talked about that as an issue
- 6 with the database that you have and how it might
- 7 affect your study results more generally, correct?
- 8 MS. KEARSE: Object to form.
- 9 A. That is true.
- 10 Q. Neither did the study team have access to a
- 11 detailed profile of any polysubstance exposures.
- Do you agree with that, too, right?
- 13 A. I do.
- Q. Variability in exposure characteristics may
- 15 contribute to variation and rates of developmental
- 16 diagnoses and medical complications. It is possible
- 17 that diagnosis rates underrepresent true incidence of
- 18 the conditions studied as children lost to follow-up
- 19 would not have been assigned diagnoses within this
- 20 CCHMC EHR.
- To minimize the effects of any potential
- 22 differential in children lost to follow-up,
- 23 sensitivity analysis was conducted of Medicaid insured
- 24 and self-paying patients who were not likely to seek
- 25 care through the CCHMC system. Although diagnoses of

- 1 behavioral or emotional disorders and speech disorder
- were no longer statistically significant after
- 3 correction for multiple comparisons, based upon the
- 4 small P values, less than .05, it is possible those
- 5 differences would be significant given a larger cohort
- of opioid exposed infants.
- 7 So, I'm looking through the limitations that
- 8 are described. Is there any limitation that is
- 9 described along the lines of what we went over
- 10 earlier?
- 11 A. Besides the -- what we adjusted for was the
- 12 Medicaid, which would adjust for the socioeconomic
- 13 status.
- Q. I mean, shouldn't this have said, we -- we
- 15 have concerns that any conclusions about the opioid
- 16 exposure without NAS and opioid exposure with NAS
- findings are invalid because of the significant
- 18 differences between our three groups?
- MS. KEARSE: Object to form.
- 20 A. No.
- Q. Okay. Should it have at least raised that as
- 22 a direct concern about a limitation of the study?
- 23 A. No, because we -- once you adjusted for
- 24 Medicaid, we only saw changes in two of the multiple
- 25 things that we were looking at. So majority of things

- 1 that we looked at didn't have significant changes.
- Q. So this continues, as these papers often do,
- 3 with a statement about kind of future work.
- 4 It says: The study team plans to validate
- 5 these initial findings to further characterize risk
- 6 factors for developmental delays and complications and
- 7 to develop a standardized screening schedule for
- 8 earlier detection and referral of these high-risk
- 9 infants through enrollment and analysis of a
- 10 prospective cohort.
- 11 Do you see that?
- 12 A. I do.
- Q. So these were not validated findings yet,
- 14 correct?
- 15 A. No. It means that's what we found in that
- 16 retrospective review. The results speak for
- 17 themselves. What we want to do is go prospectively
- 18 with a control group, which we mentioned multiple
- 19 times, to see what happens once you do it that way.
- Q. And do you have an idea when that research
- 21 will be concluded?
- 22 A. That's the grant that we have applied for and
- 23 we are still waiting on the funding for that.
- Q. If you get the funding, when will that
- 25 research be concluded?

- 1 A. It is a two-year enrollment, so it would
- 2 enroll for two years and wait for -- we don't do the
- 3 Bayley's -- these testing until two years of age, so
- 4 it would be a four-year study.
- 5 Q. Okay. Okay. So data might be made available
- 6 in some way in maybe 2023 and maybe published in maybe
- 7 2024?
- 8 A. If that's the time line.
- 9 Q. Okay. So until then, there won't be, as far
- 10 as you know, prospective reliable data about
- 11 differences relating to developmental delays
- 12 associated with opioid exposures in utero?
- MS. KEARSE: Object to form.
- 14 A. No, because we have ongoing study as part of
- 15 our NAS follow-up clinic that is under -- that
- 16 development of the clinic is to continue to enroll
- 17 patients.
- 18 And we always do -- we -- Bayley scores are
- 19 not part of the normative, so we enroll patients to do
- 20 that. So it is an ongoing thing that we had done
- 21 since the establishment. So we have ongoing data that
- 22 we are collecting.
- 23 Q. Have you written to ACOG and told them that
- 24 you thought that their summary of the issue of
- 25 long-term effects from opioid exposure in utero are

- 1 wrong or were presented in any kind of public forum by
- 2 sending in a letter to the editor or commenting on
- 3 somebody else's publication, anything to that effect,
- 4 to say that the many, many, many statements that are
- 5 out there that say that there is no data showing
- 6 long-term effects are, in fact, wrong because of more
- 7 recent research at your institute, sir?
- 8 A. I have not wrote any letters to any
- 9 committees.
- 10 Q. Or spoken publicly along the lines of, you
- 11 know, the data now establishes something different
- 12 than what is generally put forward in review articles
- 13 and committee opinions?
- A. So there is a large grant, which I'm not a
- 15 part of, that is submitted by Health and Human
- 16 Services that is addressing this exact issue.
- 17 Based on initial data that -- that -- the
- 18 NCIA -- the NIH is funding, looking at enrolling
- 19 patient with NAS to do MRIs and Bayley's to
- 20 definitively answer this question. So that is a
- 21 multi-center trial that is being funded, and we should
- 22 know in July.
- Q. Who is taking the lead on that, as far as you
- 24 know?
- A. It is a multi-centered group, so it is

- 1 unknown. There is multiple groups that applied, and
- 2 so I don't know who is going to get that funding.
- Q. Do you know of any ongoing research to look
- 4 at the issue as to whether illicit drug use, like we
- 5 saw was in two-thirds of the study population in the
- 6 prior study, is in a -- more likely to produce kind of
- 7 developmental delays if they exist than just use of
- 8 prescription drugs within a prescription and under
- 9 medical quidance?
- MS. KEARSE: Object to form.
- 11 A. I'm not aware of data of that paper.
- Q. Do you have an opinion on that issue?
- 13 A. If illicit use is associated with poor
- 14 outcomes?
- 15 Q. Yes, sir.
- 16 A. I think it is multifactorial, and I don't
- 17 know.
- Q. Part of the factors would be how the kids are
- 19 raised and how early inventions are, how effective
- 20 they are?
- 21 A. What use and how long the use was.
- 22 Q. Right. So like chronic illicit use
- 23 throughout the pregnancy, including into the third
- 24 trimester, might be more likely to produce
- 25 neurodevelopmental delays than somebody who took a

- 1 prescription opioid pursuant to prescription during
- 2 the pregnancy?
- 3 A. So if they had a more recent and a longer
- 4 use, then I would expect more worse outcomes.
- Q. And also you'd expect worse outcomes with
- 6 illicit use?
- 7 MS. KEARSE: Object to form.
- 8 A. Most likely, but it's unknown.
- 9 MR. ALEXANDER: I would suggest that we take
- 10 a break now so we can see how much time we have left.
- 11 We might switch questioners and then we can figure out
- 12 how much time is needed to finish up efficiently.
- MS. KEARSE: Okay.
- 14 THE VIDEOGRAPHER: We are now going off
- 15 record. The time is 5:10.
- 16 (There was a brief.)
- 17 THE VIDEOGRAPHER: We are now back on record.
- 18 Time is 5:36.
- 19 BY MR. ALEXANDER:
- Q. Dr. Wexelblatt, is there any of your
- 21 testimony that thus far you need to change or
- 22 supplement in any way?
- 23 A. No.
- Q. And during the break, did you have an
- opportunity to look at anything relating to the

- 1 Baldacchino paper that we were talking about
- 2 earlier?
- 3 A. We did.
- Q. And did you kind of go over some questions to
- 5 be asked about that?
- A. Did we go over questions?
- 7 Q. Yeah.
- 8 A. We went over the erratum that was
- 9 published.
- 10 Q. Okay. The citation in your report was the
- 11 actual paper I showed you, right?
- 12 A. It links to -- since it wasn't republished,
- 13 that citation stays the same. So on the erratum, it
- 14 was never republished, they just republished their
- 15 results, which is the same exact link.
- 16 Q. Okay. Did you look at any other studies or
- 17 anything during the break?
- 18 A. Just that one study.
- 19 Q. Have you looked at any additional materials
- 20 during any of the breaks beyond what has been
- 21 disclosed already?
- 22 A. I looked at an abstract that I got in my
- 23 inbox about citations about breast milk and NAS, but
- 24 that's about it.

25

- 1 (AmerisourceBergen-Wexelblatt-008 was marked
- 2 for identification.)
- Q. Okay. I'm going have to reach now, but I
- 4 marked as Exhibit 8 a copy of the PowerPoint that we
- 5 had earlier, I guess, Counsel.
- 6 We already went over this. This is just so
- 7 that it's not unclear what we were referencing when we
- 8 had the questioning earlier.
- 9 If you could just confirm that that is the
- 10 PowerPoint --
- 11 A. Yep.
- 12 Q. -- that we went over earlier.
- 13 And so you stand by everything in that
- 14 PowerPoint, right?
- 15 A. Yes.
- Q. So if we can, I would like to go back to the
- 17 Hall paper for one second. Some of language that we
- 18 were discussing.
- Before the break, we talked about the issue
- of the language where it says, significance of all
- 21 other associations remained unchanged (data not
- 22 shown). And that was in reference to basically doing
- an adjustment for Medicaid insured versus private pay,
- 24 correct?
- A. Medicaid insured or self-paying patients,

- 1 correct.
- Q. But the comparison is to private, right?
- MS. KEARSE: Objection.
- A. We did -- multiple comparison was in the
- 5 sensitivity analysis of Medicaid insured. Correct.
- 6 We did it based on Medicaid insurance.
- 7 Q. Okay. So if you go to Table 1 for the NAS
- 8 group, out of that 138, four they didn't know their
- 9 insurance, 132 were public or self-pay, and only 2
- 10 were private.
- 11 Do you see that?
- 12 A. I do.
- Q. So based on what you noted about the -- the
- 14 statistics here, would it be possible to do an
- 15 adjustment for Medicaid status for the opioid exposure
- 16 with NAS group given that there are only two private
- insured in that group?
- 18 A. So we corrected in the middle group the
- 19 opioid exposure without NAS. So it's a direct -- you
- 20 don't take out those are -- that you compare within
- 21 that group of Medicaid insurance or not.
- 22 Q. The question was: Whether when one does an
- 23 adjustment --
- A. Uh-huh.
- Q. -- for Medicaid status, whether that changes

- 1 the data.
- 2 And we said that for the opioid exposure
- 3 without NAS doing that kind of adjustment changes the
- 4 P value for some of the outcomes but not others.
- 5 A. So the way that you would do it is you would
- 6 compare that 133 in the public with this 7,517, the
- 7 public for the first -- the no detected exposures.
- 8 You would throw out the private and the unknown in
- 9 both, and say let's just look at Medicaid.
- 10 Q. Oh. So there wasn't an actual adjustment
- 11 that was done for Medicaid status, it was just a
- 12 sensitivity analysis?
- 13 A. The sensitivity -- exactly, that's what it
- 14 states, is that within the sensitivity analysis.
- 15 Q. Okay. So was there an adjustment done in
- 16 this paper for Medicaid status for any of the
- 17 evaluations?
- 18 A. So yes. We did it with -- and found only
- 19 changes with emotional disorders and speech disorders,
- 20 and the significance are none of the others changed
- 21 below our cutoff value of .05.
- Q. Okay. So for the NAS group, was there an
- 23 adjustment done for Medicaid status?
- A. So we did it within both groups and found
- 25 that the group that did change was only those opioid

- 1 exposed without NAS in those two subcategories,
- 2 correct.
- Q. So you're not doing an adjustment just
- 4 focused on the opioid exposure with NAS group solely
- 5 compared to the no detected exposure group based upon
- 6 Medicaid status as the adjustment?
- 7 A. So I don't remember what all of the multiple
- 8 comparisons were within the sensitivity analysis.
- 9 Dr. Hall is our bio informatics Ph.D, so I would have
- 10 to defer to him on what those actual mathematical
- 11 situations were.
- Q. Okay. So to know if essentially there was an
- 13 adjustment for Medicaid status and it left the
- 14 differences significant for opioid exposure with NAS
- 15 with regard to developmental delay and these other
- 16 criteria, we would need to ask Dr. Hall or get
- information from him, correct?
- MS. KEARSE: Object to form.
- 19 A. We show that the significance is -- the
- 20 significance only changed on those two out of all the
- 21 other ones that we tried to look at.
- 22 Q. But you don't know what adjustments he did?
- A. I don't know off the top of my head.
- Q. Okay. Why don't we go back to your report,
- 25 Exhibit 1, please.

- 1 Is your primary position -- this is paragraph
- 2 9, but maybe you can answer without it.
- Is your primary position in terms of the time
- 4 you spent regional director of newborn care?
- 5 A. What is the question?
- Q. Let me ask: In your professional life, is
- 7 there an allocation of your time between your
- 8 different roles and responsibilities?
- 9 A. A general breakdown, yes, there is.
- 10 Q. Can you give me the breakdown?
- 11 A. So I do 50 percent clinical, 20 percent
- 12 administrative and 30 percent research, academic.
- 0. And where is the clinical work done?
- 14 A. Multiple hospitals within our region.
- 15 Q. Is it broken up between them in any
- 16 predictable way?
- 17 A. I go to -- I am on staff at eight different
- 18 hospitals -- no, I take that back. More.
- Out of our 15 hospitals we cover, I'm on
- 20 staff at 14. So I go to -- I'm on staff at 14 of our
- 21 15 hospitals our group covers.
- Q. And do you actually have your own patients or
- 23 are you more kind of floating in and assisting
- 24 others?
- A. So we see patients. We make rounds on our

- 1 patients that are assigned to our group, which ends up
- 2 being 90 percent of all of the births in our region.
- Q. How many pediatricians are in your group?
- 4 A. Sixty-nine.
- 5 Q. And do you supervise them?
- A. I supervise the pediatricians in our
- 7 division, yes.
- 8 Q. So how many?
- 9 A. There's 20 of those.
- 10 Q. Okay. And so when you are doing rounds for
- 11 the cases assigned to your group, does that mean you
- 12 get roughly 5 percent of the cases?
- 13 A. No. So on that day at that hospital, it is
- 14 either a hundred percent or 50 percent of patients,
- 15 depending on which hospital we are at.
- Q. Okay. That's for you personally?
- 17 A. It is for whoever is at that hospital.
- 18 Q. Okay. I'm asking about you.
- 19 A. Yes.
- Q. When you go to a hospital, you're taking care
- of whoever the patients are that are there at that
- 22 time assigned to your group?
- 23 A. Correct.
- Q. And do you have a practice of seeing patients
- 25 anywhere outside of what you described with the rounds

- 1 of the various eight plus hospitals in the group in
- 2 the area?
- A. The 14 hospitals, no.
- 4 Q. Have you had any subspecialty training within
- 5 pediatrics?
- 6 A. No.
- 7 Q. Is there any kind of subspecialty
- 8 certification available within pediatrics?
- 9 A. There is multiple, yes.
- 10 Q. Why don't you go to paragraph 15 of your
- 11 report, please. So there is a description here of the
- 12 various kind of general things that you did to form
- 13 your opinions set forth in the report, correct?
- 14 A. Correct.
- 15 O. And there is a reference here to
- 16 "authoritative services such as..." and you say CDC,
- 17 SAMHSA, ACOG, World Health Organization, ODHMS, ODH,
- 18 ODM.
- 19 It's like alphabet soup there.
- 20 Do you see that?
- 21 A. I do.
- 22 Q. And so are you saying that the publications
- that you have cited from CDC, SAMHSA, World Health
- 24 Organization, et al., are all considered
- 25 authoritative?

- 1 A. Their organizations are.
- Q. Oh, okay. But when you cited specific
- 3 publications from them, did you try to only cite
- 4 things that you thought were actually authoritative?
- 5 A. I had stuck to their general reviews, yes.
- 6 Q. When you did a literature search of
- 7 scientific publications, do you know what you were
- 8 looking for?
- 9 A. Mostly stuff that I've come across in my
- 10 research, so it was mainly stuff that we have cited or
- 11 published on.
- Q. Pretty much things that you already knew?
- 13 A. Yeah.
- 14 Q. Did you have anybody who helped you in any of
- 15 your work preparing your opinion in this case?
- 16 A. No.
- 17 Q. Did you have any meetings or discussions at
- 18 all with anybody other than the lawyers?
- 19 A. No.
- Q. The brief summary of opinions -- maybe we can
- 21 cover a lot of this because I think we have throughout
- 22 the day hit a bunch of these, but I have a couple of
- 23 questions that may speed things up.
- A: Under paragraph 15 says: Use and
- 25 exposure of opioids among pregnant woman continues to

- 1 grow throughout the United States.
- 2 Your information for Ohio and Cuyahoga and
- 3 Summit County in particular is that that usage has
- 4 dropped over the last couple of years, correct?
- 5 MS. KEARSE: Object to form.
- 6 A. The usage of opioid exposure has not
- 7 dropped.
- Q. It continues to grow among pregnant women?
- 9 A. Yes.
- 10 Q. What has dropped is prescription use,
- 11 right?
- 12 A. Correct.
- Q. Okay. C says: Withdrawal signs develop --
- 14 and this is related to NAS -- in 55 to 94 percent of
- 15 opioid exposed infants.
- 16 And it says: With 30 to 65 percent of those
- 17 infants requiring pharmacologic treatment for severe
- 18 withdrawal.
- 19 You said that in your work the reliable
- 20 number that you think is about, what, 42 percent?
- 21 A. That's our statewide data.
- 22 Q. For infants requiring pharmacologic treatment
- 23 for severe withdrawal?
- 24 A. That is correct.
- Q. Meaning that 42 percent of those who have

- 1 symptoms have a diagnosis of NAS?
- 2 A. That means that 40 percent of the patients
- 3 that are having severe enough withdrawal to need
- 4 pharmacologic treatment to get through it.
- 5 Q. Okay. So what percentage of all opioid
- 6 exposed infants have NAS?
- 7 A. In our collaborative, we decided to call NAS
- 8 only those that had the most severe withdrawal that
- 9 need pharmacologic treatment.
- So in that -- we came up with that definition
- in 2012. Now, some places describe NAS as babies
- 12 needing a higher level of care, meaning they are
- 13 admitted to Level 2 or 3 or 4 NICU, that that would be
- 14 considered NAS because they needed increased level of
- 15 care. So that's where the differentiation can
- 16 happen.
- Q. So what percentage of all pregnancies that
- involve opioid exposure result in the birth of a baby
- 19 that will be diagnosed with NAS?
- 20 A. That's the 30 to 65 percent, depending on
- 21 what definition you are using.
- 22 Q. But you think the right -- the right number,
- 23 according to your definition, is 40 percent?
- MS. KEARSE: Object to form.
- A. By our definition in Ohio, yeah, we feel

- 1 confident that's our numbers.
- Q. You mentioned Level 3 and Level 4 NCIUs.
- 3 How much of your time is spent in a NCIU?
- 4 A. I spend my time in a Level 2 NCIU.
- 5 Q. So do you ever spend any time in a Level 3 or
- 6 Level 4 neonatal intensive care unit?
- 7 A. Just consulting with patient -- doctors on
- 8 NAS cases, but not seeing actual patients.
- 9 Q. Are there some pediatricians who spend their
- 10 time not in that arena?
- 11 A. Not in a Level 3 or 4.
- 12 Q. Okay. Those are more -- those are a
- 13 different subspecialty of medicine?
- 14 A. That's -- neonatology fellowship is
- 15 required.
- Q. And is that considered a subspecialty of
- 17 pediatrics that we talked about?
- 18 A. It is.
- 19 Q. Is there a reason you chose not to do that?
- 20 A. Time.
- 21 Q. The percentage of NAS -- I guess for those
- 22 who define NAS as requiring a higher level of care and
- 23 therefore there is nonpharmacologic intervention, do
- you know what percentage of NAS babies respond
- 25 favorably to nonpharmacologic intervention?

- 1 A. So babies -- all babies respond to
- 2 nonpharmacologic intervention.
- Q. Okay. So as a general proposition, NAS
- 4 treated either with pharmacologic intervention or
- 5 nonpharmacologic intervention, according to the
- 6 current standards, usually results in improvement?
- 7 A. Correct.
- Q. D says: The increasing number of women with
- 9 opioid use disorder in Cuyahoga County and Summit
- 10 Counties and the growing incidence of NAS is a
- 11 significant public health issue. The Counties will
- 12 need to build upon existing programs and develop new
- 13 multidisciplinary programs to improve the outcomes of
- 14 women with opioid use disorder, mothers, and infants.
- 15 So the statement here about "need to build
- 16 upon existing programs," is that intended to suggest
- 17 that you know what their existing programs are?
- 18 A. At certain hospitals, yes.
- 19 Q. What about all the programs in the county?
- 20 A. I could never know all programs in all the
- 21 counties.
- Q. I mean, you're not just suggesting the
- 23 development of new programs at one or two hospitals in
- 24 each county, are you?
- 25 A. Depends on how many hospitals are in each

- 1 county.
- Q. How many hospitals with Level 2 units are
- 3 there in Cuyahoga County?
- 4 A. I'm not aware of that number.
- 5 Q. What about 3 or 4?
- 6 A. I don't know.
- 7 Q. What about Summit County, do you know about
- 8 Level 2 units there?
- 9 A. I take that back about Level 3 or 4 at
- 10 Cuyahoga. I think it is three, but I do not know if
- 11 it's -- I think it is three.
- 12 Q. Okay.
- A. And I think in Summit County it is one.
- Q. Okay. So do you know the programs in place
- 15 at any of the Level 3 -- the hospitals with a Level 3
- 16 unit in Cuyahoga or Summit County?
- 17 A. I am familiar with some of the programs,
- 18 yes.
- 19 Q. Okay. Enough to be able to opine in detail
- 20 about what would need to happen to build upon the
- 21 existing programs?
- 22 A. So yeah, they all have infant structures in
- 23 place from our -- I know from our OPQC work, that they
- 24 have been working on this actively.
- Q. Do you know what all of the current programs

- 1 in place in Cuyahoga and Summit County are that focus
- 2 us on prevention of NAS?
- 3 A. I do not know all of the county programs that
- 4 are working on NAS.
- 5 Q. Do you know any of the names of any of the
- 6 programs in place in Cuyahoga or Summit County that
- 7 look at ways to reduce the incidence of maternal use
- 8 of opioids and the resulting development of NAS in
- 9 some portion of their offspring?
- 10 A. Yeah. So we have worked with the folks in
- 11 those counties as part of OPQC MOMS Plus project. The
- 12 actual names I couldn't tell you without going back
- 13 and looking them up, but we have worked with them --
- Q. Do you know --
- 15 A. -- in both counties.
- 16 Q. Do you know the names of any programs in
- 17 place in either county?
- 18 A. The names of the actual programs?
- 19 Q. Yeah.
- 20 A. I probably couldn't tell you in our counties
- 21 the actual specific names.
- 22 Q. E says: Preventing opioid exposure among
- women of childbearing age and pregnant women will
- 24 greatly reduce the number of babies with narcotic
- 25 exposure and reduce the need for treatment of NAS.

- 1 Do you have any data specific to Cuyahoga or
- 2 Summit County about the unintended pregnancy rate
- among woman using or abusing opioids?
- 4 A. I don't know the specific rate of
- 5 unintentional -- unintended pregnancy rate in those
- 6 two counties.
- 7 Q. Do you know what the programs are in place to
- 8 prevent opioid use in that population or prevent
- 9 unintended pregnancy in that population?
- 10 A. I wouldn't know the specific names.
- Q. Do you know anything that they do, anything
- 12 that those programs do?
- 13 A. So I know the leaders of their regions who
- 14 specify in their region and wouldn't know their exact
- 15 names of their programs.
- But myself, we just know what the concept is,
- 17 which we have been shown, but to -- the difference
- 18 between county X and Y doesn't really make a
- 19 difference. It is the standardized approach, which
- 20 has been shown to make the difference.
- Q. Okay. F says: Effective prevention
- 22 programs will need to educate women of childbearing
- 23 age about substance abuse prevention and raise
- 24 awareness of the effects of opioid use prior to and
- 25 during pregnancy, and provide counseling for women

- 1 being treated for opioid use disorder.
- 2 Do you know anything about the counseling
- 3 programs in effect in Cuyahoga or Summit County
- 4 relating to women and postpartum women in terms of
- 5 anything relating to be substance abuse?
- A. Once again, I just know their leaders in that
- 7 region, not the actual names of their specific
- 8 programs.
- 9 Q. So you don't have specific changes or tweaks
- 10 to what they're already doing?
- 11 A. I would work with their -- their regional
- 12 leader are the best ones to lead regional
- improvement.
- Q. 8 (sic) says: Emergency rooms, health
- 15 clinics, community drug treatment centers, and other
- 16 service providers should expand screening programs in
- order to identify women in need of intervention and
- 18 treatment referral.
- And so like before, would you expand this to
- 20 all substance abuse, not just opioids or opiates?
- 21 A. I think screening for all is great.
- 22 Q. Do you know anything about the screening
- programs in place in any emergency rooms, health
- 24 clinics, community drug treatment centers or other
- 25 service providers in Cuyahoga or Summit County in this

- 1 regard?
- 2 A. I know that our now -- our Narcan initiative
- 3 statewide started in emergency rooms up in Cuyahoga
- 4 County, but that is about it for the specific names
- 5 and treatment programs --
- 6 O. Like --
- 7 A. -- screening services.
- Q. Do you know how many different emergency
- 9 rooms, health clinic, community treatment centers, and
- 10 other service providers who would be dealing with
- 11 women in this context there are in Cuyahoga County?
- 12 A. I would not know that number.
- Q. What about Summit County?
- 14 A. I would not know that number.
- 15 Q. To change the screening programs, there would
- there need to be a change of behavior by literally
- 17 hundreds of different health care entities, correct?
- MS. KEARSE: Object to form.
- 19 A. No. It's something that would get a
- 20 collaboration to -- to -- we usually do this -- I
- 21 mean, we have made changes statewide on other issues
- 22 addressing with NAS and put in protocols in 52
- 23 hospitals.
- And so we have a mechanism on how to spread
- and emerge protocols that we know are best practice.

- 1 So it would be the same thing with these facilities
- 2 which are usually associated with a hospital. You
- 3 would go by system and then have them spread it out.
- 4 Q. Okay. I think that we have talked about
- 5 sub H, about recognizing barriers to treatment,
- 6 correct
- 7 A. Correct.
- Q. And we talked about I, about that you think
- 9 that standardized assessments and treatment protocols
- 10 improve outcomes, correct?
- 11 A. We have published on that, yes.
- 12 Q. And we have talked about it during the
- 13 deposition, correct?
- 14 A. Yes.
- 15 Q. Do you have anything more to say about
- 16 that?
- 17 A. Nope.
- 18 Q. J says: Universal maternal screening
- 19 prenatally and testing at the time of delivery
- 20 improves the identification of infants at risk for the
- 21 development of NAS.
- We have talked about that one, too.
- Do you know the differences in screening
- 24 practices and testing between the different healthcare
- 25 facilities in Cuyahoga and Summit County?

- 1 A. I do know that they do universal screening in
- 2 Cuyahoga County, and I'm -- not testing. And I'm
- 3 pretty sure of -- that they're doing the same
- 4 universal screening, not testing, in Summit County.
- 5 Q. Have you actually talked to your colleagues
- 6 there about the -- why you think it would be a good
- 7 idea for them to switch to the universal testing model
- 8 that you have down here?
- 9 A. Yeah. Like we stated, this was a OPQC phone
- 10 call that we did discuss.
- 11 Q. K says: Pharmacologic support for (sic)
- 12 opioids has been shown to be the best treatment when
- 13 medication is needed for withdrawal for babies with
- 14 NAS.
- 15 And we have talked about that, including your
- 16 preference for buprenorphine compared to methadone or
- 17 morphine, correct?
- 18 A. You said "for opioids" instead of "with
- 19 opioids". So not all babies with opioids need to be
- 20 treated, so I just want to fix that question that you
- 21 stated. It's "with opioids," not "for opioids."
- 22 Q. Okay. Do you have anything you need to add
- 23 on K?
- 24 A. No.
- Q. L: Existing medication assisted treatment

- 1 programs should be expanded, along with coordinated
- 2 supportive services that mitigate barriers women may
- 3 try in accessing these -- I'm sorry -- experience in
- 4 accessing these treatment.
- 5 So, we have talked about MAT programs a
- 6 little bit in pregnant women.
- 7 And you said that you are not personally
- 8 involved in administering them or prescribing that,
- 9 correct?
- 10 A. Correct.
- 11 Q. And do you have an understanding of what is
- 12 going on in Cuyahoga or Summit County now in terms of
- what coordinated support services they have available
- 14 to address these issues and barriers for MAT?
- 15 A. I just know the national data of 20 to 26
- 16 percent of women with substance use disorder are not
- 17 getting -- are only getting MAT. So if that is a
- 18 national number, I would assume that we would be
- 19 seeing those same things in those two counties.
- Q. But you think it should be better, right?
- 21 A. Oh, yeah.
- Q. And I mean, that is a multifactorial issue of
- 23 why 74 percent of women or any patient with a
- 24 substance use disorder like the opioid disorders at
- issue here would actually seek treatment?

- 1 MS. KEARSE: Object to form.
- 2 A. Yeah. There's -- yeah, we would want to
- 3 improve that.
- Q. Okay. And so none of what actually what
- 5 you're recommending would increase the percentage of
- 6 women who are actually in MAT programs; is that
- 7 right?
- 8 MS. KEARSE: Object to form.
- 9 A. I don't think that's a correct statement.
- 10 Q. Well, you hope that that could be happening,
- 11 right, that you could increase the percentage of
- 12 treatment --
- 13 A. I think with the right resources you could
- 14 improve that number and make a difference.
- 15 Q. Have you spelled that out in the plan here on
- 16 how to fix that?
- 17 A. How to expand by improving the access to
- 18 buprenorphine -- I think M addresses that.
- 19 And going back to alleviating barriers, H
- 20 addresses that, too.
- Q. Is there any model that has been implemented
- 22 anywhere in the country where the percentage has gone
- 23 up significantly from the roughly 26 percent that you
- 24 cited?
- 25 A. Yes. So our MOMS First program, which was

- 1 part of the Cures Act compared women that were in our
- 2 four pilot sites, and compared to the -- those that
- 3 were not, and found that woman that were in our pilot
- 4 studies had improvement in behavioral therapy and
- 5 maintaining MAT throughout their pregnancy.
- Q. Is there a program that has been implemented
- 7 that has published research that shows a significant
- 8 increase in the percentage of women in MAT programs?
- 9 A. I -- the OPQC data from the first MOM part
- 10 has not been published yet.
- 11 Q. Do you -- can you disclose how much you think
- 12 that that MOM program has increased the access to
- 13 MAT?
- 14 A. It is actually on the internet, so I'd have
- 15 to look it up, the website; but, yes, it is available.
- 16 Q. Are you aware of any other published research
- 17 on this issue?
- 18 A. No.
- 19 Q. Or publicly available research on this
- 20 issue?
- 21 A. Just that program.
- Q. O says: The effective long-term care of
- 23 children and families impacted by opioids will require
- 24 programs that provide family centered care, such as
- 25 residential care for pregnant and postpartum women

- 1 with opioid use disorder, comprehensive pediatric
- 2 care, such as regular preventative care for children;
- 3 and developmental follow-up programs for children,
- 4 which may include regular developmental screening,
- 5 occupational therapy and physical therapy.
- In terms of specifically what is currently
- 7 going on in Cuyahoga and Summit County with regard to
- 8 these types of programs, can you give us that level of
- 9 detail?
- 10 A. So in Summit County, they have a family
- 11 centered care approach and a centering approach that
- 12 they're using for their mothers.
- As far as following up a specialized NAS
- 14 clinic, I'm not aware that they have that yet.
- 15 In Cuyahoga County, they are doing the family
- 16 centered care also. They were the urban arm of our
- 17 MOM One study. And they are also not involved in the
- 18 developmental screening of NAS, but have applied for
- 19 the HEAL grant through NIH to look at that program.
- Q. What is the HEAL grant?
- 21 A. That was what we mentioned earlier with the
- 22 NIH supported grant to look at MRIs and developmental
- outcomes of infants who are opioid exposed.
- Q. So it says here "residential care for
- 25 pregnant and postpartum women," and it talks about

- 1 various other types of care that could be provided.
- Do you know who, other than the county, each
- 3 county would need to participate to make this all
- 4 happen?
- 5 A. So I know that we are utilizing that in our
- 6 region and has shown improvement; so that's where we
- 7 are at with the MOMS Plus program. We are trying to
- 8 figure out which programs can be implemented in each
- 9 region.
- 10 Q. So my question was inartful: To implement
- 11 the changes that you are talking about in 0 or the
- 12 long-term care plan in subsection O on page 6, who
- 13 would need to participate other than the counties
- 14 themselves?
- 15 A. They would need the hospital involvement and
- 16 the physician involvement.
- 17 Q. Anything else?
- 18 A. Besides physician and hospital and OT and PT
- 19 and screening programs, that would fall under the --
- 20 like our NAS high-risk clinic.
- Q. Do you know what standards are already in
- 22 place for occupational therapy or physical therapy to
- 23 help children with any of these developmental issues
- 24 specifically in the context of opioid use?
- 25 A. Just when there is a need for referral is

- 1 when they become involved.
- Q. So you don't know if they have any protocols
- 3 specific for this type of issue?
- 4 A. No.
- 5 Q. Okay. But all of this stuff about long-term
- 6 care of children in this context, is that all based
- 7 upon specifically the idea of the -- or mitigating the
- 8 potential long-term effects that we have been talking
- 9 about with prior articles, or is this effective
- 10 long-term care of children for the panoply of reasons
- 11 why some child might have additional social services
- 12 needed --
- 13 A. So we know that --
- 14 O. -- in this context?
- MS. KEARSE: Object to form.
- 16 A. So we know that early invention does help no
- 17 matter what the etiology of the deficit is. And so
- 18 knowing that this population is at a higher risk for
- 19 any of these issues, we know that early intervention
- 20 would help.
- Q. So in layman's terms, what that means is that
- 22 even if there is not a causal relationship between
- 23 opioid use in utero and long-term effects, these are
- 24 good suggestions anyway for a population at high risk
- 25 for developmental delays and additional needs?

- 1 MS. KEARSE: Object to form.
- 2 A. I wouldn't agree with your first part of that
- 3 statement; but I would agree that the second part of
- 4 the statement is correct.
- 5 Q. So the long-term care stuff that is in place
- 6 is because this is kind of a high-risk, high-need
- 7 population even if it weren't for opioid use
- 8 in utero
- 9 MS. KEARSE: Object to form.
- 10 A. That's known because we wouldn't know what
- 11 this population would look like if they didn't have
- 12 opioid exposure.
- Q. So it's -- is it good to be able to identify
- 14 this as a high-risk population because of continuing
- 15 maternal use or the other sort of socioeconomic
- 16 factors?
- 17 A. It's good because we know that we are
- 18 starting to develop information that opioid use is
- 19 associated with these longer term problems.
- Q. Okay. P says: It is my opinion that an
- 21 optimal maternal care program -- and is that all of
- 22 what this is directed at, is getting an optimal
- 23 maternal care program?
- A. That's the goal, I think, of everybody,
- 25 yes.

- 1 Q. -- would allow women with opioid use
- 2 disorders to be identified during pregnancy and
- 3 subsequently provided with prenatal care and other
- 4 supportive services.
- 5 The program would provide for the development
- of an individualized treatment care plan for both
- 7 mother and baby, as well as a discharge plan with home
- 8 visitation, early intervention services and referrals
- 9 to other supportive services.
- The reference here to "individualized
- 11 treatment care plan, "obviously, you haven't written
- 12 up what the algorithm would be or the guidelines would
- 13 be for determining individual treatment care plans for
- 14 mothers and babies in these situations, correct?
- 15 A. Correct.
- Q. And this optimal maternal care program that
- 17 you are talking about is not currently standard of
- 18 care in Cuyahoga and Summit County, correct?
- 19 A. We are doing a lot of these things as part of
- 20 the MOMS Plus project. All is -- all of them is not
- 21 currently being done, but I think they are definitely
- 22 doing some of them. And so the optimal is to
- 23 incorporate all of them.
- Q. And is some of this stuff that would be part
- of just the general transition over time to better

- 1 social services and better maternal care even if it
- weren't focused on an opioid use population?
- MS. KEARSE: Object to form.
- 4 A. If it wasn't associated with an opioid use?
- 5 Q. Yes, sir.
- 6 A. Then I don't think they would need all of
- 7 these plans.
- Q. Is some portion of what you are recommending
- 9 just improving general maternal and fetal outcomes in
- 10 children even without any possible impact of the
- 11 opioid use in utero?
- 12 A. We wouldn't need early intervention services,
- 13 we wouldn't need a lot of this if they didn't have any
- 14 opioid use. So, you can do it and it may change, but
- it probably wouldn't have any changes if there wasn't
- 16 a need for it.
- 17 Q. Okay. This continues: Care would be
- 18 coordinated through an interdisciplinary team that may
- 19 include specialists in perinatology, neonatology,
- 20 addiction medicine, psychiatry, social work, case
- 21 management, and nutrition.
- Referrals to the program would come from
- throughout the community, including emergency
- departments, obstetric triage, women's healthcare
- centers, family medicine providers, addiction medicine

- 1 providers, community drug treatment centers and
- 2 hospitals.
- Down here with the program that you have, is
- 4 that where you get voluntary referrals from the
- 5 community, from all of those sources?
- 6 A. We do receive referrals from those listed
- 7 here, yes.
- 8 Q. Okay. And is any of the suggestion about how
- 9 you should get referrals specific to Cuyahoga or
- 10 Summit County or is this --
- 11 A. This would be statewide.
- Q. Okay. And would you need to get these
- various entities, triage, women's healthcare, family
- 14 medicine, etcetera, to buy in upfront to participate
- in an interdisciplinary team like this?
- 16 A. I think majority of them are probably already
- doing some aspects of it, just not all.
- Q. The specialists that are listed here,
- 19 perinatology, neonatology, addiction medicine,
- 20 psychiatry, social work, case management, nutrition,
- 21 are you an expert in any of those?
- 22 A. I don't have pediatrics on there, you are
- 23 correct. I didn't -- I assumed I was writing this and
- 24 it would be understood that I was part of this
- 25 program. So I did leave out the word "pediatrics."

- Q. But the ones you've listed here in the bottom
- of page 6, in paragraph P, these areas of expertise
- 3 are not areas that you have expertise in?
- 4 A. No, but they are part of our collaboration.
- Q. Okay. Maybe I can do it this way. The next
- section that talks about opioid use in the United
- 7 States and Ohio, do you know any specific factors of
- 8 what drove any of the opioid epidemic in Cuyahoga or
- 9 Summit County beyond general observations about what
- 10 often applies?
- MS. KEARSE: Object to form.
- 12 A. I only have the statewide data on the
- increased numbers of deaths and the number of
- 14 unintentional overdose deaths by Ohio, not by
- 15 county.
- Q. If you look through the various charts that
- 17 you have on page 8 and 9, you'll see that the number
- 18 of deaths -- I mean, these are all death focused --
- 19 but the deaths from opioids and various, whether
- 20 prescription or illicit, was climbing for a number of
- 21 years, at least for the period of time for these
- 22 charts.
- Do you see that?
- 24 A. Yes.
- Q. So when were the -- when was the increase in

- 1 death notable in Ohio according to these charts? Was
- 2 it back in the mid-2000s? Was it by 2010?
- When was it apparent that there was an
- 4 increase in total opioid, if you lump them all
- 5 together, deaths in Ohio?
- A. I mean, any death is notable, so I don't know
- 7 what you mean by when it was noticed.
- Q. Well, I mean, I mean for you, you said in the
- 9 early parts of this decade is when you started
- 10 noticing an issue and you started focusing on
- 11 additional research and statewide coordination to
- 12 address what you saw would be a rising incidence of
- 13 NAS and increasing issues of maternal opioid abuse,
- 14 correct?
- 15 A. So, yeah. There has been a slow steady gain,
- and then there was a sharp peak in around 2010.
- Q. So by around that time, based upon deaths and
- 18 other indicia of increasing opioid use, including in
- 19 women who ultimately got pregnant, it was all apparent
- around the state by no later than 2010?
- MS. KEARSE: Object to form.
- 22 A. It is when we started addressing it. It
- doesn't mean it wasn't notable.
- Q. I'm sorry? It was when you started
- 25 addressing it?

- 1 A. Meaning we had -- funded research started
- 2 coming, started discussion at that point, knowing that
- 3 it takes a couple of years to get the funding in
- 4 process. That's why the projects never started in
- 5 2012 when we had our founding started.
- Q. Okay.
- 7 A. It doesn't mean that we weren't addressing it
- 8 prior.
- 9 Q. And so when was it that people like you first
- 10 started noticing this was a problem and thinking about
- 11 fixing it? Before 2010?
- MS. KEARSE: Object to form.
- A. Our data goes back to 2009, so I think that
- is when we really started making a concerted effort to
- 15 start tracking it at the -- at our individual
- 16 hospitals locally.
- 17 Q. And working towards --
- 18 A. Improvement.
- 19 Q. -- improvement?
- Okay. And why don't you go forward in this
- 21 to -- paragraph 26 is -- it says: Increases in opioid
- 22 use among pregnant women includes increases in the use
- of prescription opioids, medication assisted
- 24 treatment, increases in illicit drug use.
- 25 And it says: Studies have shown substance

- 1 use during pregnancy to be a ubiquitous problem
- 2 affecting women across racial, socioeconomic status
- 3 and age categories.
- 4 Do you see that?
- 5 A. I do see that.
- Q. What we have seen from all of your studies
- 7 and everything we looked at, is that it's
- 8 predominately and more likely among the poorest part
- 9 of the society and most likely essentially in poor
- 10 Caucasians, non-Hispanic Caucasians in particular?
- MS. KEARSE: Object to form.
- 12 A. That's what we are seeing in our state.
- Q. Is there some reason that you didn't put that
- in this report?
- 15 A. No.
- Q. Go to paragraph 28, please.
- 17 This is talking about risks of use by
- 18 pregnant woman.
- So you, obviously, don't recommend withdrawal
- 20 during pregnancy, correct?
- 21 A. Correct.
- 22 Q. And then it says: Other risks to the baby
- include... is that a reference to withdrawal or just
- 24 use in pregnancy?
- 25 A. Detoxification.

- 1 Q. Okay. And then this next sentence is what
- 2 leads to the cite for Baldacchino that we have talked
- about at length, correct? About what you say
- 4 long-term studies have shown?
- 5 A. That is correct, and it is stated in his
- 6 erratum correctly.
- 7 Q. And it says: The mother may also be at risk
- 8 -- increased risk of HIV, HBV, HCV, malnutrition and
- 9 dangers associated with drug seeking behavior.
- 10 Have you seen an increase of HIV in your
- 11 patient population?
- 12 A. So that is in referral to detoxification. So
- in our mothers for infants, we are seeing in Hamilton
- 14 County an increased rate of HIV in our region;
- 15 however, I don't know the breakdown of -- if it's
- 16 affected pregnant women yet.
- Q. And so HBV is hepatitis B?
- 18 A. Correct.
- 19 Q. And HCV is hepatitis C, and we've talked
- 20 about that, correct?
- 21 A. We have.
- 22 Q. Okay. The issue of malnutrition in mothers,
- 23 is that tracked at all in any of your work in terms of
- 24 whether the women who are pregnant and abusing opioids
- 25 or are on medication-assisted treatment also tend to

- 1 have malnutrition or other things during pregnancy
- 2 that can affect pregnancy outcomes?
- 3 A. So that's with -- detoxification is what that
- 4 risk is referring to.
- 5 Q. So do you see that in women who are not
- 6 undergoing detoxification but are actively using
- 7 during pregnancy?
- 8 A. I -- we don't measure for that.
- 9 Q. Do you see it?
- 10 A. Not usually.
- 11 Q. What about in -- what about tracking like the
- 12 number of prenatal visits during pregnancy, if that's
- 13 different depending on whether somebody is actively
- 14 abusing illicit drugs, under drug medication-assisted
- 15 treatment, or receiving another type of opioid
- 16 prescription from a doctor and using it legally?
- 17 A. Can you repeat that? I dozed.
- 18 Q. Yeah. I won't take it personally.
- 19 So is there an association between the number
- of prenatal visits that a mother has and the health
- 21 outcomes of the pregnancy?
- 22 A. We looked at that in our first paper.
- Q. And do you see a difference of prenatal
- 24 visits depending on whether the patient is using a
- 25 prescription opioid under the care of a doctor for

- 1 something like pain, getting medication-assisted
- 2 treatment, or actively using illicit drugs?
- 3 A. The only information I know we have from our
- 4 MOMS Plus -- MOMS project was that being in a MAT
- 5 program, in one of our focus MAT programs, improved
- 6 the number of prenatal visits.
- 7 Q. Let's go to paragraph 30. It talks about --
- 8 this is one of the places the ACOG statement is here.
- 9 And then I'm probably going to lateral to
- 10 another questioner in a second.
- 11 Paragraph 30 talks about the ACOG statement
- 12 that we went over, which is Exhibit 7 or 8, I think.
- 13 A. It is Number 7.
- Q. Your statement here on top of page 13 is:
- 15 The Committee's opinion is that the current standard
- 16 of care for pregnant women with opioid dependence is
- 17 referral for medication-assisted therapy with
- 18 methadone, but emerging evidence suggests that
- 19 buprenorphine also should be reconsidered.
- Is there -- and then you can see it goes down
- 21 -- later in this, there is another reference to this
- 22 particular ACOG statement.
- Is there anywhere in your report where you
- 24 raise disagreements that you have with the ACOG
- 25 statement relating to how they address long-term

- 1 consequences of maternal use of opioids while
- 2 pregnant?
- A. I did not address my long -- concerns with
- 4 the long-term outcomes with ACOG.
- 5 Q. Again like I said, another questioner is
- 6 going to ask some additional questions, but go to go
- 7 to paragraph 44, and there is a chart right after on
- 8 page 18, please, sir.
- 9 Do you see that the NAS rate in Summit County
- 10 is now about twice what it is in Cuyahoga County?
- 11 A. I do.
- Q. Do you know why that is?
- 13 A. We know that NAS is higher in rural areas
- 14 than urban.
- 15 Q. Anything else?
- 16 A. No, I do not know why else.
- Q. Are there other rates in other parts of Ohio
- 18 that are higher than 13.6 percent for Summit County?
- 19 A. Yes.
- Q. Are those more rural areas?
- 21 A. Yes.
- 22 Q. Do you know anything about the nature of the
- 23 illegal drug trade in Cuyahoga County that might make
- 24 it that there is either less medically-assisted
- 25 treatment or more illicit drug use in pregnant

- 1 women?
- 2 A. I wouldn't know about the illegal drug
- 3 trade.
- Q. Do you know anything about the rates of
- 5 medically -- MAT in Summit County and what drives
- 6 that?
- 7 A. I do not know the rate of MAT in Summit
- 8 County.
- 9 Q. Go to page 21, please. You're talking about
- 10 the MOMS initiative and the MOMS Plus initiative.
- 11 Do you see those?
- 12 A. Number 56?
- Q. Yes, sir. That whole section, 56 through 60.
- 14 And Cuyahoga and Summit are participating in
- 15 MOMS Plus?
- 16 A. Correct.
- 0. When did that start?
- 18 A. So MOMS first project started in 2014 to
- 19 2016, and then it expanded -- we had one year off, and
- 20 then picked it back up in 2018 for the MOMS Plus
- 21 project.
- 22 Q. And do you think that the MOMS Plus project
- is helping even more than the MOMS project did?
- A. We are still collecting data, so it is -- I
- 25 can't answer that at this time.

- 1 Q. Do you think the MOMS project was helpful?
- 2 A. Yes.
- Q. Do you think it should have been initiated
- 4 earlier?
- 5 A. We wouldn't have known which -- if it worked
- 6 without doing a pilot study and collecting data to
- 7 know which is the best program, or if any program was
- 8 better than the other. So, I think that we need to
- 9 this as step-wide approach and find out what is the
- 10 best way to tackle the problem.
- Q. Where does the money for the MOMS Plus
- 12 program come from?
- 13 A. I think that is through Department of
- 14 Medicaid, but I do not know for sure.
- I know our OPQC funding was through them, but
- 16 I think -- I would have to look at the website to see
- 17 who is funding them.
- Q. What about the MOM program?
- 19 A. That was through Ohio Department of Addiction
- 20 Medicine, I think, ODAM.
- Q. Are you aware of any of the programs that are
- 22 going on now in Cuyahoga or Summit County that relate
- 23 to the subjects that we have here, these kind of
- 24 recommendations that we have gone over in terms of
- 25 broad categories where Cuyahoga County or Summit

- 1 County are actually paying for them with their own
- 2 money?
- MS. KEARSE: Object to form.
- 4 A. I don't know how the funding is happening.
- 9. But the ones that you know about all involve
- funding from other sources, not the counties
- 7 themselves, right?
- 8 A. The funding, a lot of it is mostly for the
- 9 research component. So the actual programs themselves
- 10 don't see any of the funding usually. It is more for
- 11 the faculty doing the research component and data
- 12 collection is where that funding is going to.
- Q. Okay. So as you sit here today, can you
- 14 offer testimony under oath that, in fact, Cuyahoga
- 15 County or Summit County are currently expending any of
- 16 their own money to do any of the programs that they
- 17 have in these areas?
- MS. KEARSE: Object.
- 19 A. I would not know their budget.
- MR. ALEXANDER: Why don't we do a little
- 21 pause while we change the questioner, and then
- 22 depending on the questions from plaintiffs' counsel,
- there may be some follow-up.
- 24 MS. KEARSE: I think we need to see how many
- 25 minutes left to whoever is --

- THE VIDEOGRAPHER: You've got ten minutes.
- MR. ALEXANDER: Why don't we go off the
- 3 record to do the switch.
- 4 THE VIDEOGRAPHER: We are now going off
- 5 record. The time is 6:27.
- 6 (There was a brief recess.)
- 7 THE VIDEOGRAPHER: We are now back on record.
- 8 The time is 6:28.
- 9 EXAMINATION
- 10 BY MS. BARBER:
- 11 Q. Good afternoon, Dr. Wexelblatt. My name is
- 12 Maureen Barber. I just have a few questions to ask of
- 13 you.
- Do you personally prescribe opioids for
- 15 pain?
- MS. KEARSE: Objection.
- 17 A. For pain outside of withdrawal for newborns?
- Q. Yes. Do you prescribe any opioids for pain
- 19 outside of the MAT opioids that you prescribe?
- 20 A. I don't prescribe MAT and I don't prescribe
- 21 opioids outside of the hospital.
- Q. Do any of the 69 pediatricians that you
- 23 supervise prescribe opioids for anything other than
- 24 the infants that you -- other -- for pain?
- 25 A. I don't know if some -- some of our

- 1 pediatricians do work in general pediatric clinics, so
- 2 I couldn't answer for them.
- Q. Are -- you're familiar with a Dr. Stephen W.
- 4 Patrick?
- 5 A. I am.
- Q. You've cited to his work in your report?
- 7 A. I have.
- Q. And you've relied on his work in support of
- 9 your report that you have prepared in relation to this
- 10 litigation?
- 11 A. I have cited his papers, correct.
- 12 Q. And you -- you trust his work?
- MS. KEARSE: Object to form.
- 14 A. Yes.
- 15 Q. And you believe it's accurate?
- 16 A. Yes.
- Q. You would consider him an expert in the
- 18 neonatal abstinence research, wouldn't you?
- 19 A. I would.
- Q. Dr. Wexelblatt, all of the opinions that you
- 21 plan to offer at trial are contained in your March 25,
- 22 2019 expert report; isn't that correct?
- 23 A. Yes, it is.
- Q. You don't intend to offer any opinion at
- 25 trial that is not contained in that report, do you?

- 1 A. Besides stuff that has come up during this
- 2 deposition.
- Q. The -- any additional opinions that you have
- 4 provided during this deposition that are not in your
- 5 report, you don't intend to offer those opinions at
- 6 trial, do you?
- 7 MS. KEARSE: Object to form.
- 8 Can you -- I think the record speaks for
- 9 itself.
- 10 Q. If you change any of your opinions or intend
- 11 to offer opinions at trial that are not contained in
- 12 your March 25, 2019 report, then you will amend your
- 13 report or supplement the report; isn't that correct?
- MS. KEARSE: Object to form.
- 15 A. I think so, yes. I don't know the
- 16 protocol.
- 17 MS. BARBER: I don't have any further
- 18 questions.
- MS. KEARSE: Why don't we take a break?
- 20 Are you passing the witness?
- MR. ALEXANDER: Yeah. I don't think we get
- 22 to hand back.
- MS. KEARSE: No. No. I'm just saying is
- 24 there anyone else?
- MR. ALEXANDER: I would say: Why don't we

- 1 start -- we're all here. I mean, why should we take
- 2 another break?
- MS. KEARSE: Because, Counsel, I'm going to
- 4 take a break.
- If you're now done with the witness, I'm
- 6 going to take a break.
- 7 MR. ALEXANDER: Is it going to be another
- 8 half an hour break or just a short break?
- 9 MS. KEARSE: You know, I actually don't know.
- 10 So I'll let you know as soon as I come back.
- I think I'm --
- MR. ALEXANDER: I mean, just once we pass the
- 13 witness, I don't think you're allowed to talk to him
- 14 before you ask your questions. I don't think the
- 15 protocol allows that.
- MS. KEARSE: Can we go off the record,
- 17 please.
- THE VIDEOGRAPHER: Do you agree to go off the
- 19 record?
- MR. ALEXANDER: If you want to take a break,
- 21 that's fine.
- MS. KEARSE: Yeah.
- THE VIDEOGRAPHER: We are now going off
- 24 record. The time is 6:32.
- 25 (Recess taken.)

- 1 THE VIDEOGRAPHER: We are now back on record,
- 2 and the time is 6:54.
- 3 EXAMINATION
- 4 BY MS. KEARSE:
- 5 Q. Good evening, Dr. Wexelblatt. Thank you for
- 6 the time that you have put in so for today. I just
- 7 have a couple of things I want to go over and make
- 8 some clarifications for the record.
- 9 And for -- your CV that I think is Exhibit
- 10 No. 3, that lists your education, your academic
- 11 appointments and your training and education?
- 12 A. Yes.
- Q. Okay. And you are board certified?
- 14 A. I am.
- 15 Q. And what are you board certified in?
- 16 A. Pediatrics.
- Q. And you've published articles on your
- 18 research in peer-reviewed literature related to opioid
- 19 abuse?
- 20 A. I have. Sure.
- MR. ALEXANDER: Objection. This is all
- leading, but go ahead.
- MS. KEARSE: I'm just trying to speed it up.
- 24 I can take more time if you need.
- MR. ALEXANDER: It has nothing to do what I

- 1 need.
- Q. Have you published in the literature about
- 3 opioid use in women of childbearing age?
- 4 A. Yes.
- Q. Okay. And that's reflected in your CV?
- 6 A. It is.
- 7 Q. Okay. And you've reviewed other research in
- 8 regard to those same issues?
- 9 MR. ALEXANDER: Same objection.
- 10 A. Yes.
- 11 Q. Do you speak and present at medical
- 12 conferences?
- 13 A. I have.
- Q. And do you present on opioid exposure
- 15 in utero
- 16 A. I do.
- Q. And would you consider yourself an expert in
- 18 maternal-fetal issues, including those related to
- 19 opioid exposure?
- 20 A. I would.
- Q. Okay. And those are the things that you have
- 22 testified about today?
- 23 A. Yes.
- Q. Doctor, you testified and mentioned several
- 25 times today about the OPQC.

- Can you tell the jury what -- what is the
- 2 OPQC?
- A. So, the -- specific to the NAS project, it is
- 4 a group of 52 hospitals that is working on quality
- 5 improvement to opioid exposed infants.
- 6 Q. And what does OPQC stand for?
- 7 A. Ohio Perinatal Quality Collaborative.
- 8 O. And does that collaborative include
- 9 specialists from all over the state?
- 10 A. It does.
- 11 Q. And as part of your work and research, did
- 12 the OPQC make recommendations for treatment of NAS?
- 13 A. It has.
- Q. Did they issue a protocol?
- 15 A. We have.
- Q. And what was your role in the protocol?
- 17 A. I was one of the lead authors in
- 18 implementation of the -- and development of the
- 19 protocol.
- Q. Doctor, I'm going to hand you what's been
- 21 marked as Exhibit Number 9.
- Can you identify what I've just handed you as
- 23 Plaintiff's Exhibit No. 9?
- 24 (AmerisourceBergen-Wexelblatt-009 marked for
- 25 identification.)

- 1 MR. ALEXANDER: Do you have a copy, Counsel?
- MS. KEARSE: Yes, I do.
- 3 THE WITNESS: It's --
- 4 MS. KEARSE: And this was attached to his
- 5 report, so I believe you should have a copy of it as
- 6 well.
- 7 MR. ALEXANDER: Thanks.
- 8 O. And what is Exhibit No. 9?
- 9 A. This is our updated protocol to -- on how to
- 10 treat infants with NAS -- or with opioid exposure.
- 11 Q. And can you just briefly for the -- for the
- 12 jury describe what the protocol is and why it is
- important to have a protocol treatment of NAS.
- MR. ALEXANDER: Objection. Compound.
- 15 A. We have found that following a standardized
- 16 protocol has shown improvement of care for infants
- 17 with NAS.
- And then this updated protocol was based on
- 19 further testing and information that we gathered
- 20 throughout our studying of this population.
- Q. And how long have you been involved with the
- 22 Ohio Perinatal Quality Collaborative?
- A. That started in 2014 after the OCHA project
- 24 ended.
- Q. And have you published on the research and

- 1 studies by the OPQC?
- 2 A. Yes.
- Q. And are those some of the publications you
- 4 have either discussed today or referred to today in
- 5 your testimony?
- A. We have discussed it.
- 7 Q. Dr. Wexelblatt, we also discussed a lot today
- 8 about different programs that could be implemented in
- 9 order to improve public heath outcomes.
- 10 Do you recall that?
- 11 A. I do.
- Q. Would it be fair to say that the opioid
- 13 epidemic is driving the need for programs you have
- 14 identified in your report?
- MR. ALEXANDER: Objection to form.
- 16 A. Yes.
- Q. Doctor, you referred to the mother-child dyad
- 18 several times today.
- 19 Do you recall that?
- 20 A. I do.
- Q. Can you describe -- what do you mean by the
- "mother-child dyad"?
- 23 A. So you have to look at them -- the mother and
- 24 the infant together. So even though I'm a
- 25 pediatrician, I work directly with the mother.

- And so do the obstetricians, they're working
- with the mother to produce a healthy infant. So when
- 3 we work together on this, you can't just focus and
- 4 silo only on one of them, you have to include both.
- 5 Q. And in your testimony today, is it fair to
- 6 say that the opioid exposures have had the greatest
- 7 impact on the issues that you think are most pressing
- 8 for the mother-child dyad?
- 9 MR. ALEXANDER: Objection to form.
- 10 A. Yes.
- 11 Q. Doctor, early on, there was some discussion
- 12 about off-label prescribing.
- Do you recall that?
- 14 A. I do.
- 15 Q. Is it fair to say that off-label prescribing
- is more common among populations that are frequently
- 17 excluded from clinical trials?
- MR. ALEXANDER: Objection to form.
- 19 A. Yes.
- Q. What are some of the populations that would
- 21 be excluded from clinical trials?
- 22 A. Incarcerated individuals, pregnant women
- usually, and newborns.
- Q. And why is that?
- 25 A. It is very hard -- to get FDA regulation, you

- 1 need to have vigorous double-blinded placebo trials.
- 2 And that is very hard in pregnant and neonates to get
- 3 large enough sample sizes to develop that.
- 4 And especially in certain populations where
- 5 doing a blinded nontreatment could be dangerous to the
- 6 infant or newborn.
- 7 And when it comes to incarcerated
- 8 individuals, it is more that it's a coercion to sign
- 9 up for a study to lead -- to consent to a study
- 10 without coercion being involved. That also makes it
- 11 hard when you are talking about people with substance
- 12 use disorder also, which fall into that category.
- 13 (AmerisourceBergen-Wexelblatt-0010 was marked
- 14 for identification.)
- Q. I'm going to show you a document. I'm just
- 16 marking it for the record and then I'll pass it to you
- 17 to see. I, apparently, only have one copy, but I'll
- 18 lay the foundation and you can review it.
- 19 Doctor, earlier today, you were asked
- 20 questions and referred to a paper by Dr. Patrick
- 21 regarding the administrative data for neonatal
- 22 abstinence syndrome.
- Do you recall that?
- 24 A. I do.
- Q. I'm marking what is Exhibit No. 10, and I'd

- 1 just ask you: Is that the article that you were
- 2 referring to?
- 3 A. It is.
- 4 MS. KEARSE: Counsel, if you would like to
- 5 take a look. I'm really just marking that for the
- 6 record.
- 7 Q. Is that an article that you rely on in your
- 8 opinions that you have given today?
- 9 A. I have.
- 10 Q. Okay. Doctor, you were also asked about an
- 11 article and a citation -- an article by
- 12 Dr. Baldacchino.
- 13 Is that how you pronounce it?
- 14 A. As far as I know.
- Q. And is it fair to say that sometimes there is
- 16 articles that are published that must be corrected
- 17 later?
- 18 A. That is true.
- 19 Q. And if the article is republished, there may
- 20 be a new citation?
- 21 A. That is correct.
- 22 Q. If the article has simply been corrected, it
- 23 may not be -- and not republished, a citation might
- 24 simply provide the same publication details as
- 25 before?

- 1 A. That's correct.
- Q. I'm handing you what I'm going to mark as
- 3 Exhibit No. 11.
- 4 (AmerisourceBergen-Wexelblatt-0011 was marked
- 5 for identification.)
- Q. Doctor, if you can pull out Exhibit No. 6.
- 7 A. Yes.
- 8 O. Is Exhibit No. 6 an article that
- 9 Mr. Alexander showed you earlier that I laid out some
- 10 objections regarding whether or not there was a
- 11 current version of the article?
- Do you recall that?
- 13 A. I do recall that.
- Q. Okay. What is -- and for the record, Exhibit
- No. 6 is the Baldacchino article entitled
- 16 "Neurobehavioral consequences of chronic inuterine
- 17 [sic] opioid exposure to infants and preschool
- 18 children: a systematic review and meta-analysis."
- And this is a paper that you cite in your
- 20 report; is that correct?
- 21 A. That is correct.
- Q. Okay. Can you tell jury what Exhibit 11
- 23 is?
- A. So this was the corrected and the reference
- 25 that we were referring to that showed that the

- 1 meta-analysis did show significant changes --
- 2 statistically significant changes -- with long-term
- 3 chronic exposure.
- Q. And does it -- the title of this paper say:
- 5 Erratum: Neurobehavioral consequences of chronic
- 6 inuterine [sic] opioid exposure in infants and
- 7 preschool children: a systematic review and
- 8 meta-analysis?
- 9 A. It is that.
- 10 Q. And is this the correct version of the paper
- 11 that you were relying on in regard to your opinions
- 12 offered in this litigation?
- MR. ALEXANDER: Objection to form.
- 14 A. It is.
- 15 Q. And on the front page of the paper, it
- 16 actually talks about the correction?
- 17 A. It does.
- Q. All right. And can you tell us specifically
- 19 what was corrected in the paper in regards to the
- 20 various tables?
- 21 A. Actually, all of the data.
- Q. Can you be more specific?
- 23 A. Yeah. So it states that: The new conclusion
- of the paper show significant impairments, at a
- 25 significant level of a P less than point -- 0.05 for

- 1 cognitive, psychomotor and observed behavioral
- 2 outcomes for chronic intrauterine opioid exposed
- 3 infants and/or preschool children compared to
- 4 nonopioid infants and children. This is in contrast
- 5 to a nonsignificant trend to poorer outcomes published
- 6 -- reported previously.
- 7 Q. And this is the article that counsel refused
- 8 to show you during your direct examination; is that
- 9 correct?
- 10 MR. ALEXANDER: Objection to form.
- 11 Mischaracterizes.
- 12 A. Yes.
- MS. KEARSE: No further questions.
- 14 RE-EXAMINATION
- 15 BY MR. ALEXANDER:
- 16 Q. Some quick follow-up.
- 17 Dr. Wexelblatt, earlier you were asked some
- 18 questions about off-label use and how it relates to
- 19 clinical trials.
- Do you remember those questions from
- 21 plaintiffs' counsel, from like four minutes ago?
- 22 A. From plaintiff, yes.
- 0. Plaintiffs' counsel over there.
- 24 A. Okay.
- Q. Do you hold yourself out as an expert in

- 1 anything relating to FDA approval of drugs, the FDA
- 2 process for clinical trials relating to drugs, any
- 3 specific FDA issues?
- 4 A. I have been associated and part of some stuff
- of that nature, so I have an understanding.
- Q. So do you hold yourself out in the community
- 7 as somebody who can provide expert opinions about how
- 8 to comply with FDA regulations relating to clinical
- 9 trials?
- 10 A. No. We have a lawyer in our division who
- 11 does that.
- Q. Have you done any kind of study or research
- 13 here about what the off-label approval practices are
- 14 with regard to drug indications for studies, clinical
- 15 studies, to figure out when and under what
- 16 circumstances FDA does approve special population
- 17 studies?
- 18 A. What was first part of that question?
- 19 Q. Have you done a study for the purposes of
- 20 this case?
- 21 A. I have not done a study.
- Q. So like -- I mean, there are clinical studies
- 23 and there are drugs that are approved based on them
- that are specifically in infants, right?
- 25 A. I'm sure there are, yes.

- 1 Q. And there are definitely pediatric studies,
- 2 right?
- 3 A. Yes.
- Q. So, I mean -- go back for a second on the
- 5 Baldacchino paper.
- The citation here is not to the paper, the
- 7 citation included here is a different citation to an
- 8 erratum, correct?
- 9 That's what this thing is called, correct,
- 10 erratum?
- 11 A. This is an erratum. Correct.
- Q. It's the -- a fancy Latin word for the single
- 13 version of error, right?
- 14 A. Correct.
- Q. So at some point after the original paper was
- 16 published and went through the peer-reviewed process,
- 17 somebody figured out that they did their calculations
- 18 wrong and they published a separate document that is
- 19 basically four pages long, saying all of what we said
- 20 before, we want to change because we realized we ran
- 21 our numbers wrong, essentially --
- 22 A. Correct.
- 23 Q. -- right?
- 24 A. Correct.
- Q. Okay. Did you cite this erratum in your

- 1 report?
- 2 A. That is -- the version that I was citing was
- 3 the erratum version.
- Q. So you meant to cite the erratum, but you
- 5 cited the original paper?
- 6 A. So I cited the original paper with the
- 7 erratum. I think the way I was able to access it
- 8 through PubMed, it -- it has this as part of the
- 9 original attached to it now.
- 10 Q. Okay. So just in terms of the sequence of
- 11 this, this erratum came out in what year?
- 12 A. 2015.
- Q. So the original paper was published in '14.
- 14 We went over that. The erratum came out in 2015. And
- then we saw the work that went on in 2016 and 2017,
- 16 resulting in the ACOG paper published in 2017, which
- 17 we marked as an exhibit and discussed at length,
- 18 correct?
- 19 A. That sounds correct.
- Q. So this erratum about this meta-analysis and
- 21 its results was before ACOG said that there wasn't
- 22 essentially convincing evidence of long-term
- 23 behavioral consequences from neonatal abstinence
- 24 syndrome, right?
- MS. KEARSE: Object to form.

- 1 A. I can't speak to why the authors didn't
- 2 include this.
- Q. I didn't ask you that.
- I said the time sequence is that: This
- 5 erratum was published about two years before the ACOG
- 6 document said what it said that we went over
- 7 earlier?
- 8 A. That is correct.
- 9 Q. And the gist of what ACOG had said,
- 10 regardless of why those experts for ACOG and SAMHSA
- 11 said what they said or what they reviewed, was
- 12 essentially they didn't find convincing evidence of
- 13 long-term behavioral or social effects associated with
- 14 NAS, correct?
- 15 A. You included SAMHSA into that question, and I
- 16 don't agree.
- 17 Q. I'm sorry. I misspoke. ASAM. This is a
- 18 joint paper. I'm sorry. I didn't meant to interrupt
- 19 you.
- 20 A. So I was just correcting that SAMHSA does not
- 21 have that statement.
- 22 Q. So the statement that we went over we've been
- 23 calling the ACOG Committee Opinion is actually a joint
- 24 statement of the American College of Obstetricians and
- 25 Gynecologists, and a separate medical association

- 1 called the American Society of Addiction Medicine,
- 2 correct?
- A. Yes. Those are the two adult components of
- 4 that.
- Q. Okay. As we said, you're not a member of
- 6 either of those organizations, correct?
- 7 A. You are correct.
- 8 Q. And collectively, these deal on kind of both
- 9 ends. They deal with the prescription and use of
- 10 opioids and they deal with issues relating to women of
- 11 childbearing age, including the consequences of
- 12 exposures during pregnancy, correct?
- 13 A. They do deal with that.
- Q. Okay. And so the statement that they -- they
- 15 had that we talked about is that basically studies
- 16 haven't they found significant differences in
- 17 cognitive development between children up to five
- 18 years of age, right?
- 19 A. For the most -- they say: For the most part,
- 20 studies have not found significant differences of
- 21 cognitive development.
- 22 Q. And what they're talking about essentially
- 23 the way these things are written, there is a thing,
- 24 it's important to match for age, race and
- 25 socioeconomic status, correct?

- 1 A. They say that is the major challenge when you
- 2 are doing this literature search, yes.
- Q. Okay. All right. So is there any portion of
- 4 the testimony, other than relating to what you think
- 5 the actual words are of the Baldacchino paper as
- 6 amended by the erratum, that you gave on my
- 7 questioning earlier today that you need to change or
- 8 amend in any way?
- 9 A. Outside of that paper, I don't think there is
- 10 anything.
- MR. ALEXANDER: Well, those are all of the
- 12 questions that I have for you.
- 13 I would state for the record that I think it
- is apparent that there are some potential
- 15 supplementation and data issues, depending on what
- 16 comes out in the future, and that we have discussed on
- 17 specific studies relating to the testimony here today,
- 18 but we will explore that outside of the deposition and
- 19 don't need to do any of it on the record.
- 20 RE-EXAMINATION
- 21 BY MS. KEARSE:
- 22 Q. I just have one follow-up question in regard
- 23 to the -- what was just asked about.
- When you look at the ACOG -- when you look at
- 25 the paragraph that Counsel keeps referring you to and

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you go to the cited sources, is it fair that they're
 1
     citing to sources from 1984 and in regard to what they
     looked at to make their statement about the long-term
 3
     infant outcomes?
 4
 5
              MR. ALEXANDER: Objection. Asked and
     answered.
 6
          A. That is correct.
 7
          Q. So it's clear they didn't take into a -- they
 8
     did not cite to -- to the papers that you've cited for
10
     your opinions in regard to that very same issues; is
    that fair?
11
              I agree with that statement.
12
          Α.
13
              MS. KEARSE: No further questions.
14
              THE VIDEOGRAPHER: This adjourns the
15
     deposition of Dr. Scott L. Wexelblatt.
16
              We are now going off record.
              The time is 7:13.
17
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19
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23
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25
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1	
2	CERTIFICATE
3	
4	I, Kimberley Ann Keene, a notary public,
5	do hereby certify that the foregoing deposition of
6	SCOTT WEXELBLATT, M.D.
7	was taken before me at the time and place and for the
8	purpose in the caption stated; that the witness was
9	first duly sworn to tell the truth, the whole truth
10	and nothing but the truth; that the deposition was
11	taken before me stenographically and transcribed by
12	me; that the foregoing is a full, true and complete
13	transcript of the said deposition so given; that there
14	was no request that the witness read and sign the
15	transcript; that the appearances were as stated in the
16	caption.
17	I further certify that I am neither counsel or of
18	kin to any of the parties to this action, and am in no
19	way interested in the outcome of said action.
20	Witness my signature this 20th day of April,
21	2019. My Commission Expires on September 16, 2020.
22	
23	Lindely ankean
	Kimberley Ann Keene
24	Registered Professional Reporter
25	

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1
                INSTRUCTIONS TO WITNESS
 2.
 3
                    Please read your deposition
       over carefully and make any necessary
 4
 5
       corrections. You should state the reason
       in the appropriate space on the errata
 6
       sheet for any corrections that are made.
 7
 8
                    After doing so, please sign
       the errata sheet and date it.
 9
10
                    You are signing same subject
11
       to the changes you have noted on the
12
       errata sheet, which will be attached to
13
       your deposition.
14
                    It is imperative that you
       return the original errata sheet to the
15
16
       deposing attorney within thirty (30) days
17
       of receipt of the deposition transcript
18
       by you. If you fail to do so, the
19
       deposition transcript may be deemed to be
20
       accurate and may be used in court.
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1		
		ERRATA
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3		
4	PAGE LINE	CHANGE
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6	REASON:	
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1						
2	ACKNOWLEDGMENT OF DEPONENT					
3						
4	I,, do					
5	hereby certify that I have read the					
6	foregoing pages, and that the same is					
7	a correct transcription of the answers					
8	given by me to the questions therein					
9	propounded, except for the corrections or					
10	changes in form or substance, if any,					
11	noted in the attached Errata Sheet.					
12						
13						
14						
15	SCOTT WEXELBLATT, M.D. DATE					
16						
17						
18	Subscribed and sworn					
	to before me this					
19	, day of, 20					
20	My commission expires:					
21						
22	Notary Public					
23						
24						
25						

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1			LAWYER'S NOTES	
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